

NARAYANA HEALTH & HEALTH CITY CAYMAN ISLANDS: FRUGAL INNOVATION & REPLICATION Dr. CHANDY ABRAHAM MS. DNB. MRCS. ADHA CEO & HEAD OF MEDICAL SERVICES

Narayana Health





The Power of Purpose



Dr. Devi Prasad Shetty and Mother Theresa

Narayana Health



23 Hospitals 32 locations 2478 Doctors

6600 Beds 25 primary care centres 13000 Employees

One of India's largest healthcare service providers.

And one of the world's most economical.

Passion makes all the difference



IF A SOLUTION IS NOT AFFORDABLE, ITS NOT A SOLUTION

- 80% of the national expenditure on health is borne out of pocket
- 47% of RURAL 37% of urban population borrow money, or sell assets to pay the medical bills.
- Our government spends 1.1% of GDP on health
- 100 years after the first heart surgery approximately 20% of the worlds population can afford it

A Snapshot of a Revolution

- More than 1,140,000 Cardiac surgeries
- 80 bed dedicated post-op paediatric cardiac ICU the largest in the World

HEALTH CITY

Narayana Health ASCENSION

- Discounts of 15% of the revenues on an average per month
- One of the largest dialysis units in India with **217** dedicated beds and **130,000** procedures per year
- 400 bone marrow transplants
- Patients from 76 countries
- Amongst the largest telemedicine networks in the world

Number of Procedures performed in FY 2014-15:

- Cardiac surgeries: 14,036
- Cardiology procedures: **51,456**
- Multi Specialty surgeries: 46,516
- OPD patients treated: 16,12,943

Why Replicate? WHY CAYMAN



- Meet a need in a different region both quality and access
- Become a globally recognized brand
 CAYMAN:
- Proximity to target market
- Willing government
- Well developed tourism industry
- Strong infrastructure
- Low crime







HCCI is a Joint Venture between Narayana Health, Ascension and the Cayman Islands Government





CAYMAN ISLANDS GOVERNMENT

Health City: Agglomeration of Centers of Excellence

"Health City" - A campus with 2000 to 5000 beds, spread among 4-5 hospitals, dedicated to individual specialties

Best way to reduce the cost of healthcare through economies of scale & scope

Improves the quality of clinical outcomes by exposure to multiple specialists collaborating on a single patient



Sharing of resources to reduce cost eg: lab, radiology etc

Excellent set up for research activities



Increasing volumes Thereby reducing costs

Narayana Hrudayalaya Health City at Bangalore



REPLICATION: Health City Cayman Islands

HEALTH CITY Cayman Islands







- 2,000 Bed specialty Hospitals
 - Super Specialty hospitals focusing on Tertiary Care
 - Developed in phases over 15 years
- Medical University
 - University for approx. 3,000 students
- Research
 - HCCI Plans to integrate Biotech and IT research to enhance leading-edge healthcare
- Assisted Living
 - Plans include up to 1,500 assisted living units

CAPEX OPTIMIZED

300 bed hospital for \$6 million, 6 months





Low capital and operating cost

HEALTH CITY Cayman Islands

- Low cost per bed
- Optimised space
- ICF construction
- SWAC
- Solar farm
- Reduction in Waste
- Oxygen generation
- Use of local flora



Inventory Management



- Centralized Procurement System
- 3 distribution hubs
- 1 Central Buying Unit
- \$28 Million worth procurement done through central buying unit in FY13; accounts for 70% of spend
- E-Auctioning Effective use of modern techniques to reduce transaction costs
- Product innovation in-house, e.g. Drape kits



Surgeon Gown Overwrap - 1 No. Hand Towel - 2 Nos. 2 STERILE EO

Amarallis



Amaryllis

Expiry : Two years from the date of manufacture

M.R.P.: Rs. 450

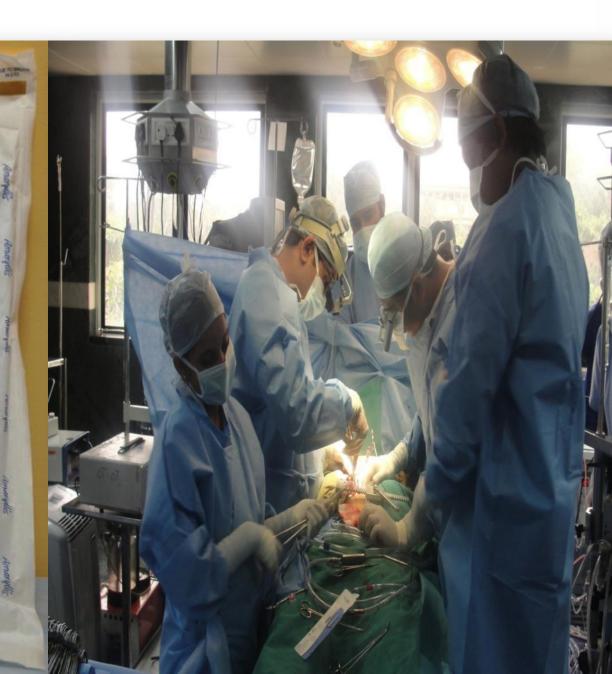
Amargellic

ATT TO ATT

Manufactured By : Webuilt

Amaryllis Healthcare Pvt. Ltd. #273/A, Bommasandra Industrial Area, Bangalore - 99 Tel.: 080-27831600, Fax: 080-27831165 Email amarylishealthcars@gmail.com





Volumes and Supply Chain Advantage

NHNarayana Health ASCENSION

- High volumes improved buying power and negotiation in India
- Can transfer some of those advantages
- Central Buying Unit for medicines, surgical and consumables and equipment at cost effective prices

Challenges:

- Logistics of getting to an island
- Territorial issues for companies
- Ongoing support Solution for equipment Trimedx-- Ascension

Leveraging Technology – Cloud ERP System

First group in India to complete Integration of all units through an ERP System deployed on a cloud

Allows real time access to data across the group

Dramatically impacts the bottom-line by taking advantage of the pay per use concept, resulting in zero investment and maintenance costs. Saving ~65% costs over a conventional IT system

Help in optimizing the process
Daily profit and loss account encouraging cost – efficiency

medical documents via email upon patients' requests



First hospital group in India to have an ERP system on a cloud

Hospital Chain

ERP System





- Clinical decision making protocols
- Feedback on responsiveness
- Remote monitoring across time zones
- Collaboration across geographies
- Benchmarking
- Quality improvement through volumes



Leveraging Technology

• Cloud based ERP with common platforms, e.g. finance and inventory on Oracle

HEALTH CITY *Cayman Islands*

Narayana Health

- PACs with teleradiology- remote consultation with 24 hour centre in Bangalore
- Nuclear Medicine centre connected to India
- Ikare technology used in HCCI

PEARLS - Patient & Employee Ailment Resolution

& Learning System

- Patients & staff send complaints instantly via mobile phone
- Complaints addressed & status updates sent
- Departments target reductions in the no. of complaints
- 80933 complaints recorded till date, 99% resolved
- Maintaining excellent service standards





80933 Complaints 99% Resolved

Administrative Streamlines

• Bundled pricing that precludes use of large billing, coding and accounting teams

HEALTH C

Cayman Islands iii

Narayana Health

- Outsourcing of some backend services to central teams
- Lean process implementation to maximise resource utilisation

Challenges:

- Most companies accept bundled pricing but some are reluctant and want the full coded, granular bills
- Day night issues for some outsourcing

LEAN METHODOLOGY- RIE

HEALTH CITY

Narayana Health



CARE COMPANION PROGRAM



Narayana Health



Care Companion is

Aimed at harnessing the family member's potential and repositions them as an integral part of the patient recovery process

Designed for rural and low-literacy population without any prior medical knowledge

To date around 7,000 care-givers have undergone this program

Utility

Overall family members feel that the program is helpful and teaches them skills which they can use at home.



Increased interaction

Family members also feel that they are now more comfortable to talk to nurses and doctors

Confidence/ Preparedness

Family members no longer feel helpless and uninformed regarding their loved one's condition

Satisfaction

Family members are willing to recommend the program to other people

Serving Unmet Needs

More than

50% of our patients are from economically weaker sections

Economically weaker sections include Government run BPL Scheme patients and discretionary discounts provided by NH Management







Thank You













