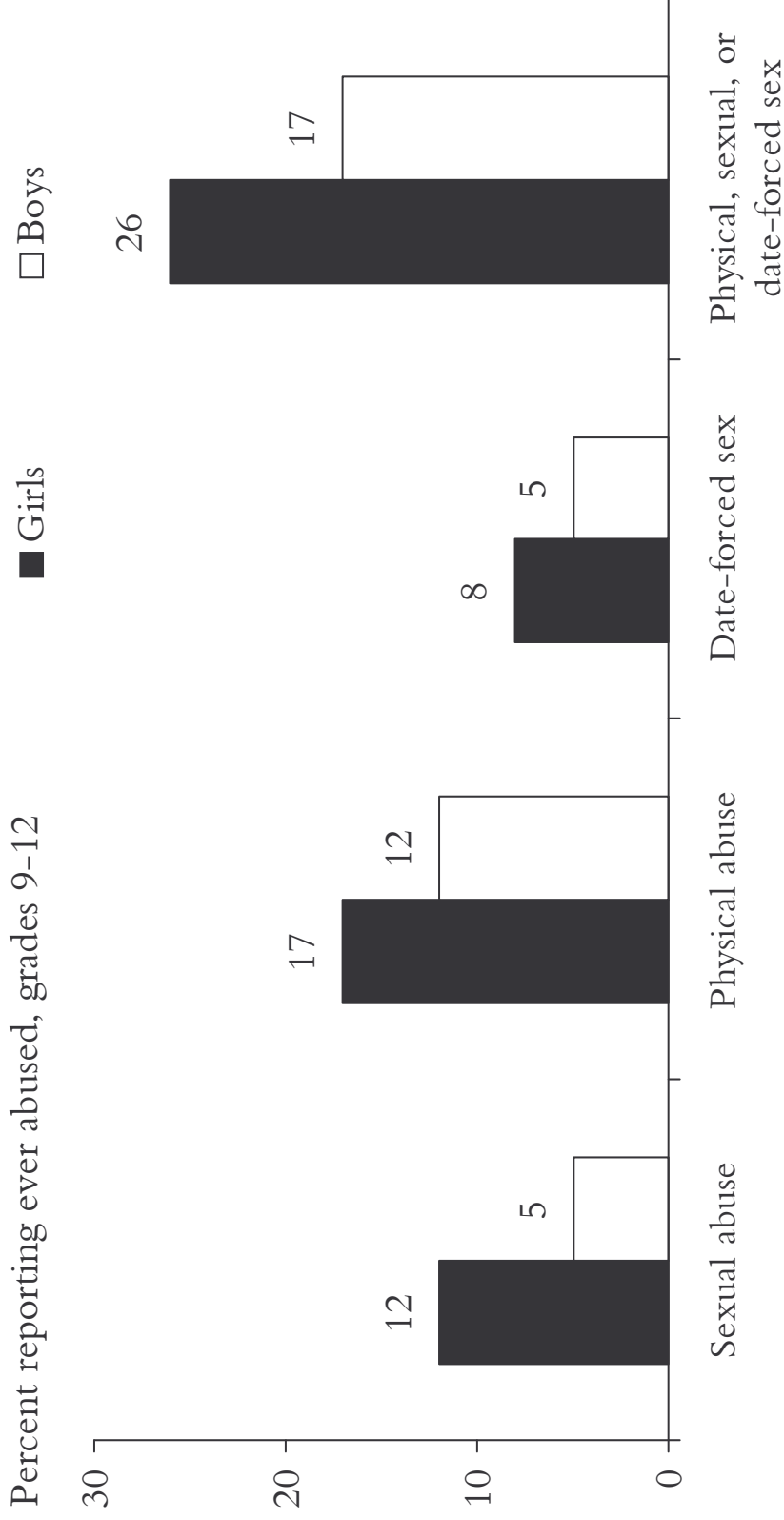


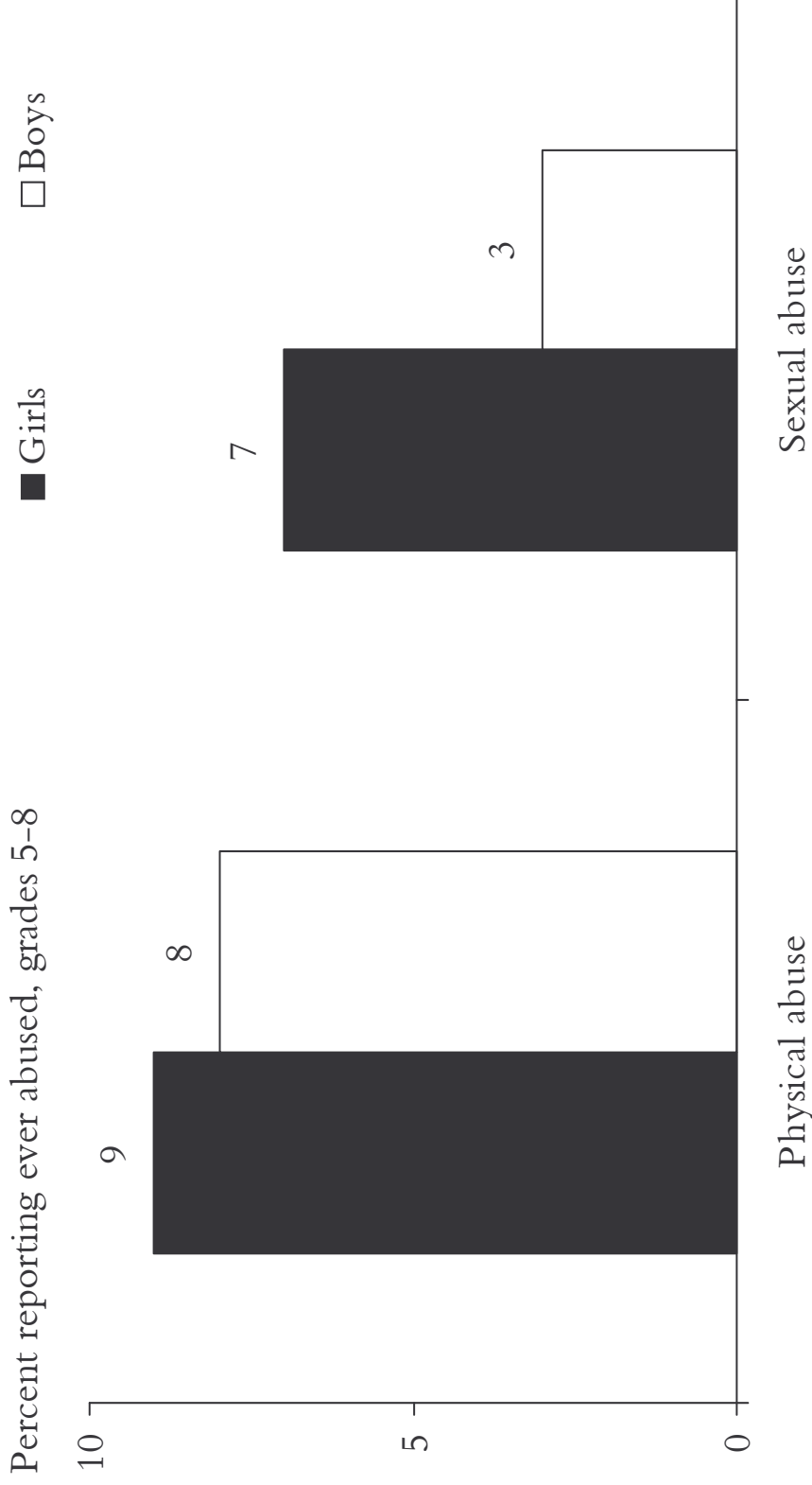
Physical, Sexual, and Date Abuse Older Girls Are More Likely Than Older Boys to Experience Abuse



The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
Louis Harris and Associates, Inc.

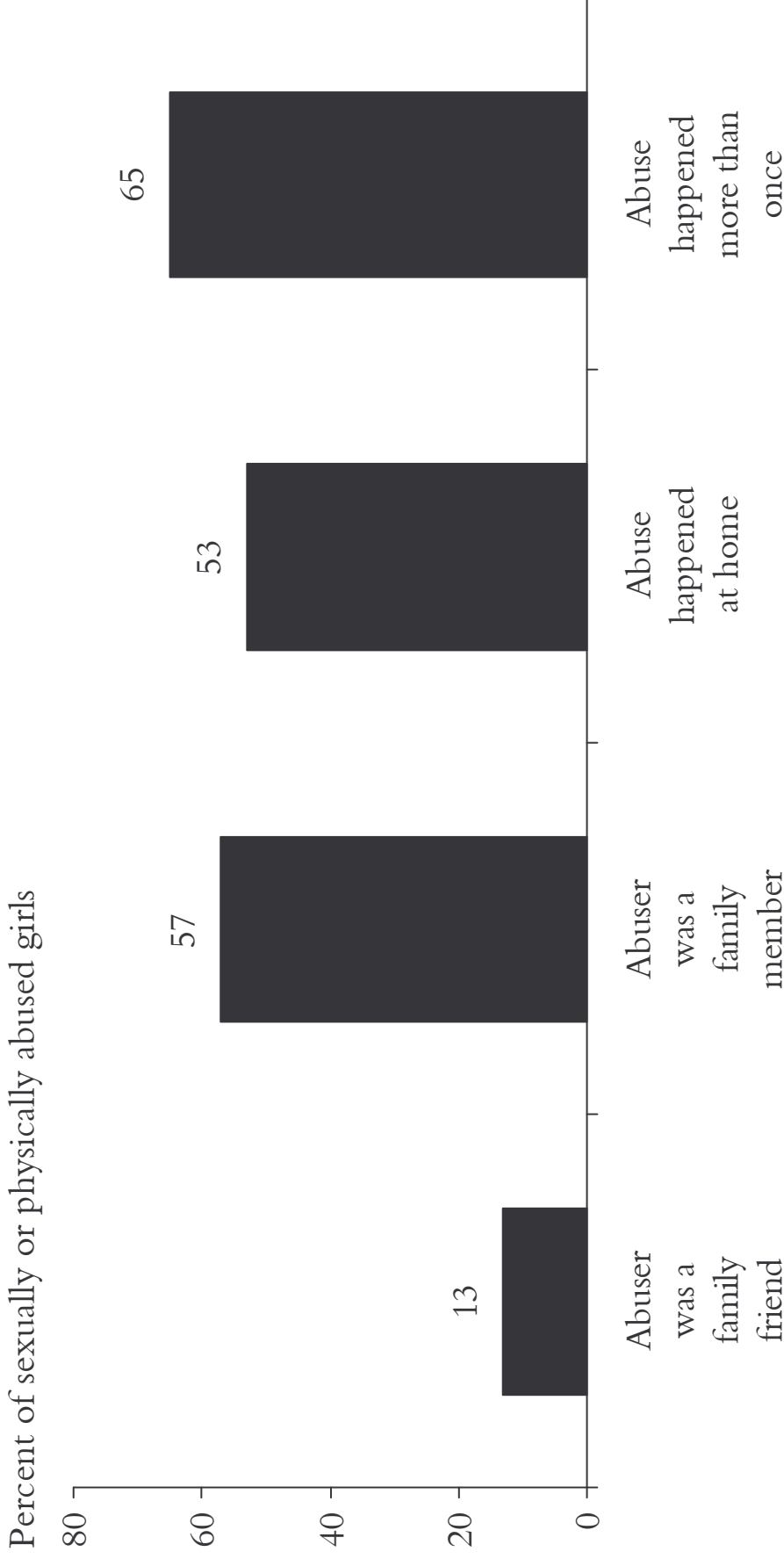
Physical and Sexual Abuse of Younger Adolescents

Abuse Happens at an Alarming Young Age



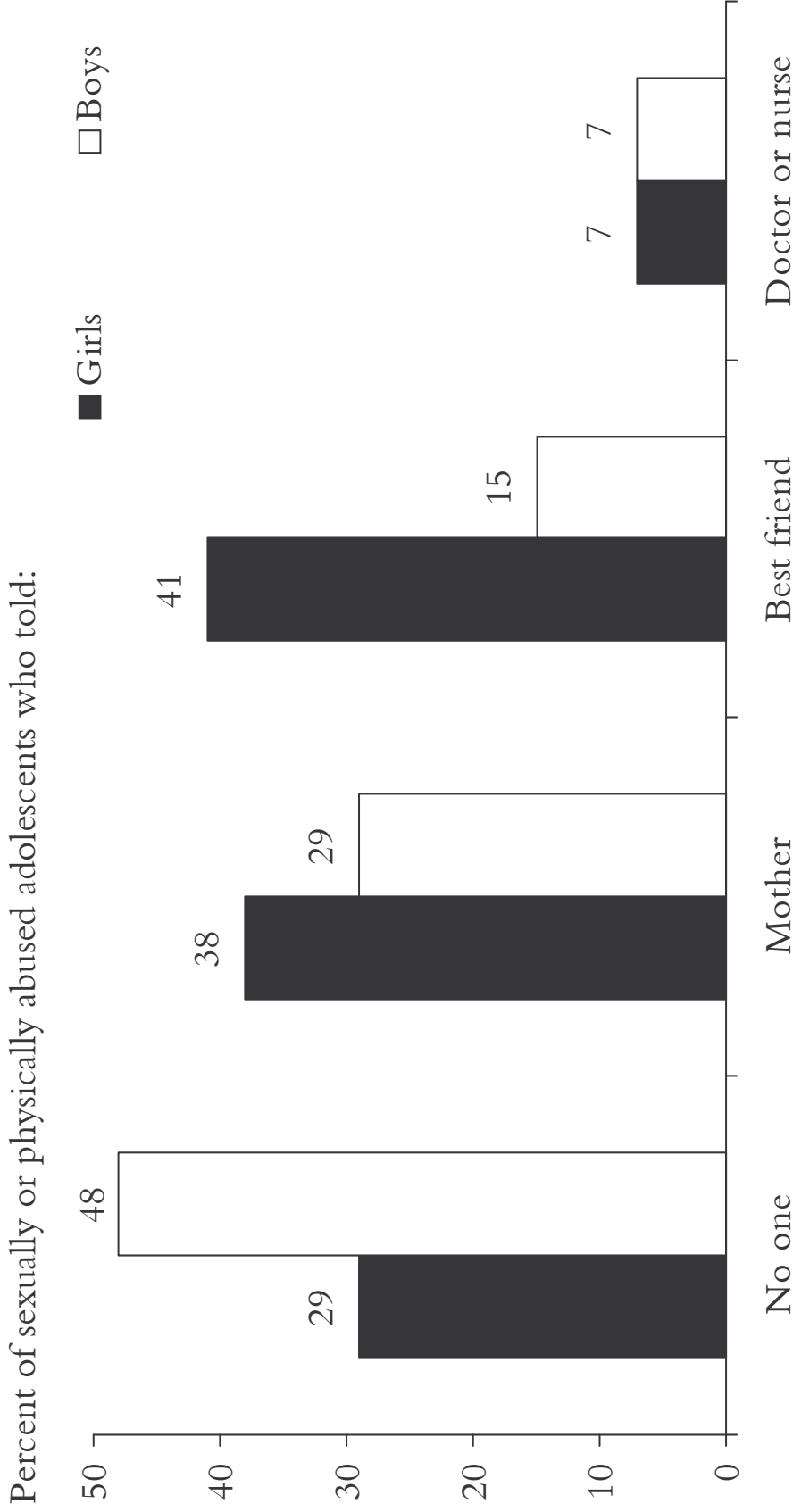
The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
Louis Harris and Associates, Inc.

Most Abuse Happens at Home, It Happens More Than Once, and the Abuser Is Usually a Family Member



The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
Louis Harris and Associates, Inc.

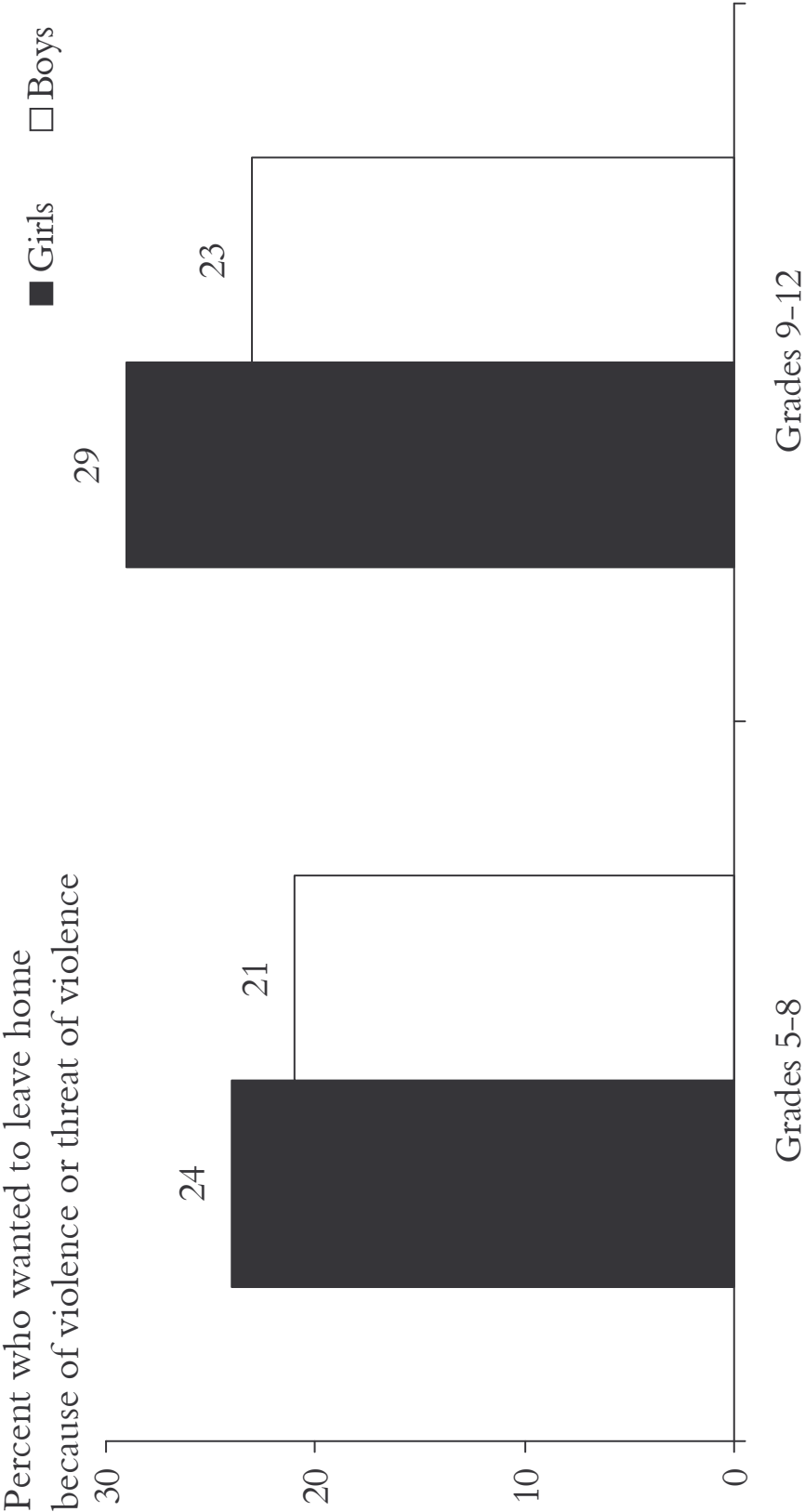
Girls and Boys Often Tell No One About Their Abuse



The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
 Louis Harris and Associates, Inc.

Adolescent Girls: at Risk at Home

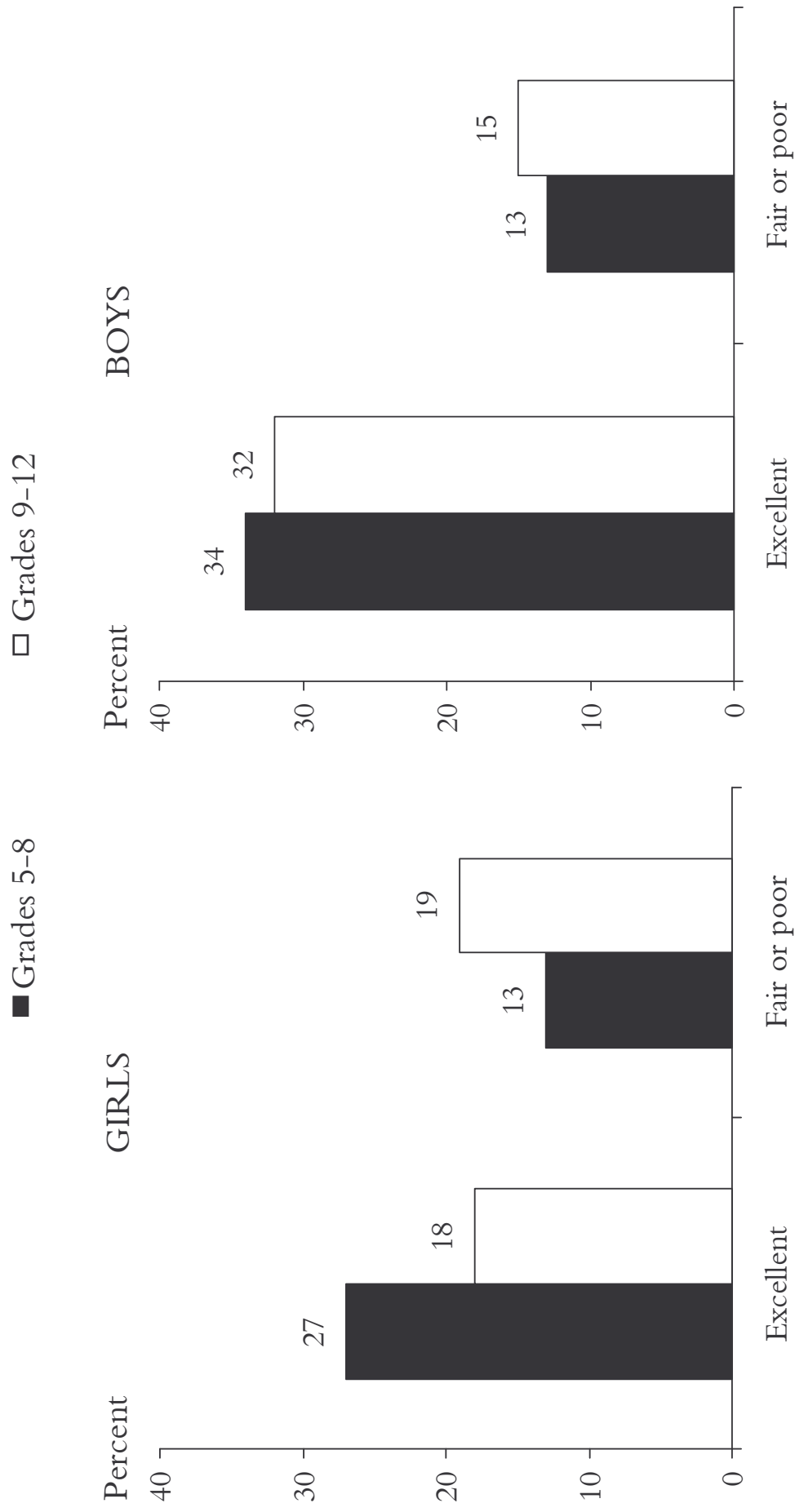
One in Four Girls Has Wanted to Leave Home Because of Violence or Threat of Violence



The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
Louis Harris and Associates, Inc.

Self-Rated Health Status

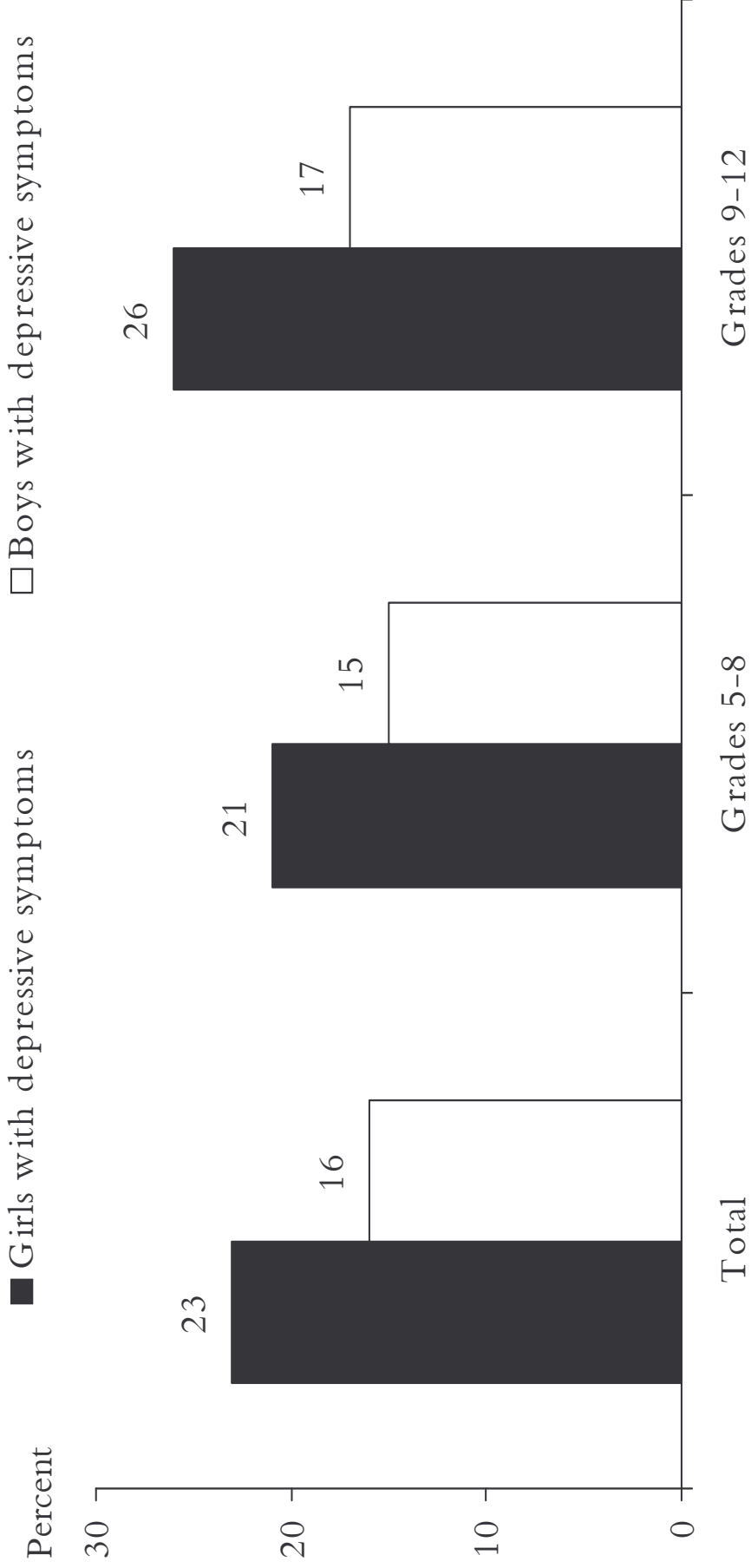
Steep Decline for Older Girls But Not for Older Boys



The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
 Louis Harris and Associates, Inc.

Depressive Symptoms

Girls Are at Higher Risk Than Boys

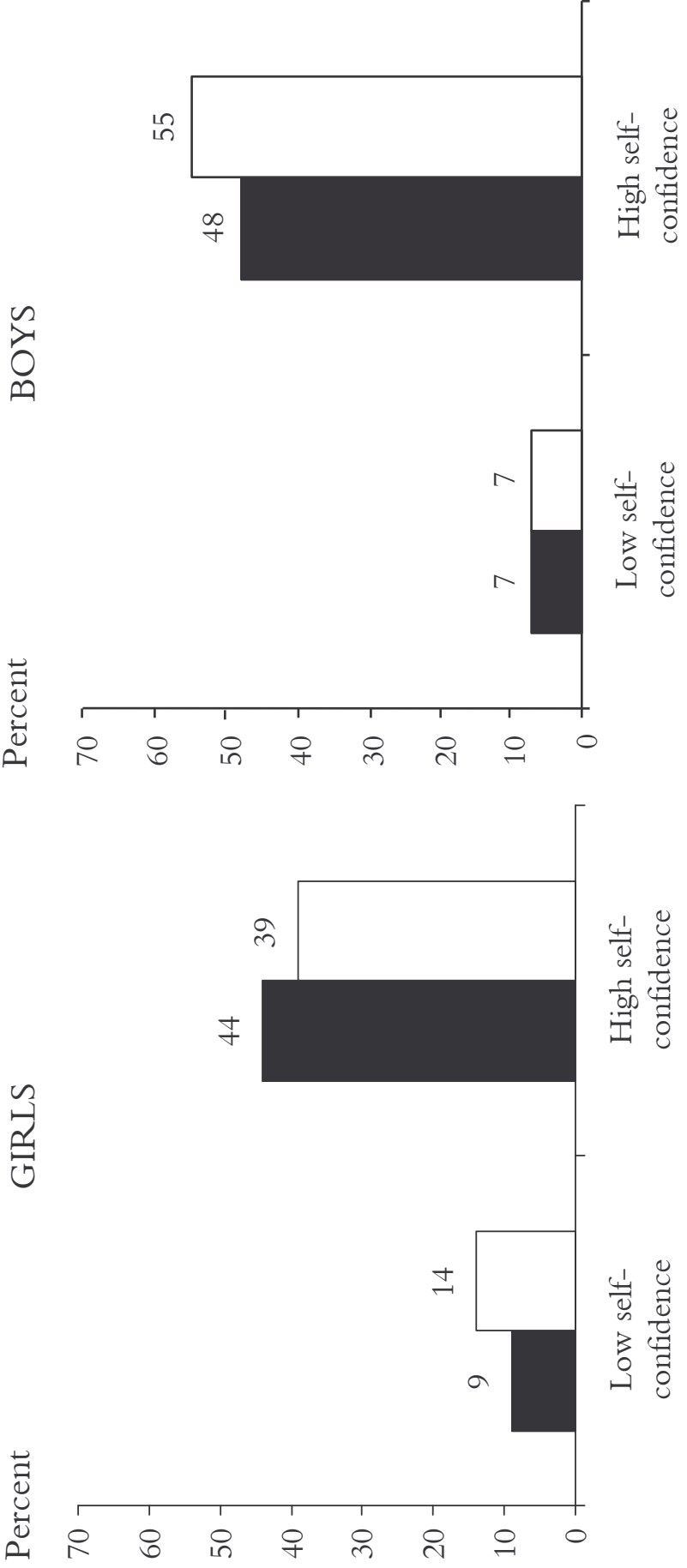


The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
Louis Harris and Associates, Inc.

Self-Confidence

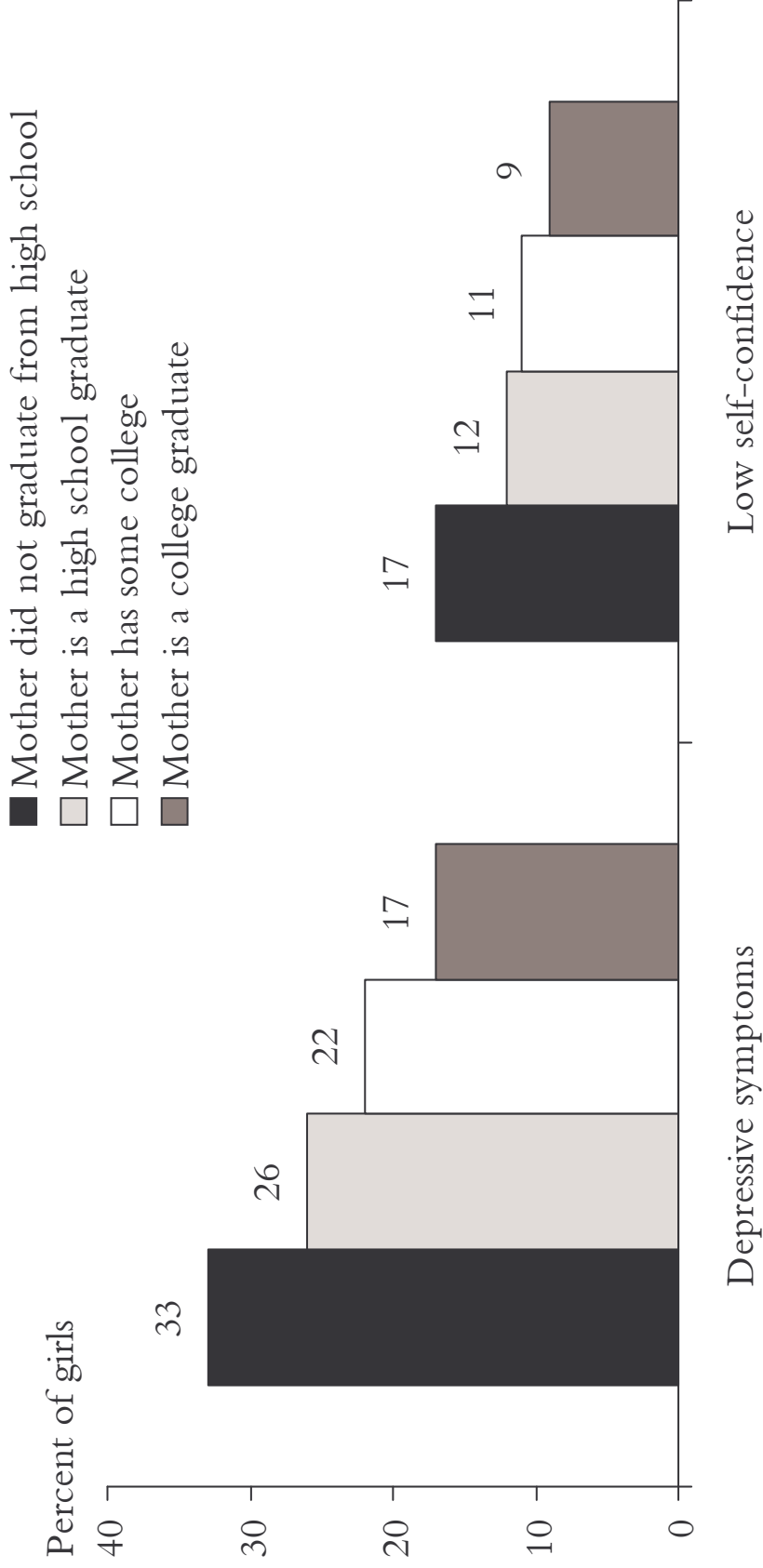
Girls' Self-Confidence Declines and Boys' Increases with Age

■ Grades 5-8 □ Grades 9-12



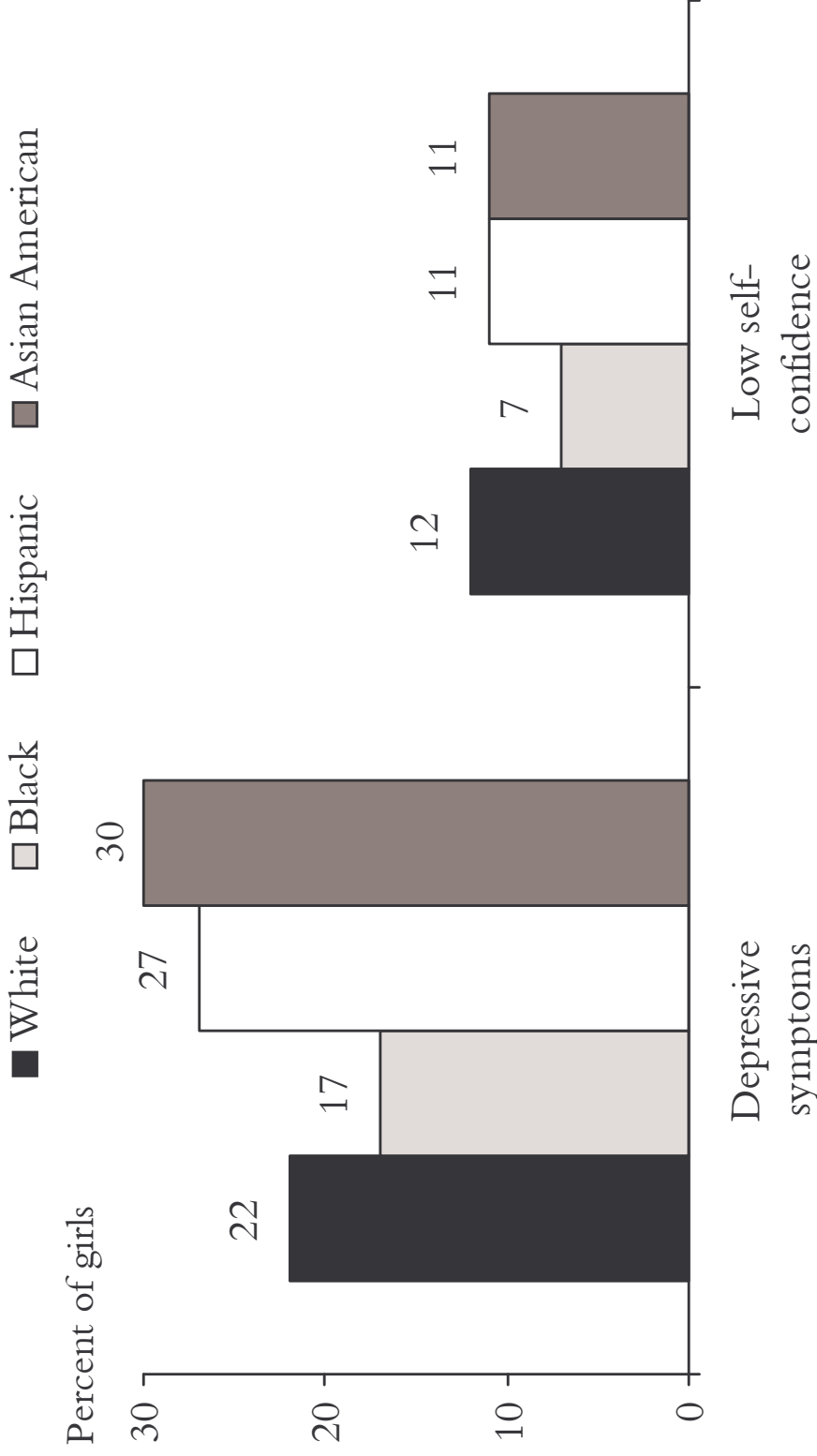
The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
 Louis Harris and Associates, Inc.

Mental Health and Family Status



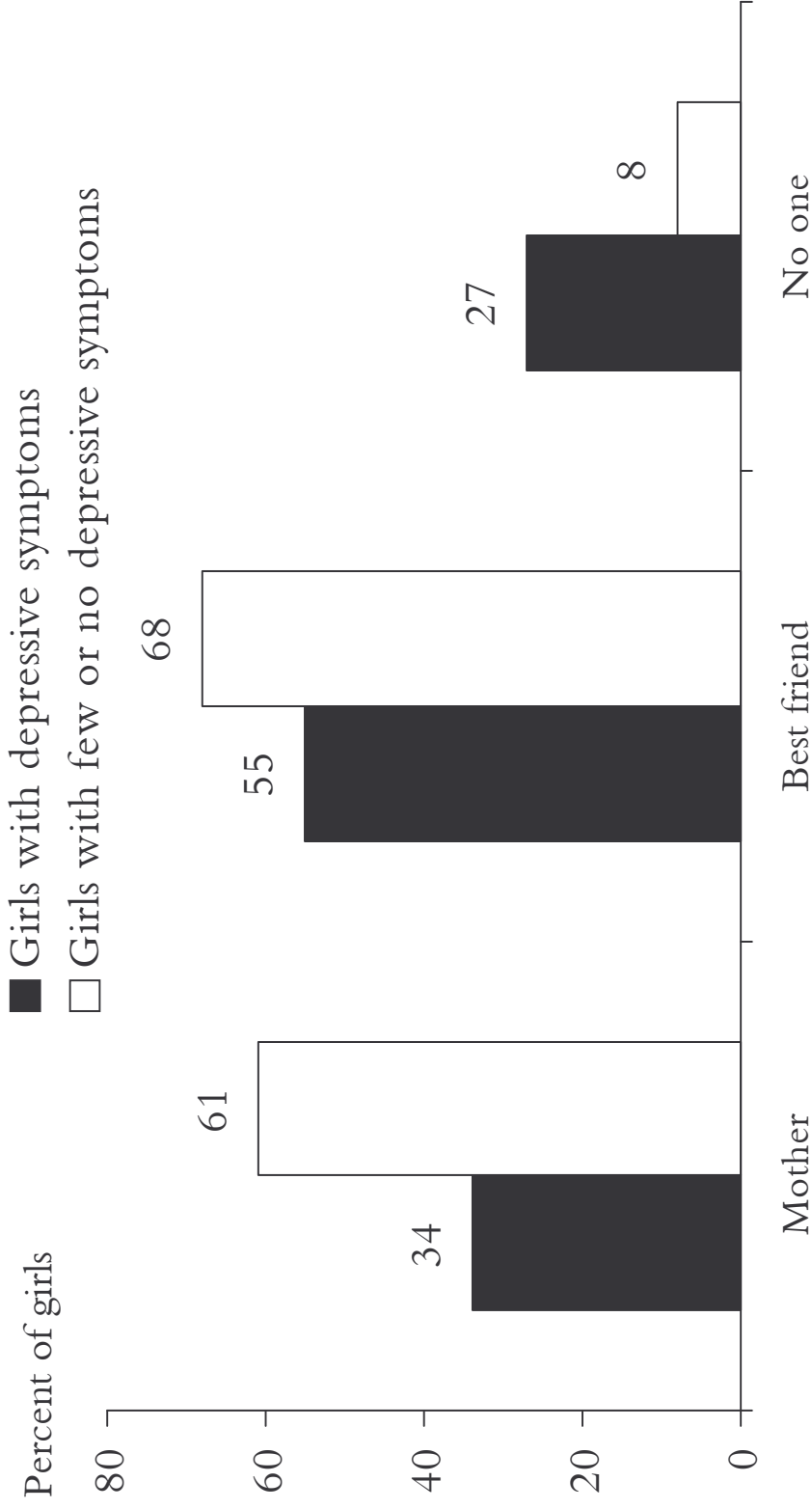
Depressive Symptoms and Low Self-Confidence

Black Girls Least Likely to Have Symptoms



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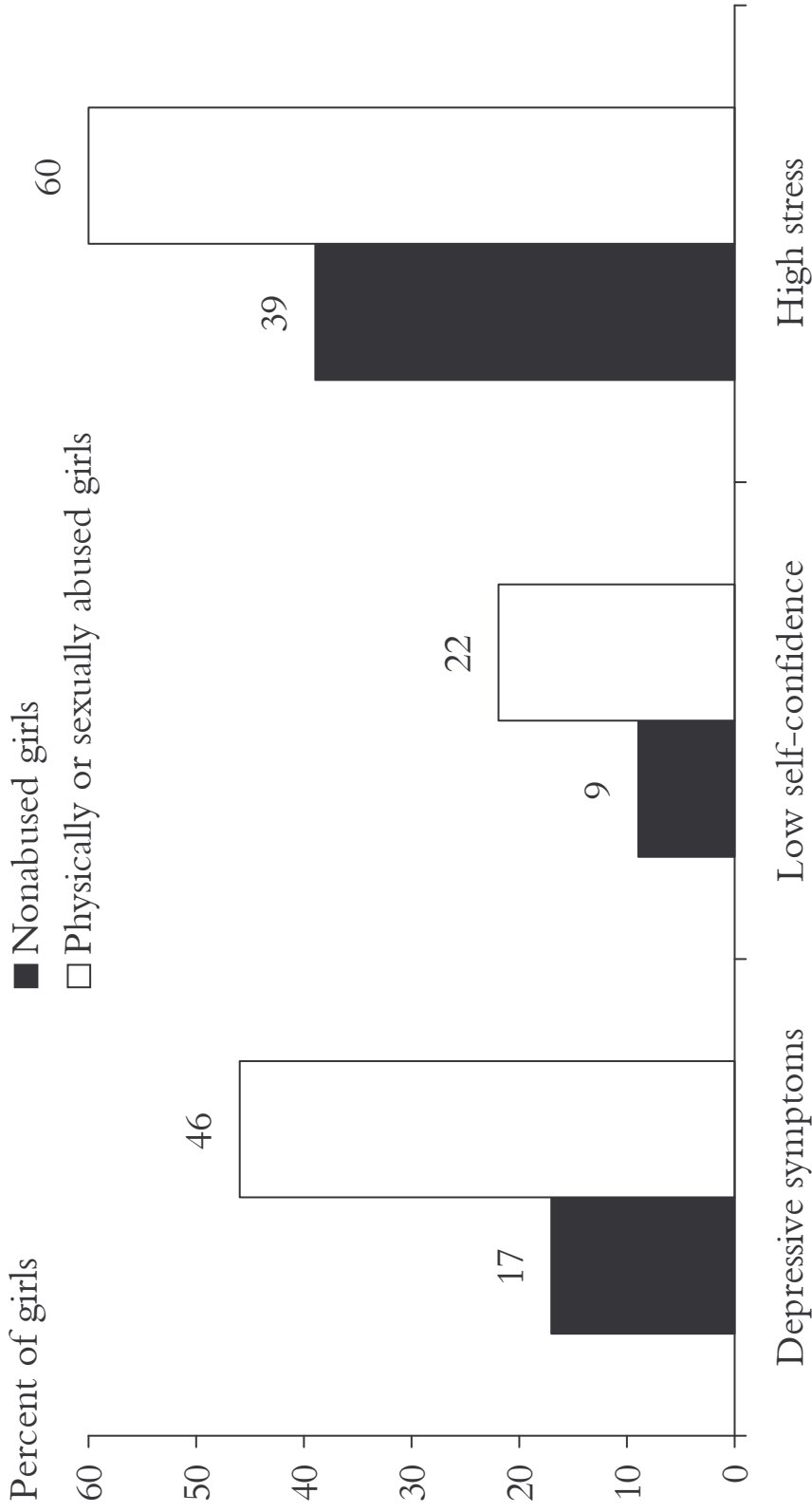
Sources of Support When Stressed or Depressed: Girls with Depressive Symptoms Often Have No One to Turn To



The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
Louis Harris and Associates, Inc.

Physical and Sexual Abuse and Mental Health

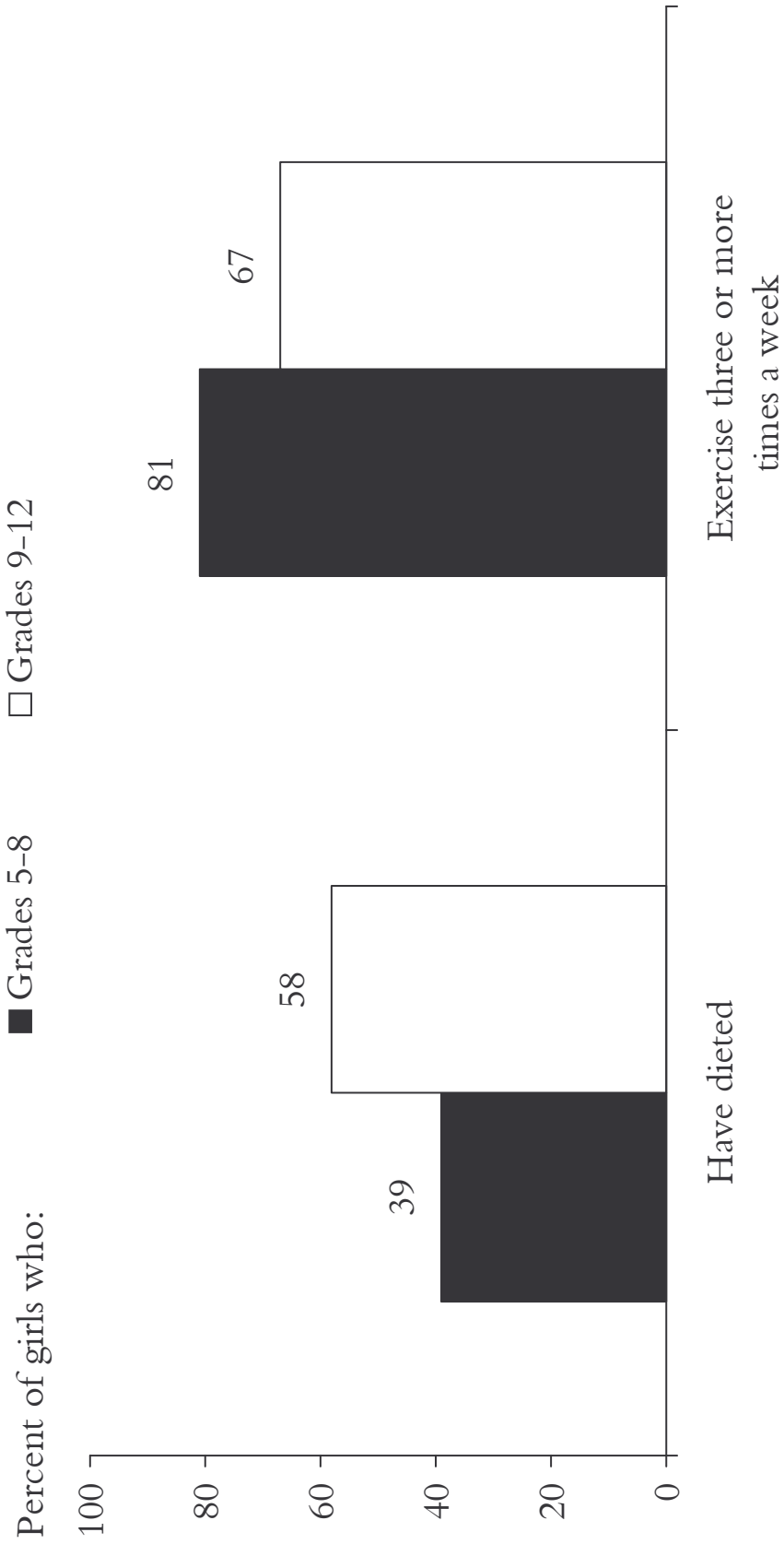
Abused Girls Are Twice as Likely to Have Symptoms of Poor Mental Health



The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
 Louis Harris and Associates, Inc.

Girls: Diet and Exercise

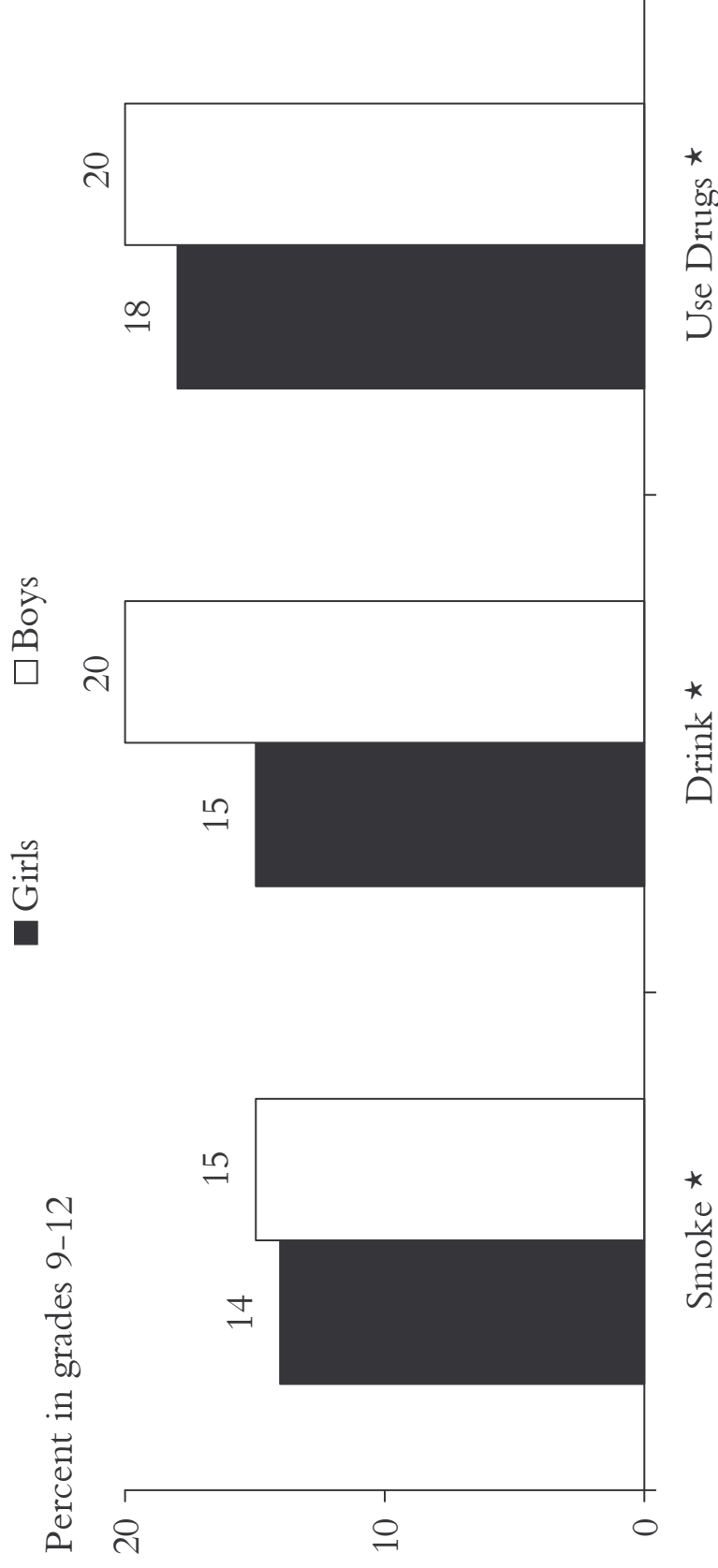
Dieting Increases and Exercise Decreases with Age



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Risky Behaviors: Smoking, Drinking, Using Drugs

Older Girls and Boys Report Similar Rates

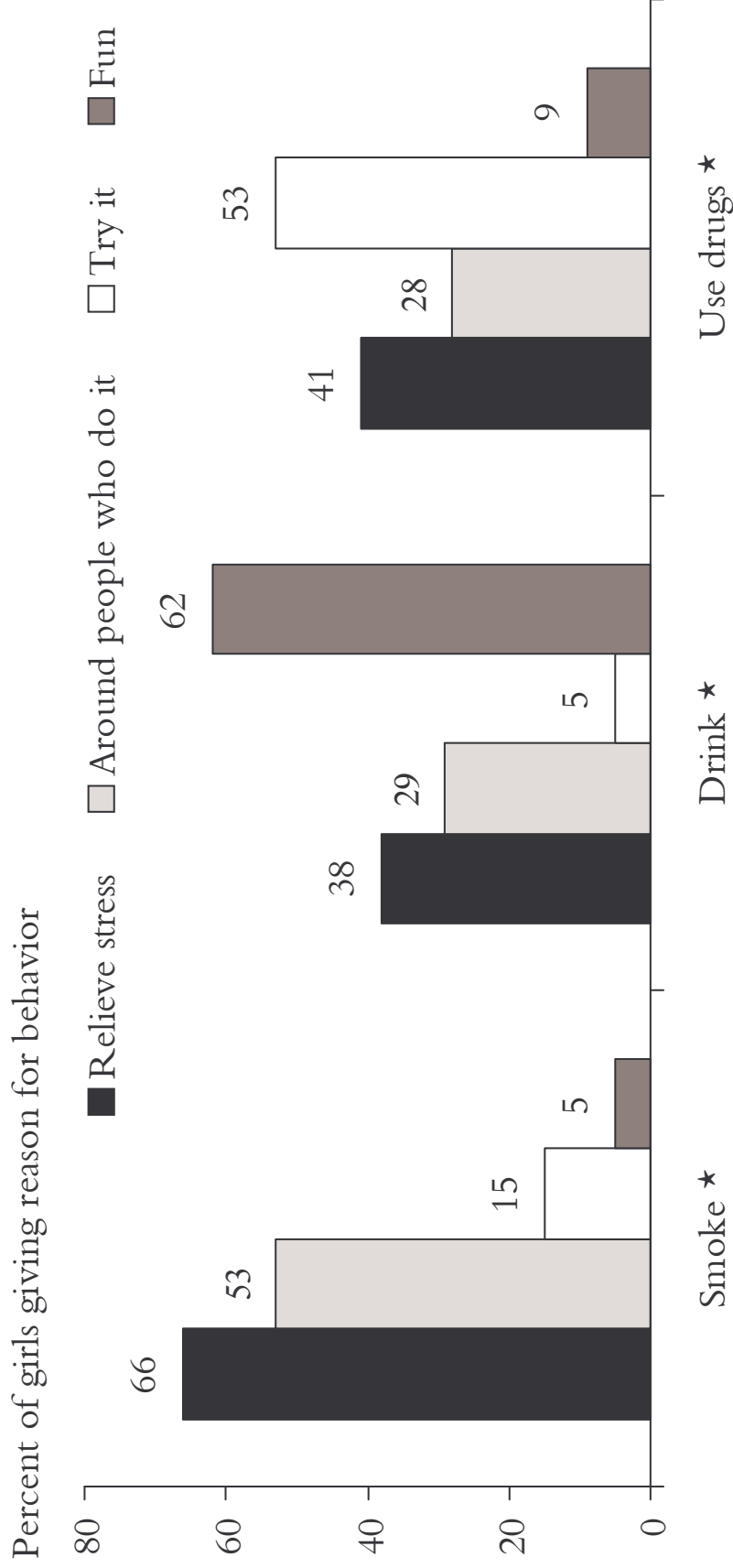


★ Smoke = smoke several cigarettes or a pack or more in the past week
 Drink = drink at least once a month or once a week
 Use drugs = used illegal drugs in the past month

The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
 Louis Harris and Associates, Inc.

Reasons for Smoking, Drinking, and Using Drugs

Stress Is a Leading Reason Given by Girls



★ Smoke = smoke several cigarettes or a pack or more in the past week

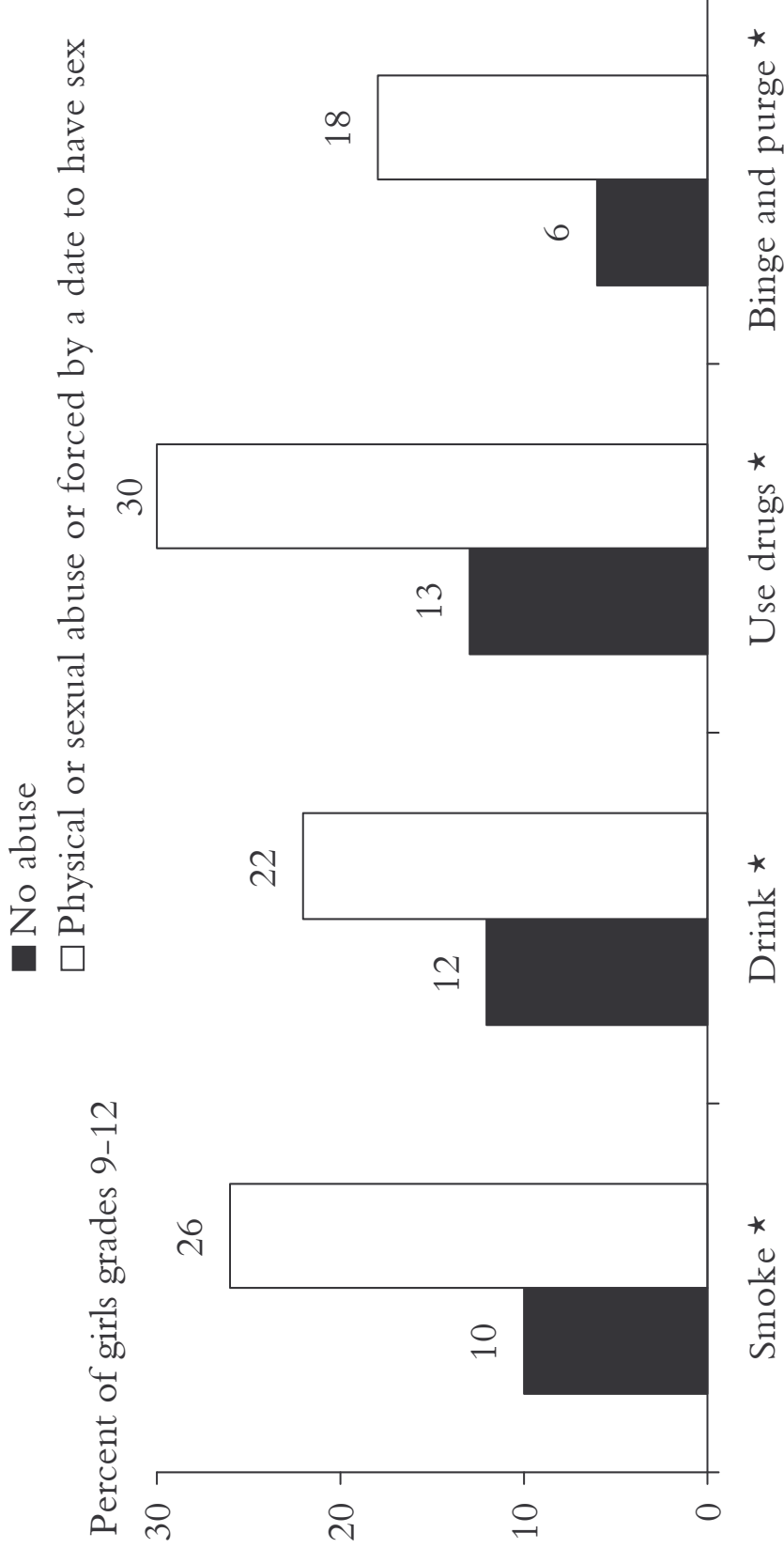
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Abuse and Risky Behaviors

Abused Girls Are Twice as Likely to Put Their Health at Risk



★ Smoke = smoke several cigarettes or a pack or more in the past week

Drink = drink at least once a month or once a week

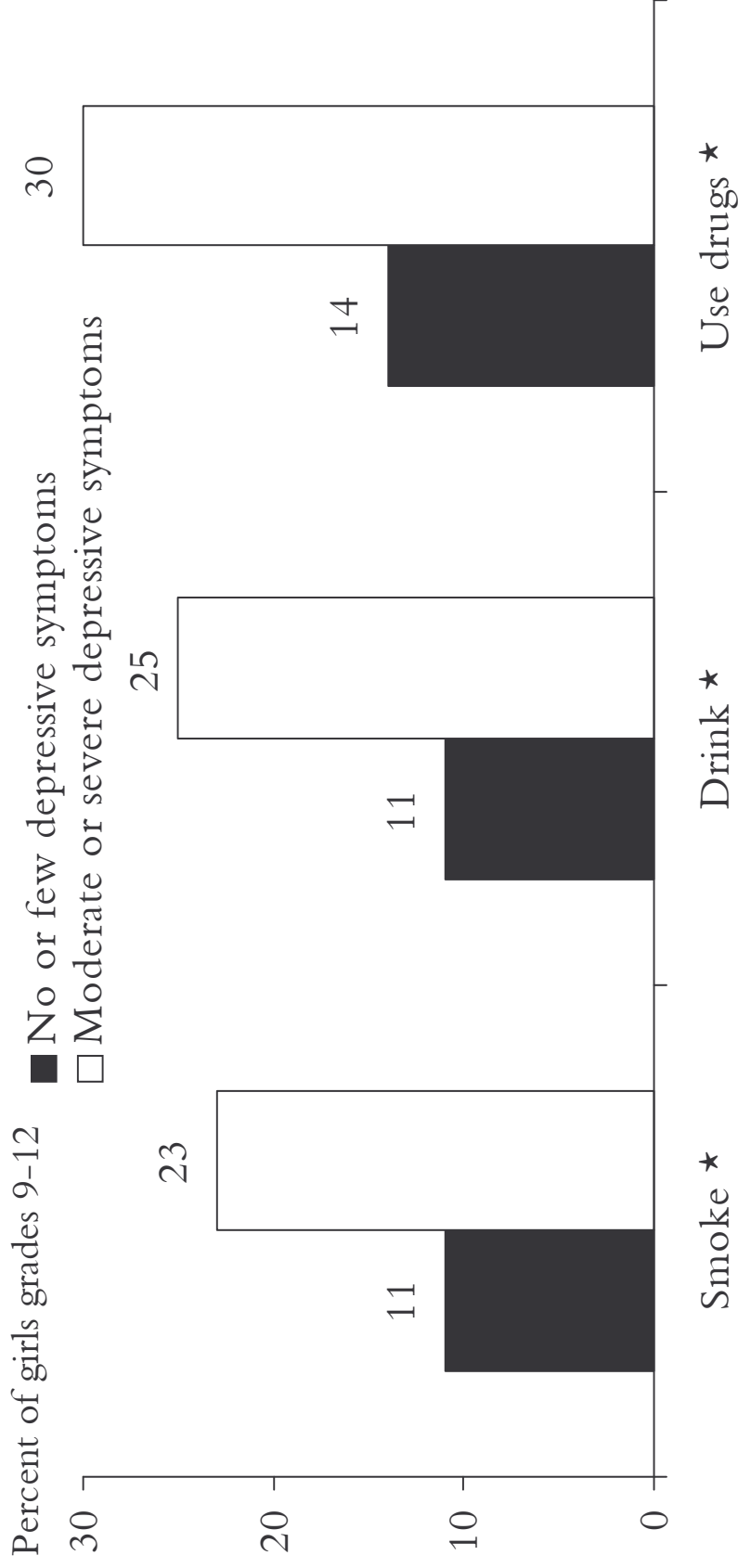
Use drugs = used illegal drugs in the past month

Binge and purge = binge and purge more than once a week

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Risky Behaviors and Mental Health

Girls with Depressive Symptoms Are Twice as Likely to Smoke, Drink, or Use Drugs

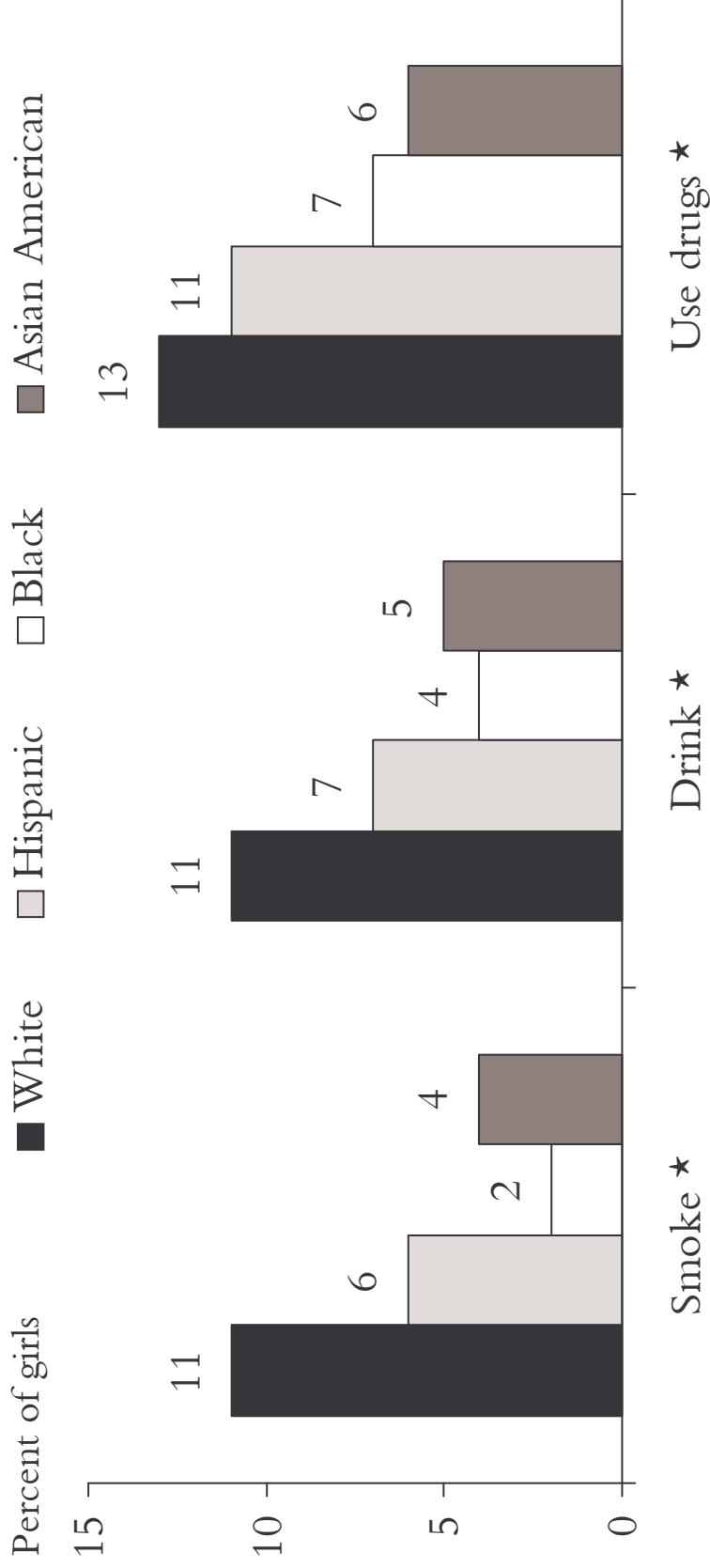


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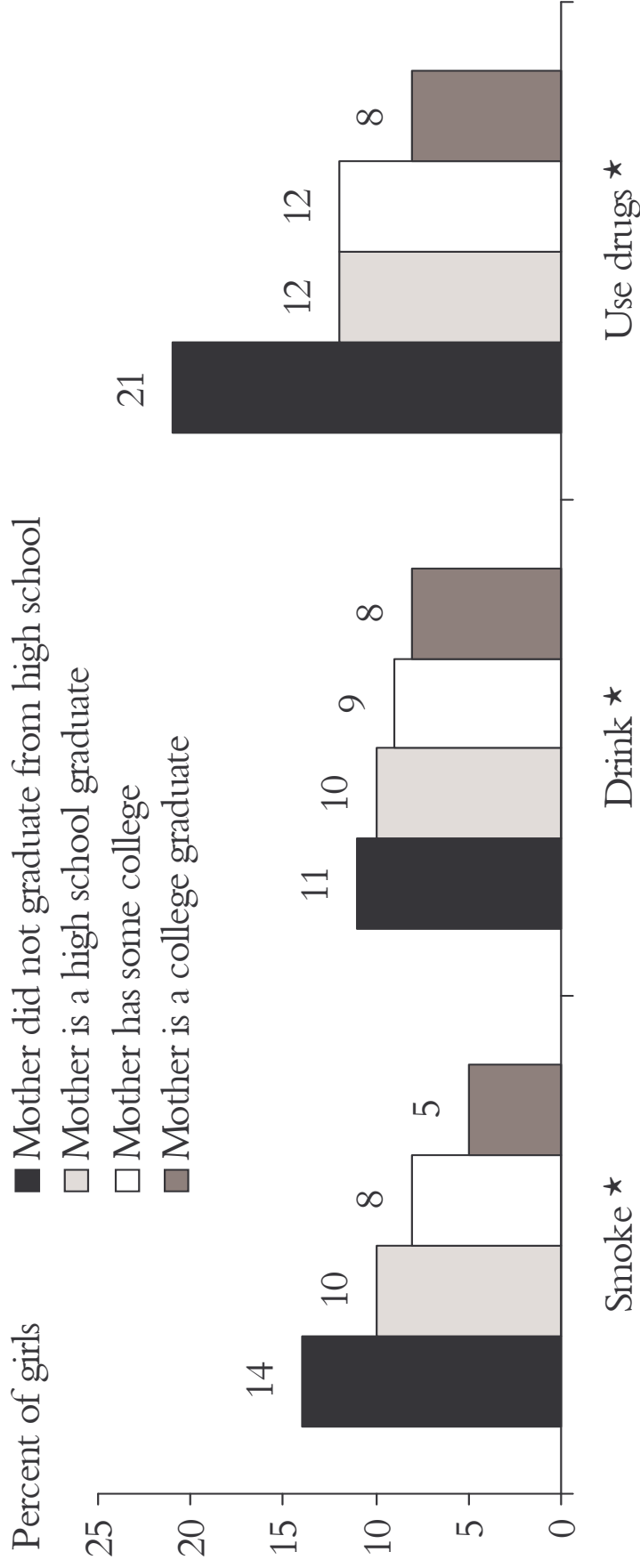
Risky Behaviors and Race/Ethnicity

Black and Asian American Girls Are Less Likely to Engage in Risky Behaviors



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 Use drugs = used illegal drugs in the past month

Girls with Less-Educated Mothers Are More at Risk

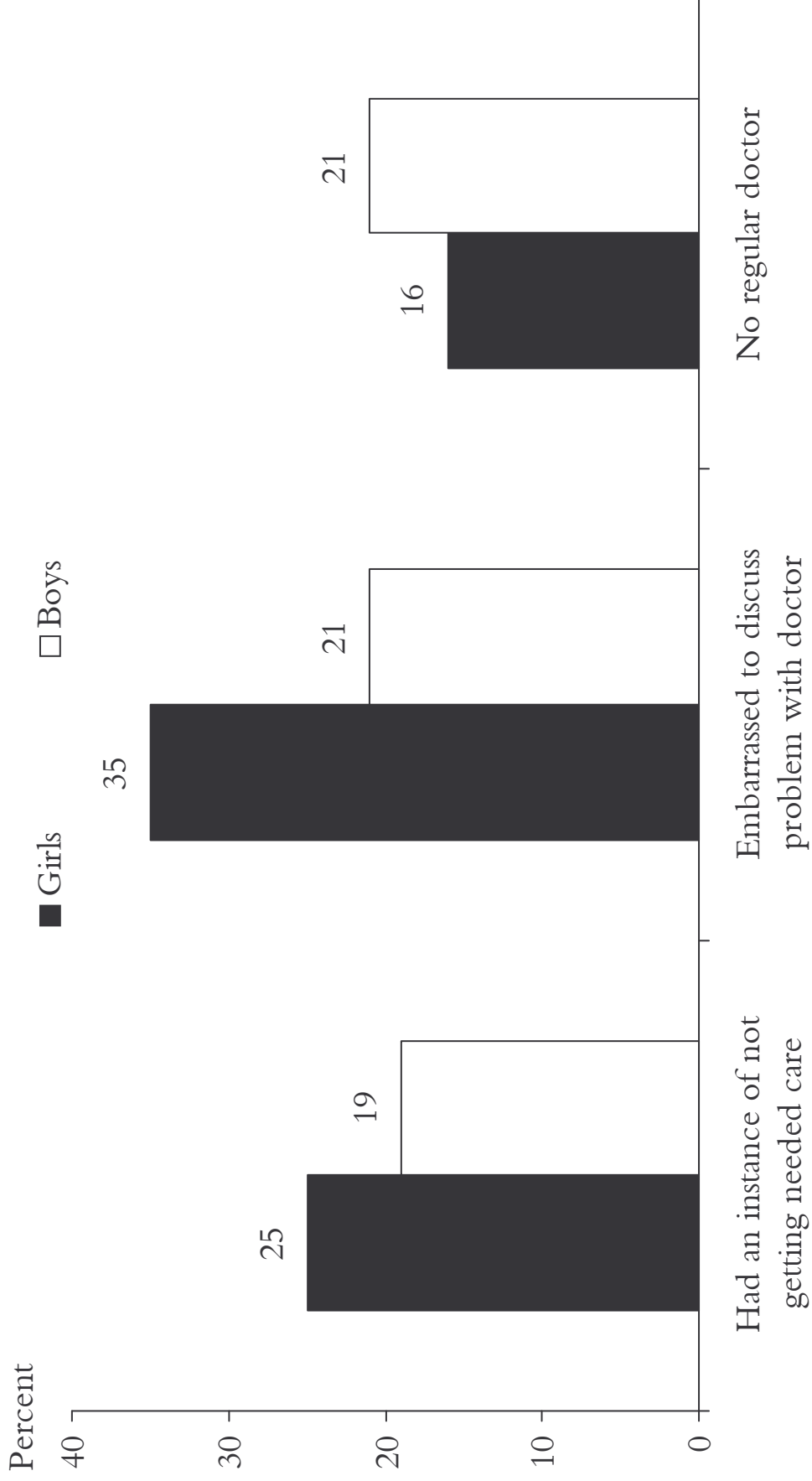


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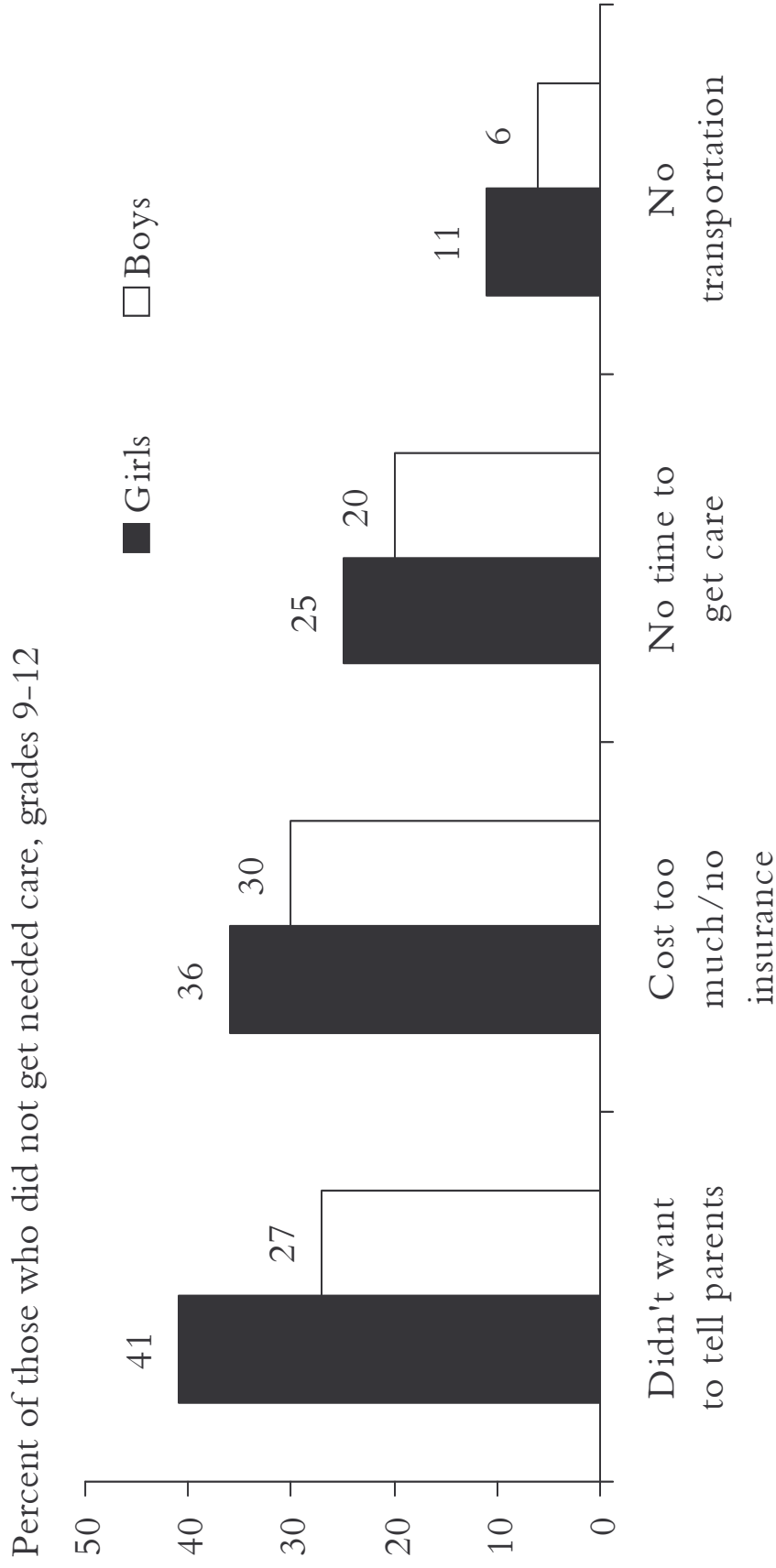
Access Barriers

One in Four Girls Did Not Get Needed Care



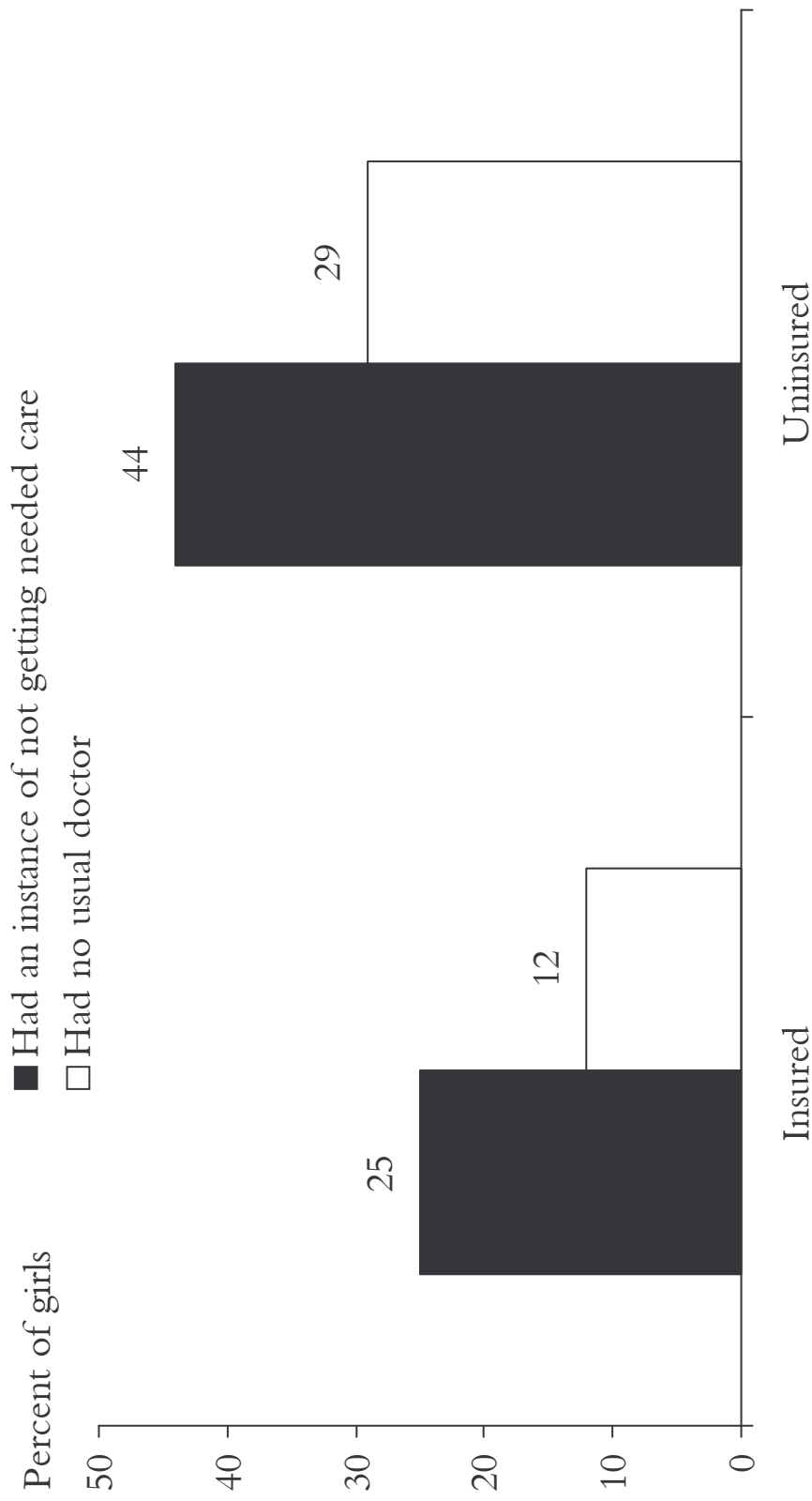
The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
 Louis Harris and Associates, Inc.

Reasons Why Older Adolescents Do Not Get Needed Care



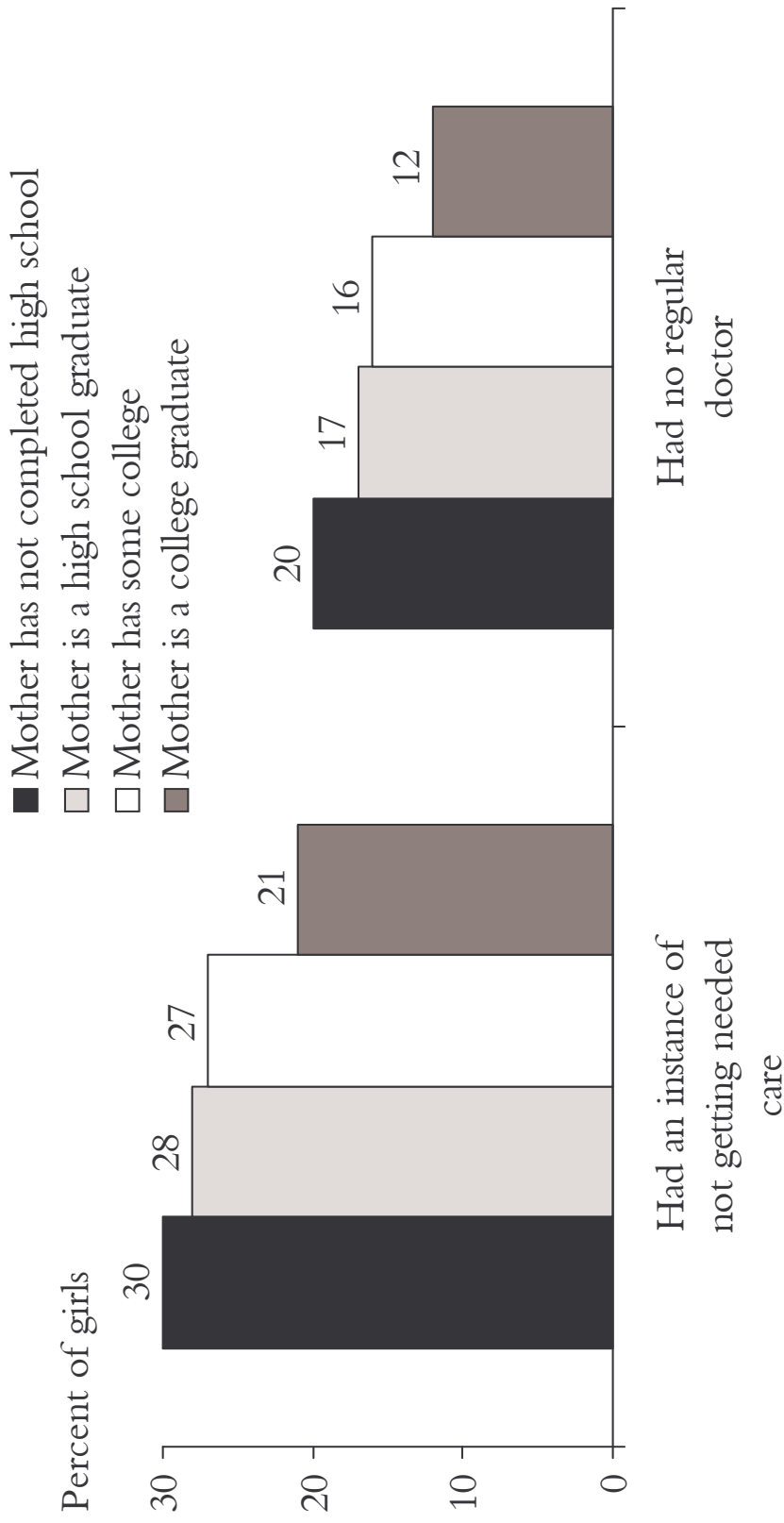
The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
 Louis Harris and Associates, Inc.

Uninsured Girls Are at High Risk for Access Barriers



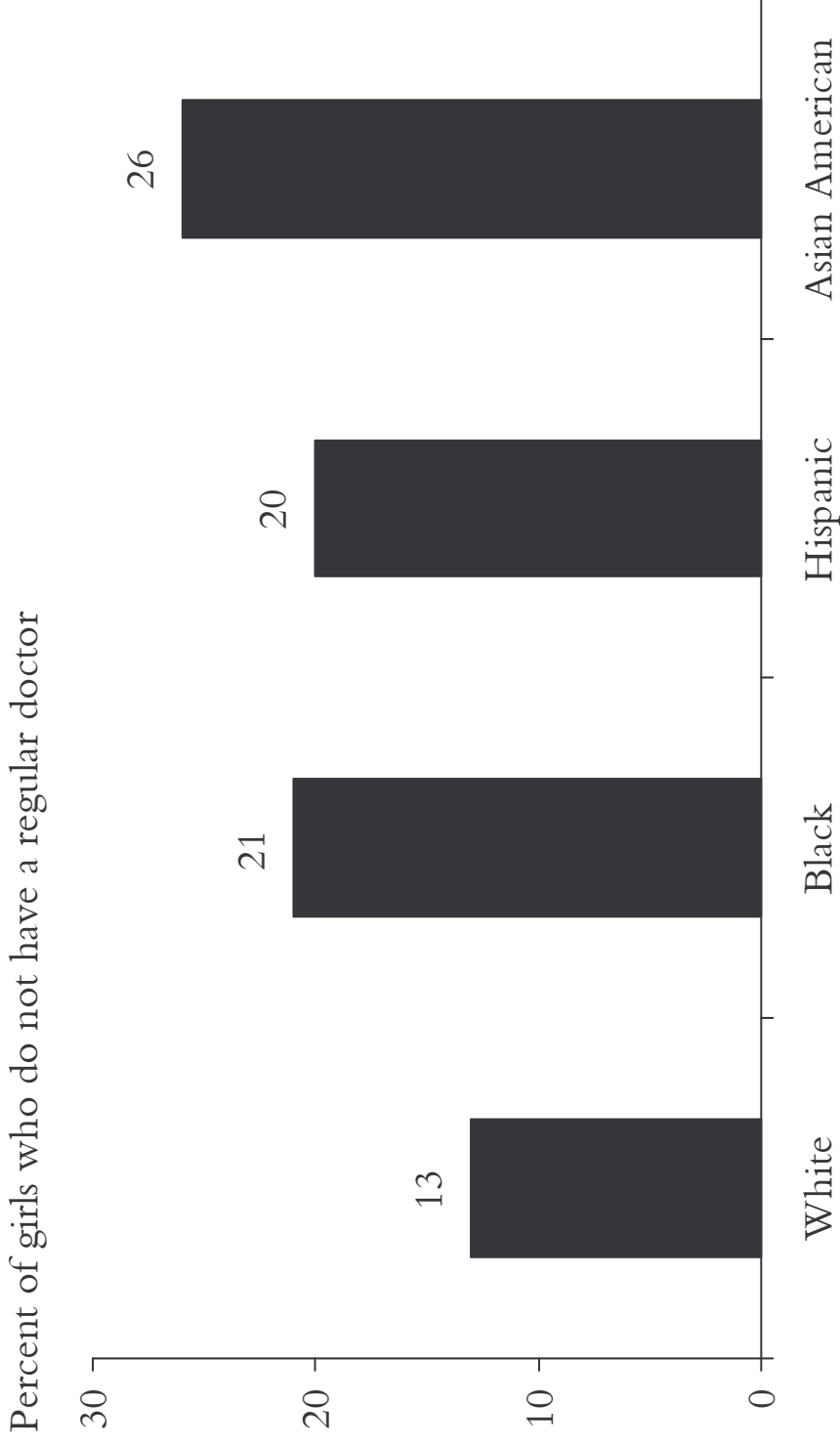
The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
Louis Harris and Associates, Inc.

Girls with Less-Educated Mothers Are at Risk for Access Barriers



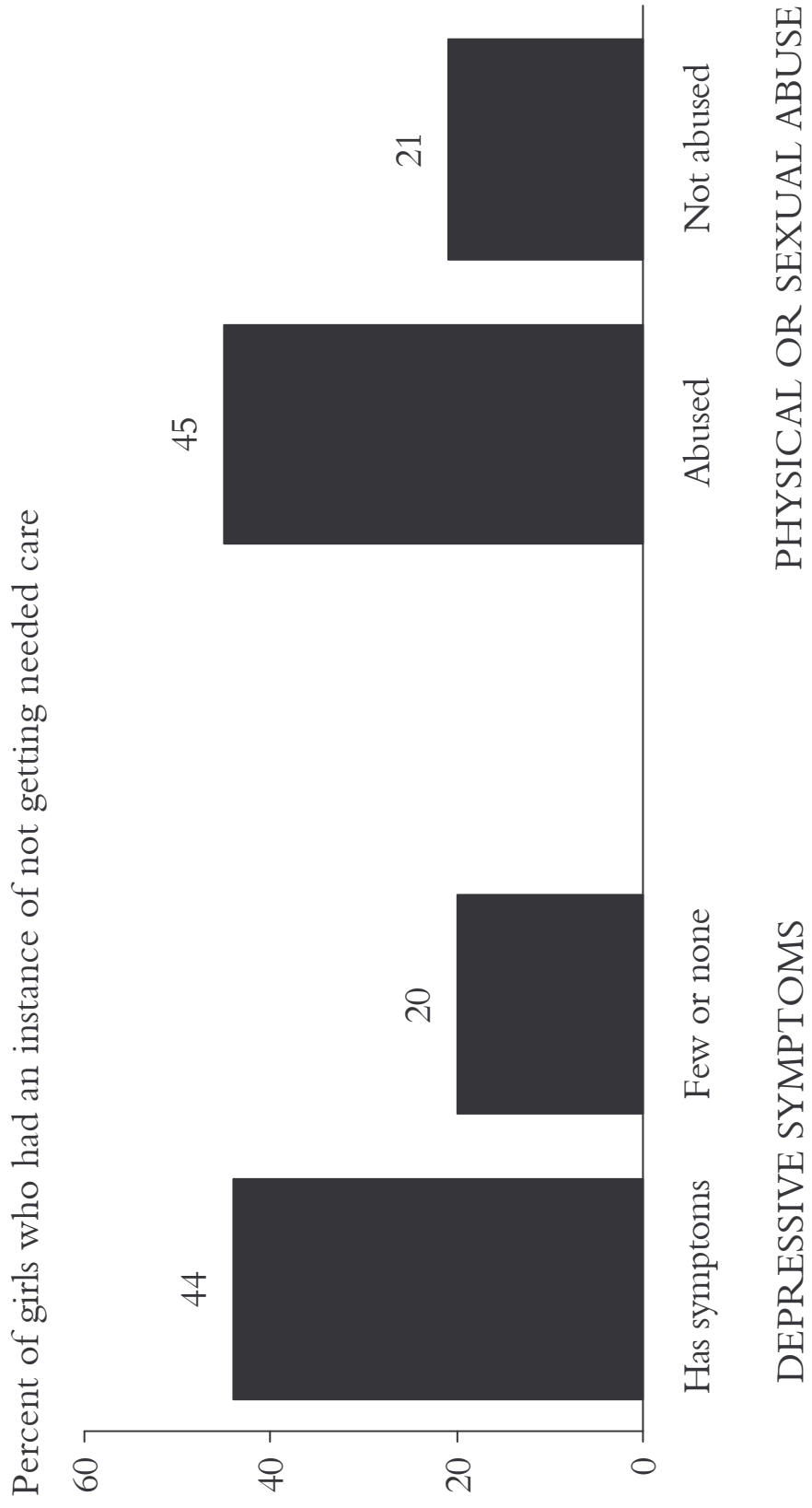
The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
Louis Harris and Associates, Inc.

Minority Girls Less Likely to Have a Regular Source of Care



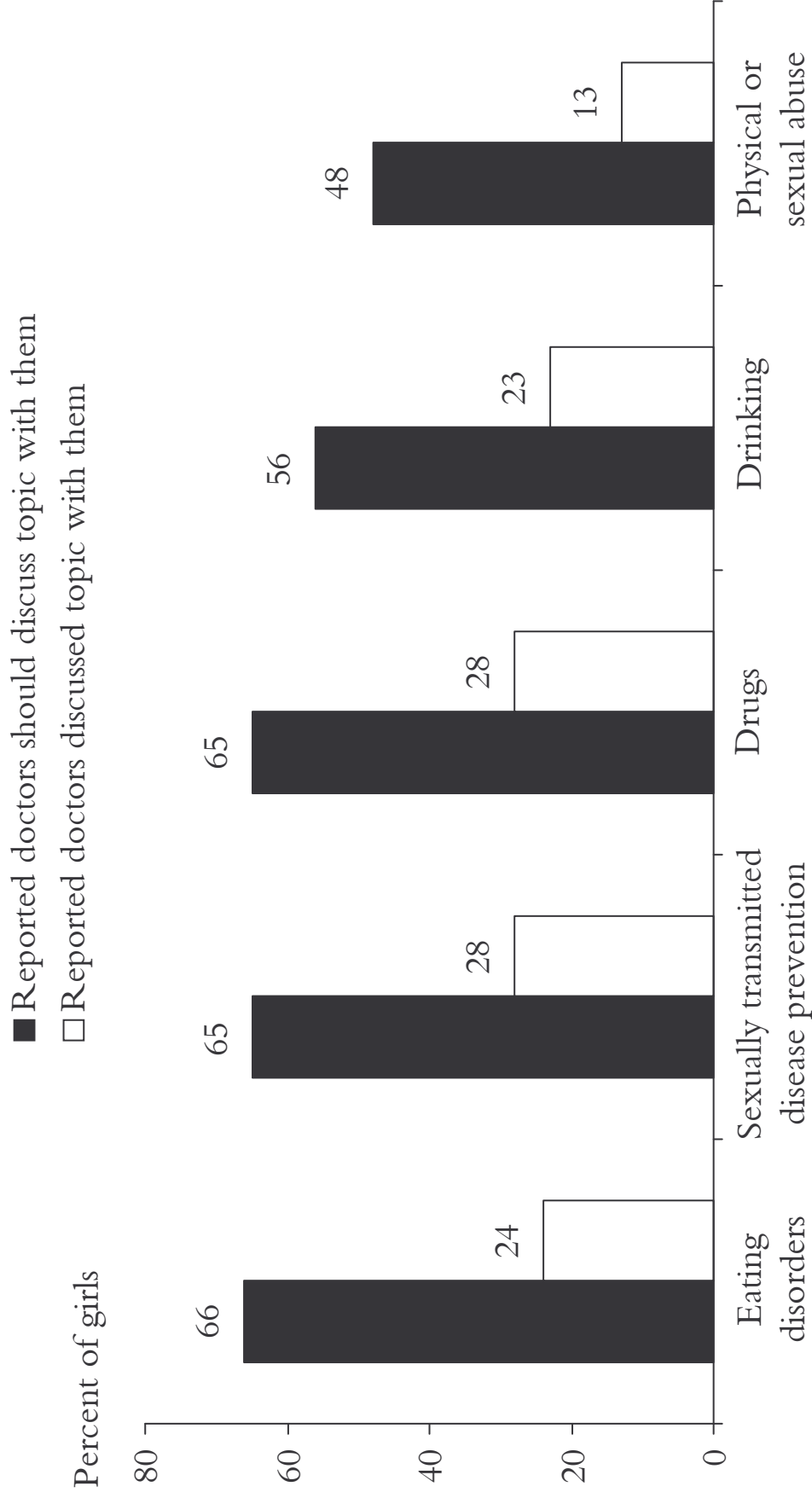
The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
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Abused Girls and Girls with Depressive Symptoms Are at High Risk of Access Barriers



The Commonwealth Fund Survey of the Health of Adolescent Girls, 1997
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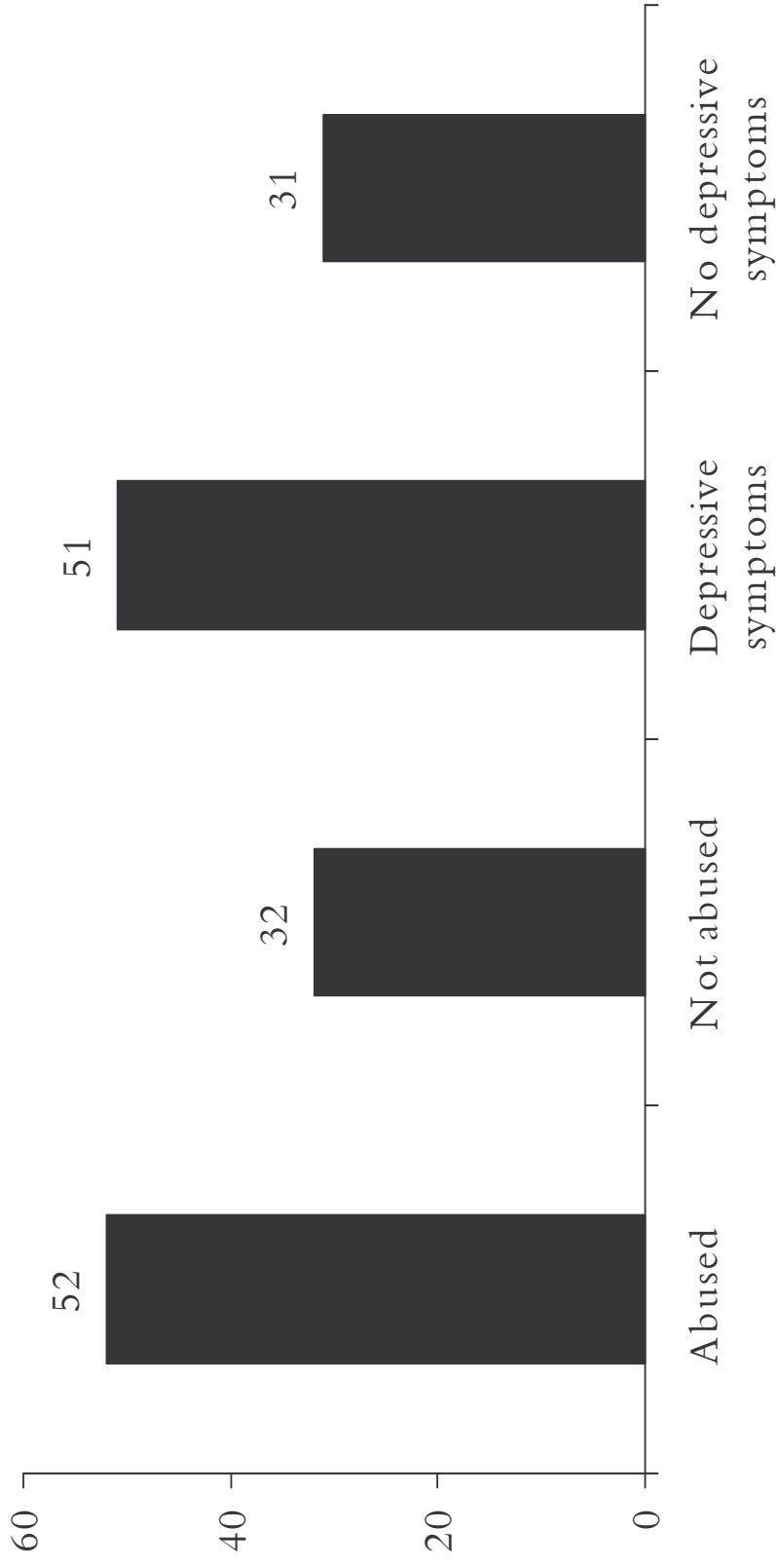
Gaps Exist Between What Girls Believe Doctors Should Discuss and What Doctors Have Discussed



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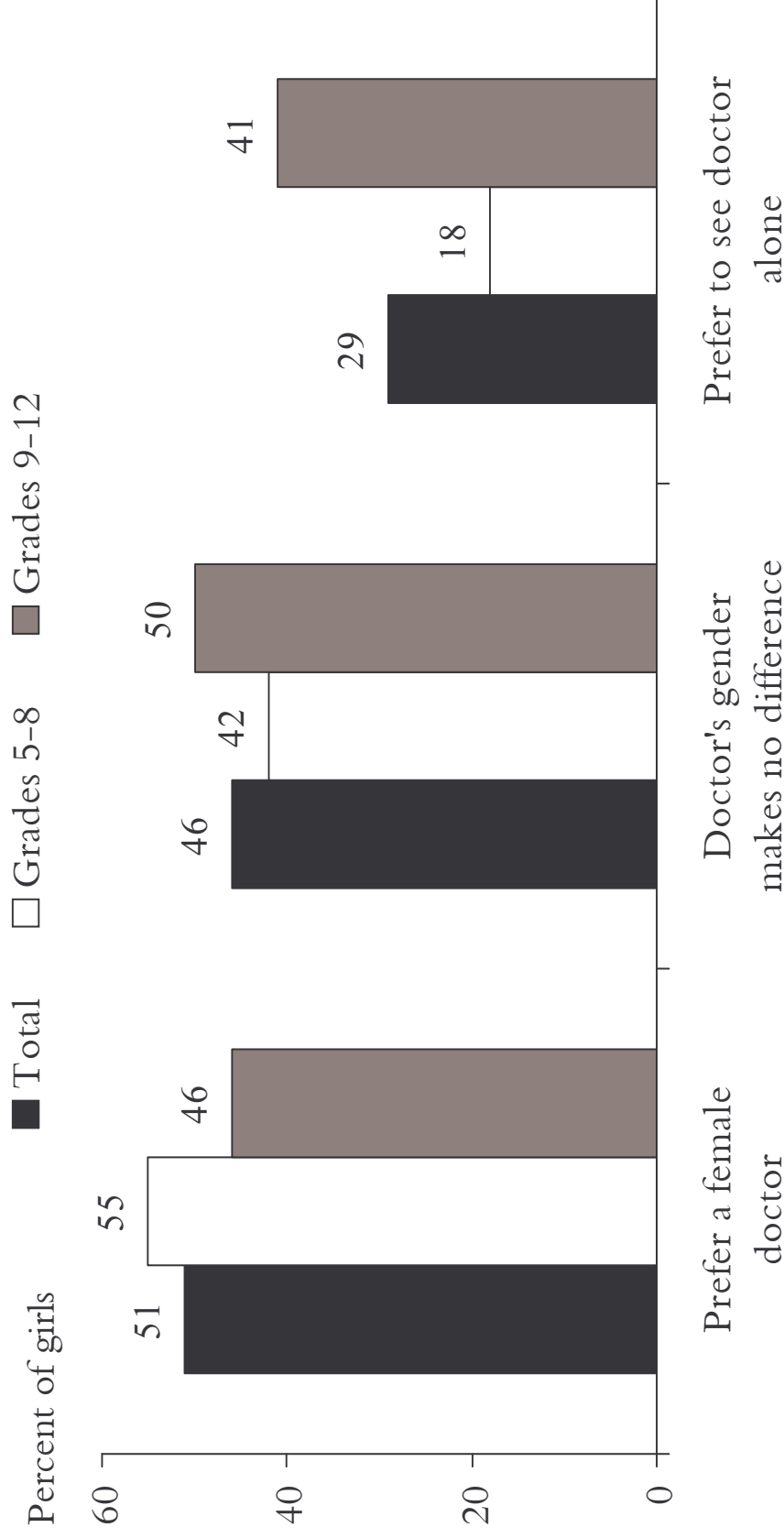
Abused Girls or Girls with Depressive Symptoms Often Embarrassed to Talk to Their Doctor

Percent of girls who have had a time when they were too embarrassed or uncomfortable to discuss problems with physicians



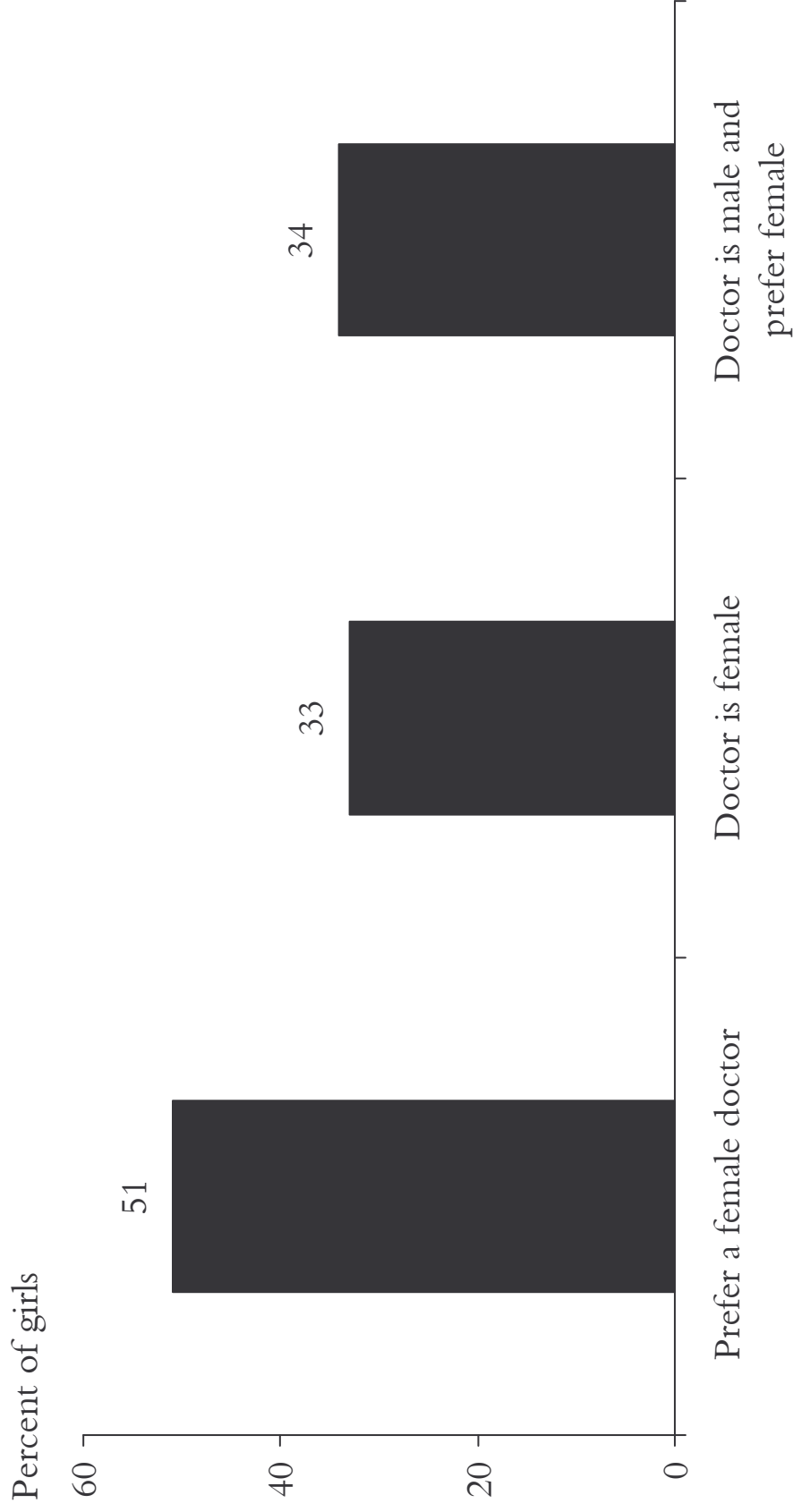
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Girls Often Prefer Female Doctors and Want to Talk Privately to Doctors, Without Parents



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Girls' Preferences for Doctors Are Not Always Met



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