

# Trends in Employer Insurance Costs, 2010–20: North Carolina

	Year				Average annual change		
	2010	2015	2019	2020	2010–20	2015–20	2019–20
<b>Employer-Sponsored Insurance Premium Costs</b>							
Single Coverage							
<b>North Carolina</b>	<b>\$4,980</b>	<b>\$5,774</b>	<b>\$6,793</b>	<b>\$7,036</b>	<b>3.5%</b>	<b>4.0%</b>	<b>3.6%</b>
<i>United States</i>	<i>\$4,940</i>	<i>\$5,963</i>	<i>\$6,972</i>	<i>\$7,149</i>	<i>3.8%</i>	<i>3.7%</i>	<i>2.5%</i>
Family coverage							
<b>North Carolina</b>	<b>\$13,643</b>	<b>\$17,141</b>	<b>\$19,996</b>	<b>\$20,152</b>	<b>4.0%</b>	<b>3.3%</b>	<b>0.8%</b>
<i>United States</i>	<i>\$13,871</i>	<i>\$17,322</i>	<i>\$20,486</i>	<i>\$20,758</i>	<i>4.1%</i>	<i>3.7%</i>	<i>1.3%</i>
<b>Employee Contribution to Premium Costs (employee contribution percentage)</b>							
Single Coverage							
<b>North Carolina</b>	<b>\$926</b> <b>(19%)</b>	<b>\$1,243</b> <b>(22%)</b>	<b>\$1,481</b> <b>(22%)</b>	<b>\$1,653</b> <b>(24%)</b>	<b>6.0%</b>	<b>5.9%</b>	<b>11.6%</b>
<i>United States</i>	<i>\$1,021</i> <i>(21%)</i>	<i>\$1,255</i> <i>(21%)</i>	<i>\$1,489</i> <i>(21%)</i>	<i>\$1,532</i> <i>(21%)</i>	<i>4.1%</i>	<i>4.1%</i>	<i>2.9%</i>
Family Coverage							
<b>North Carolina</b>	<b>\$3,492</b> <b>(26%)</b>	<b>\$4,493</b> <b>(26%)</b>	<b>\$5,672</b> <b>(28%)</b>	<b>\$6,297</b> <b>(31%)</b>	<b>6.1%</b>	<b>7.0%</b>	<b>11.0%</b>
<i>United States</i>	<i>\$3,721</i> <i>(27%)</i>	<i>\$4,710</i> <i>(27%)</i>	<i>\$5,726</i> <i>(28%)</i>	<i>\$5,978</i> <i>(29%)</i>	<i>4.9%</i>	<i>4.9%</i>	<i>4.4%</i>
<b>Employee Deductible Costs — Single Coverage<sup>1</sup></b>							
<b>North Carolina</b>	<b>\$1,181</b>	<b>\$1,794</b>	<b>\$2,281</b>	<b>\$2,263</b>	<b>6.7%</b>	<b>4.8%</b>	<b>-0.8%</b>
<i>United States</i>	<i>\$1,025</i>	<i>\$1,541</i>	<i>\$1,931</i>	<i>\$1,945</i>	<i>6.6%</i>	<i>4.8%</i>	<i>0.7%</i>
<b>Employee Premium Contributions &amp; Deductibles — Weighted for Family Type Distribution (% of median income)</b>							
Employee Premium Contribution <sup>2</sup>							
<b>North Carolina</b>	<b>\$2,850</b> <b>(6%)</b>	<b>\$3,751</b> <b>(7%)</b>	<b>\$4,602</b> <b>(8%)</b>	<b>\$5,065</b> <b>(8%)</b>	<b>5.9%</b>	<b>6.2%</b>	<b>10.1%</b>
<i>United States</i>	<i>\$2,975</i> <i>(6%)</i>	<i>\$3,849</i> <i>(7%)</i>	<i>\$4,606</i> <i>(7%)</i>	<i>\$4,813</i> <i>(7%)</i>	<i>4.9%</i>	<i>4.6%</i>	<i>4.5%</i>
Employee Deductible Costs <sup>2</sup>							
<b>North Carolina</b>	<b>\$1,744</b> <b>(4%)</b>	<b>\$2,753</b> <b>(5%)</b>	<b>\$3,565</b> <b>(6%)</b>	<b>\$3,450</b> <b>(6%)</b>	<b>7.1%</b>	<b>4.6%</b>	<b>-3.2%</b>
<i>United States</i>	<i>\$1,713</i> <i>(3%)</i>	<i>\$2,573</i> <i>(4%)</i>	<i>\$3,199</i> <i>(5%)</i>	<i>\$3,257</i> <i>(5%)</i>	<i>6.6%</i>	<i>4.8%</i>	<i>1.8%</i>
Employee Premium Contribution + Deductible Costs <sup>2</sup>							
<b>North Carolina</b>	<b>\$4,594</b> <b>(10%)</b>	<b>\$6,504</b> <b>(12%)</b>	<b>\$8,166</b> <b>(14%)</b>	<b>\$8,515</b> <b>(14%)</b>	<b>6.4%</b>	<b>5.5%</b>	<b>4.3%</b>
<i>United States</i>	<i>\$4,688</i> <i>(9%)</i>	<i>\$6,422</i> <i>(11%)</i>	<i>\$7,806</i> <i>(12%)</i>	<i>\$8,070</i> <i>(12%)</i>	<i>5.6%</i>	<i>4.7%</i>	<i>3.4%</i>
Median Income							
<b>North Carolina</b>	<b>\$48,001</b>	<b>\$53,400</b>	<b>\$60,000</b>	<b>\$61,269</b>			
<i>United States</i>	<i>\$51,410</i>	<i>\$58,000</i>	<i>\$68,063</i>	<i>\$69,804</i>			



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Notes: 1. Only single deductibles are included since family plans typically use this rate per family member. 2. Single and family premium contributions and deductible costs are weighted to the state distribution of single and family households. Data: Medical Expenditure Panel Survey—Insurance Component (MEPS-IC), 2010–20; Current Population Survey (CPS), 2010–21.