

Figure 3. Part 2: The Visit and Beyond

**Implementation Guide for Depression Screening
Part 2 “The Visit and Beyond”**

WHAT	WHEN	WHO	HOW
<p>Assess</p> <p>1. Introduction</p> <p>2. Review</p>	<p>In exam room, distribute screener to the parent before s/he sees the provider</p> <p>Before going into the exam room or during the visit.</p>	<p>Nurse or MA performs this role</p> <p>Physician, NP, or other provider performs this role</p>	<p>1a. Explain the purpose of the screener to the parent</p> <p>1b. Make sure parent has a pen, and a place to write</p> <p>1c. Clip screener to chart or develop a method that ensures the health provider sees the completed screener</p> <p>2. Review and score the screener</p>
<p>Address & Agree</p> <p>1. Discuss Results</p> <p>2. Educate</p> <p>3. Discuss Current Situation</p> <p>4. Agree on a Plan of Action</p>	<p>During the visit</p>	<p>Physician, NP, or other provider performs these roles</p>	<p>1. Advise parent of negative or discuss positive screening results</p> <p>2. Discuss with parent the significance of a positive result and the impact of parental moods on his or her child</p> <p>3a. Talk with parent about stresses and issues that may influence his/her mood and also affect the child</p> <p>3b. Explore how the child is coping if parent has symptoms</p> <p>4. Jointly agree on what to do next (parent may not wish to take action)</p>
<p>Assist, Arrange & Address Again</p> <p>1. Discuss Referral Options</p> <p>2. Provide Referral</p> <p>3. Provide Information</p> <p>4. Record</p> <p>5. Arrange Referral</p> <p>6. Follow-up visit</p>	<p>During the visit</p> <p>At the end of the visit</p> <p>At the end of the visit</p> <p>At next visit</p>	<p>Physician, NP, or other provider performs these roles</p> <p>Designated staff member to perform this role</p>	<p>1. If parent thinks s/he might be depressed, discuss options for treatment/assistance</p> <p>2. Provide referrals as indicated</p> <p>3. Provide the parent with educational materials</p> <p>4. Record screening results and actions taken</p> <p>5. If necessary, arrange referral or contact referral provider</p> <p>6. Arrange to follow up with the parent during a specified time period, or at next visit inquire about how s/he is getting along and about the child's well-being</p>

Key: Provider = Blue Clinical Staff = Green Office Staff = Orange