

# How well does the health care system in **Maine**

work for people of different racial and ethnic groups?

In Maine, **White people** experienced the **highest health system performance**, scoring in the 78th percentile among all population groups nationally.

**White people** experienced the **lowest health system performance** in the state, scoring in the 78th percentile.

Compared to other states in the New England region, Maine has less severe racial and ethnic health disparities.

## Health System Performance by Race/Ethnicity



Each column is a racial/ethnic group, and each point represents a state. Performance represented as percentiles (1–100). Maine performance percentile highlighted. No highlighted dot indicates overall performance data not available for that group.

## Population by race/ethnicity (2022)

	Maine	New England	United States
Total	1,368,448	14,968,132	328,403,052
AANHPI	13,942 (1%)	774,452 (5%)	19,862,655 (6%)
AIAN	5,888 (<1%)	17,439 (<1%)	1,688,543 (<1%)
Black	21,863 (2%)	896,764 (6%)	38,460,950 (12%)
Hispanic	28,175 (2%)	1,851,706 (12%)	62,818,758 (19%)
White	1,236,129 (90%)	10,595,708 (71%)	189,511,136 (58%)

Notes: AANHPI = Asian American, Native Hawaiian, and Pacific Islander. AIAN = American Indian and Alaska Native. “—” means data not available. New England states include CT, ME, MA, NH, RI, VT. Source: David C. Radley et al., Advancing Racial Equity in U.S. Health Care: The Commonwealth Fund 2024 State Health Disparities Report (Commonwealth Fund, Apr. 2024).

## How well does the health system in Maine work for people from different racial and ethnic groups, and across different dimensions of care?

### AANHPI

An overall ranking for AANHPI people in Maine is not available because of insufficient data.

Health outcomes ranking:	insufficient data
Health care access ranking:	insufficient data
Health care quality ranking:	insufficient data

### AIAN

An overall ranking for AIAN people in Maine is not available because of insufficient data.

Health outcomes ranking:	insufficient data
Health care access ranking:	insufficient data
Health care quality ranking:	insufficient data

### Black

An overall ranking for Black people in Maine is not available because of insufficient data.

Health outcomes ranking:	insufficient data
Health care access ranking:	insufficient data
Health care quality ranking:	insufficient data

### Hispanic

An overall ranking for Hispanic people in Maine is not available because of insufficient data.

Health outcomes ranking:	46 (of 49) is among the worst
Health care access ranking:	insufficient data
Health care quality ranking:	1 (of 48) is among the best

### White

Maine ranks 26th of 51 states where calculation was possible, indicating health system performance for white people in the state was worse than average compared to other states. Specifically:

Health outcomes ranking:	33 (of 51) is worse than average
Health care access ranking:	20 (of 51) is better than average
Health care quality ranking:	22 (of 51) is better than average

## Maine Performance Data

	AIAN		AANHPI		Black		Hispanic		White	
	ME rate	US rate	ME rate	US rate	ME rate	US rate	ME rate	US rate	ME rate	US rate
<b>Health Outcomes</b>										
Deaths before age 75 from health care–treatable causes per 100,000 population	108	125	—	50	99	164	—	73	70	83
Deaths before age 75 from preventable causes per 100,000 population	446	479	84	104	258	347	101	225	215	225
Infant mortality (per 1,000 live births)	—	8	—	4	—	11	—	5	5	4
Breast cancer deaths (per 100,000 female population)	—	14	—	12	—	27	—	13	17	20
Colorectal cancer deaths (per 100,000 population)	—	13	—	9	—	17	—	11	14	13
Hospital 30-day readmission rate age 65 and older (per 1,000 beneficiaries)	—	—	—	—	—	44	—	—	24	26
Adults who smoke (%)	28	25	—	7	—	15	18	11	15	14
Adults who are obese (%)	42	41	—	14	37	44	39	37	34	34
Adults who have lost six or more teeth (%)	24	17	—	3	—	11	12	6	12	9
<b>Health Care Access</b>										
Uninsured adults (%)	—	22	—	7	—	12	—	23	10	8
Uninsured children (%)	—	12	—	4	—	4	—	8	4	4
Adults who went without care because of cost (%)	16	14	—	8	—	13	17	19	7	8
High out-of-pocket medical spending (%)	—	14	—	9	—	12	—	13	7	9
Adults with a usual source of care (%)	82	79	78	82	81	85	86	67	92	87
<b>Health Care Quality</b>										
Preventable hospitalizations age 65 and older (per 1,000 beneficiaries)	—	—	—	—	—	45	—	—	25	28
Potentially avoidable emergency department visits age 65 and older (per 1,000 beneficiaries)	—	—	—	—	168	206	—	—	163	140
Adult women who received a mammogram (%)	73	65	—	74	86	84	77	77	82	77
Adult women with a cervical cancer screening test (%)	77	82	100	87	74	90	91	87	86	84
Adults with a colon cancer screening test (%)	60	53	—	50	—	65	70	50	74	68
Adults with a recent flu shot (%)	37	39	35	50	38	38	40	34	54	50
Older adults who received the pneumonia vaccine (%)	68	63	65	62	—	62	62	55	73	73
Children with a medical and dental preventive care visit (%)	—	—	—	—	61	61	67	59	71	69
Children with all recommended vaccines (%)	—	—	—	—	—	65	—	71	80	74
Adults with a dental visit (%)	64	45	40	34	43	41	33	44	34	32
Primary care spending as share of total, age 65 and older (%)	—	—	—	—	4	5	—	—	3	5

Source: David C. Radley et al., *Advancing Racial Equity in U.S. Health Care: The Commonwealth Fund 2024 State Health Disparities Report* (Commonwealth Fund, Apr. 2024).