



	Year ¹				Average annual change		
	2008	2014	2016	2018	2008-10	2014-16	2016-18
Employer-Sponsored Insurance Premium Costs							
Single coverage							
Oregon	\$4,384	\$5,707	\$5,974	\$6,441	8.8%	2.3%	3.8%
<i>United States</i>	\$4,386	\$5,832	\$6,101	\$6,715	6.1%	2.3%	4.9%
Family coverage							
Oregon	\$12,585	\$16,330	\$17,127	\$18,977	4.5%	2.4%	5.3%
<i>United States</i>	\$12,298	\$16,655	\$17,710	\$19,565	6.2%	3.1%	5.1%
Employee Contribution to Premium Costs							
Single coverage							
Oregon	\$612	\$914	\$1,028	\$1,061	17.7%	6.1%	1.6%
<i>United States</i>	\$882	\$1,234	\$1,325	\$1,427	7.6%	3.6%	3.8%
Family coverage							
Oregon	\$3,297	\$4,555	\$4,200	\$5,913	8.6%	-4.0%	18.7%
<i>United States</i>	\$3,394	\$4,518	\$4,956	\$5,431	4.7%	4.7%	4.7%
Combined average ² (% of median income)							
Oregon	\$2,513	\$3,542	\$3,326	\$4,505	9.6%	-3.1%	16.4%
	(4.8%)	(7.1%)	(5.6%)	(6.8%)			
<i>United States</i>	\$2,715	\$3,683	\$4,050	\$4,396	4.7%	4.9%	4.2%
	(5.1%)	(6.6%)	(6.7%)	(6.8%)			
Employee Deductible Costs							
Single coverage ³							
Oregon	\$751	\$1,274	\$1,950	\$1,954	19.1%	23.7%	0.1%
<i>United States</i>	\$869	\$1,353	\$1,696	\$1,846	8.6%	12.0%	4.3%
Combined average ² (% of median income)							
Oregon	\$1,303	\$2,265	\$3,426	\$2,944	21.1%	23.0%	-7.3%
	(2.5%)	(4.5%)	(5.8%)	(4.4%)			
<i>United States</i>	\$1,445	\$2,313	\$2,726	\$2,992	8.9%	8.6%	4.8%
	(2.7%)	(4.1%)	(4.5%)	(4.7%)			
Total Potential Out-of-Pocket Costs (Employee Contribution + Deductible)							
Combined average ² (% of median income)							
Oregon	\$3,816	\$5,807	\$6,752	\$7,449	13.6%	7.8%	5.0%
	(7.3%)	(11.6%)	(11.3%)	(11.3%)			
<i>United States</i>	\$4,160	\$5,995	\$6,776	\$7,388	6.2%	6.3%	4.4%
	(7.8%)	(10.7%)	(11.3%)	(11.5%)			

Notes: 1. Additional data available in report appendix. 2. Single and family premium, contribution, and deductible costs are weighted to the state distribution of single and family households. 3. Only single deductibles are included since family plans typically use this rate per family member.

Data: Medical Expenditure Panel Survey-Insurance Component (MEPS-IC), 2008-2018; Current Population Survey (CPS), 2008-2019.

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