More than half of the population under age 65 has coverage through an employer; there has been little change since the ACA became law.

Employer-sponsored insurance (ESI) coverage (%), 0-to-64-year-olds, 2012–2020

Note: Employer-sponsored insurance (ESI) estimates include single employer-sponsored insurance and dependent employer-sponsored insurance.


While nearly all large firms offer health benefits to at least some workers, smaller firms are significantly less likely to do so.

* Estimate is statistically different from estimate for the previous year shown (p < .05).

Note: Estimates are based on the sample of both firms that completed the entire survey and those that answered just one question about whether they offer health benefits.


Workers in industries hardest hit by the pandemic were the least likely to have coverage through their own jobs.

Percentage of workers with employer sponsored insurance (ESI) coverage in own name, by industry, 2020

- Accommodation & food services: 25%
- Retail trade: 40%
- Health care & social assistance: 54%
- Professional/Scientific/Technical services: 58%
- Manufacturing: 66%
- Finance and insurance: 68%


Six percent of adults reported that they lost employer coverage because of job loss related to the pandemic; 67 percent gained other coverage.

* Includes respondents who lost coverage through their own lost or furloughed job, or through a spouse’s, partner’s, or parent’s lost or furloughed job.

Note: Pie may not sum to 100% because of rounding and unknown respondents.


For a majority of adults who lost employer health insurance during the pandemic, coverage gaps were brief.

Percentage of adults ages 19–64 who lost coverage through their own lost or furloughed job, or through a spouse’s, partner’s, or parent’s lost or furloughed job, did not get coverage through COBRA

- 3 months or less: 54%
- 4–6 months: 18%
- 7–11 months: 11%
- 1 year or longer: 16%


Cumulative change in utilization, average price, and per-person spending, 2015–2019

Notes: Utilization and average prices account for changes in the type or intensity of services used, with the exception of prescription drugs. Prescription drug spending is the amount paid on the pharmacy claim, which reflects discounts from the wholesale price, but not manufacturer rebates.

Higher prices are associated with higher employer premiums.

Source: David C. Radley, Sara R. Collins, and Jesse C. Baumgartner, 2020 Scorecard on State Health System Performance (Commonwealth Fund, Sept. 2020).
Workers’ premium contributions and deductibles increase with overall spending growth, adding up to 11.6 percent of median income in 2020.

Note: Combined estimates of single and family premium contributions and deductibles are weighted for the distribution of single-person and family households in the state.


The number of states where workers spend 10 percent or more of median income on premiums and deductibles has grown over the decade.

Average employee share of premium plus average deductible as a percentage of median state incomes

- **6.1%–9.9%** (40 states + D.C.)
  - **10.0%–11.0%** (7 states)
  - **12.0%–13.2%** (3 states)
- **7.6%–9.9%** (18 states + D.C.)
  - **10.0%–11.9%** (16 states)
  - **12.0%–15.6%** (16 states)
- **7.7%–9.9%** (13 states + D.C.)
  - **10.0%–11.9%** (14 states)
  - **12.0%–19.0%** (23 states)

Note: Combined estimates of single and family premium contributions and deductibles are weighted for the distribution of single-person and family households in the state.


Workers in states with lower median incomes face higher combined premium contributions and deductibles.

Combined premium contribution + deductible ($)

Note: Bubbles are proportionate to the States’ population. Lines represent the average among the associated group of states, weighted by population.

Covered workers in firms with many lower-wage workers contribute more toward their premium than workers in firms with few lower-wage workers.

Average percentage of family premium paid by covered workers, by firm characteristics, 2020

- Few lower-wage workers: 26%
- Many lower-wage workers: 38%
- Many higher-wage workers: 23%
- Few higher-wage workers: 31%
- Firm has union workers: 20%
- Firm has no union workers: 31%

Note: Small firms have 3–199 workers and large firms have 200+ workers. Firms with many lower-wage workers are those where at least 35% earn the 25th percentile or less of national earnings ($26,000 in 2020). Firms with many higher-wage workers are those where at least 35% earn the 75th percentile or more of national earnings ($64,000 in 2020). Firms with older workers are those where at least 35% of the workers are age 50 or older. Firms with many younger workers are those where at least 35% of workers are age 26 or younger.


Workers spent 8 percent or more of median income on premium contributions in 13 states.

Note: Single and family premium contributions are weighted for the distribution of single-person and family households in the state.


One-quarter of adults in employer plans are underinsured; the individual market continues to be challenging.

Percentage of adults ages 19–64 insured all year who were underinsured

Notes: “Underinsured” refers to adults who were insured all year but experienced one of the following: out-of-pocket costs, excluding premiums, equaled 10% or more of income; out-of-pocket costs, excluding premiums, equaled 5% or more of income if low-income (<200% of poverty); or deductibles equaled 5% or more of income. Respondents may have had another type of coverage at some point during the year but had coverage for the entire previous 12 months. ^ For 2014–2020, individual coverage includes adults who got coverage in the individual market and the marketplaces.


Deductibles have grown faster than income, taking up larger shares of household budgets, and leaving more people underinsured.

| Percentage of adults ages 19–64 with private coverage who had deductibles that were 5% or more of income |
|-------------------------------------------------|---|---|---|---|---|---|
| Total | 7 | 11 | 13 | 15 | 16 | 15 |
| Insurance source at time of survey* |
| Employer-provided coverage | 6 | 9 | 11 | 13 | 15 | 14 |
| Individual and marketplace coverage^ | 18 | 29 | 22 | 24 | 23 | 27 |
| Firm size (base: full- or part-time workers with coverage through their own employer)^^^ |
| 2–99 employees | 7 | 15 | 20 | 13 | 18 | 16 |
| 100 or more employees | 5 | 6 | 9 | 13 | 14 | 14 |

* Respondents may have had another type of coverage at some point during the year. ^ For 2014–2020, individual coverage includes adults who got coverage in the individual market and the marketplaces. ^^^ Does not include adults who are self-employed.


Average deductibles were 5 percent or more of median income in 22 states.


Exhibit 15

Note: Single and family deductibles are weighted for the distribution of single-person and family households in the state.

About 3 of 10 workers with employer coverage are enrolled in a high-deductible health plan with a savings option, either an HRA or HSA.

Note: Small firms have 3–199 workers and large firms have 200+ workers. HMO = health maintenance organization; PPO = preferred provider organization; POS = point-of-service plan; HDHP/SO = high-deductible health plan with a savings option, such as a health reimbursement arrangement (HRA) or health savings account (HSA).

Adjusted for HRA/HSA contributions

General annual deductible ≥ $1,000

Adjusted for HRA/HSA contributions

Note: Small firms have 3–199 workers and large firms have 200+ workers. These estimates include workers enrolled in high-deductible health plans with a savings option and other plan types. Average general annual deductibles are for in-network providers.

People with higher deductibles more frequently report financial problems because of medical bills or delaying care because of cost.

Percentage of adults ages 19–64 with private coverage who were insured all year and said “yes” to any of the following happening to them in the past two years*

<table>
<thead>
<tr>
<th>Percentage of adults ages 19–64 with private coverage who were insured all year and said “yes” to any of the following happening to them in the past two years*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deductible &lt;$1,000</td>
</tr>
<tr>
<td>Any bill problem or medical debt**</td>
</tr>
<tr>
<td>Took on credit card debt because of medical bills***</td>
</tr>
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</tr>
<tr>
<td>Took on credit card debt because of medical bills***</td>
</tr>
</tbody>
</table>

* Base is those with private coverage who specified their deductibles. ** Includes any of the following: had problems paying or unable to pay medical bills; contacted by collection agency for unpaid medical bills; had to change way of life to pay bills; medical bills/debt being paid over time. *** Base is limited to those who said they had a medical bill problem or debt. ^ Includes any of the following because of cost: did not fill a prescription; skipped recommended medical test, treatment, or follow-up; had a medical problem but did not visit doctor or clinic; did not see a specialist when needed. ^^ Health problems include hypertension or high blood pressure, heart failure or heart attack, diabetes, asthma, emphysema, lung disease, high cholesterol, or depression, anxiety or other mental health problem.

Data: Commonwealth Fund Biennial Health Insurance Survey (2020).
One-third of adults with employer coverage reported problems paying medical bills or that they were paying off medical debt over time.

Percentage of adults ages 19–64 who had medical bill or debt problems in the past year

- All: 38%
- Uninsured: 50%
- Medicare: 49%
- Medicaid: 40%
- Employer-based: 34%
- Individual/marketplace: 46%


Medical bill problems lead to a number of other financial problems.

Percentage of adults ages 19–64 with employer coverage in 2021 who had the following financial problems in the past two years because of medical bill problems or debt:

<table>
<thead>
<tr>
<th>Problem</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Received a lower credit score</td>
<td>40%</td>
</tr>
<tr>
<td>Taken on credit card debt</td>
<td>40%</td>
</tr>
<tr>
<td>Used up most or all of your savings</td>
<td>35%</td>
</tr>
<tr>
<td>Been unable to pay for basic necessities like food, heat, or rent</td>
<td>23%</td>
</tr>
<tr>
<td>Delayed education or career plans</td>
<td>21%</td>
</tr>
</tbody>
</table>

^ Base: Respondents who reported at least one of the following medical bill problems in the past 12 months: had problems paying medical bills, contacted by a collection agency for unpaid bills, had to change way of life in order to pay medical bills, or has outstanding medical debt.

One-quarter of people with low incomes in employer plans who are not eligible for Medicaid in their states spend more than 8.5 percent of their income on premium contributions.

**Exhibit 21**

Percentage of people with employer coverage where more than 8.5 percent of household income goes toward after-tax premium contributions

<table>
<thead>
<tr>
<th>FPL Level</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>6%</td>
</tr>
<tr>
<td>0%–199% FPL</td>
<td>26%</td>
</tr>
<tr>
<td>200%–399% FPL</td>
<td>9%</td>
</tr>
<tr>
<td>400%–599% FPL</td>
<td>3%</td>
</tr>
<tr>
<td>600%+ FPL</td>
<td>1%</td>
</tr>
</tbody>
</table>

Notes: FPL = federal poverty level. People below 138% FPL in states that have expanded Medicaid are excluded from the analysis sample.
