



	Year ¹				Average annual change		
	2008	2014	2016	2018	2008-10	2014-16	2016-18
Employer-Sponsored Insurance Premium Costs							
Single coverage							
Utah	\$4,197	\$5,538	\$6,117	\$6,125	3.6%	5.1%	0.1%
United States	\$4,386	\$5,832	\$6,101	\$6,715	6.1%	2.3%	4.9%
Family coverage							
Utah	\$11,783	\$15,963	\$17,025	\$18,052	3.5%	3.3%	3.0%
United States	\$12,298	\$16,655	\$17,710	\$19,565	6.2%	3.1%	5.1%
Employee Contribution to Premium Costs							
Single coverage							
Utah	\$752	\$1,297	\$1,162	\$1,183	20.2%	-5.3%	0.9%
United States	\$882	\$1,234	\$1,325	\$1,427	7.6%	3.6%	3.8%
Family coverage							
Utah	\$2,760	\$4,642	\$3,966	\$4,594	13.3%	-7.6%	7.6%
United States	\$3,394	\$4,518	\$4,956	\$5,431	4.7%	4.7%	4.7%
Combined average ² (% of median income)							
Utah	\$2,330	\$4,028	\$3,450	\$3,941	14.0%	-7.5%	6.9%
	(3.9%)	(6.3%)	(5.0%)	(5.1%)			
United States	\$2,715	\$3,683	\$4,050	\$4,396	4.7%	4.9%	4.2%
	(5.1%)	(6.6%)	(6.7%)	(6.8%)			
Employee Deductible Costs							
Single coverage ³							
Utah	\$702	\$1,238	\$1,438	\$1,451	17.2%	7.8%	0.5%
United States	\$869	\$1,353	\$1,696	\$1,846	8.6%	12.0%	4.3%
Combined average ² (% of median income)							
Utah	\$1,418	\$2,326	\$2,391	\$2,836	8.2%	1.4%	8.9%
	(2.4%)	(3.6%)	(3.4%)	(3.7%)			
United States	\$1,445	\$2,313	\$2,726	\$2,992	8.9%	8.6%	4.8%
	(2.7%)	(4.1%)	(4.5%)	(4.7%)			
Total Potential Out-of-Pocket Costs (Employee Contribution + Deductible)							
Combined average ² (% of median income)							
Utah	\$3,749	\$6,354	\$5,841	\$6,777	11.8%	-4.1%	7.7%
	(6.2%)	(9.9%)	(8.4%)	(8.8%)			
United States	\$4,160	\$5,995	\$6,776	\$7,388	6.2%	6.3%	4.4%
	(7.8%)	(10.7%)	(11.3%)	(11.5%)			

Notes: 1. Additional data available in report appendix. 2. Single and family premium, contribution, and deductible costs are weighted to the state distribution of single and family households. 3. Only single deductibles are included since family plans typically use this rate per family member.

Data: Medical Expenditure Panel Survey-Insurance Component (MEPS-IC), 2008-2018; Current Population Survey (CPS), 2008-2019.