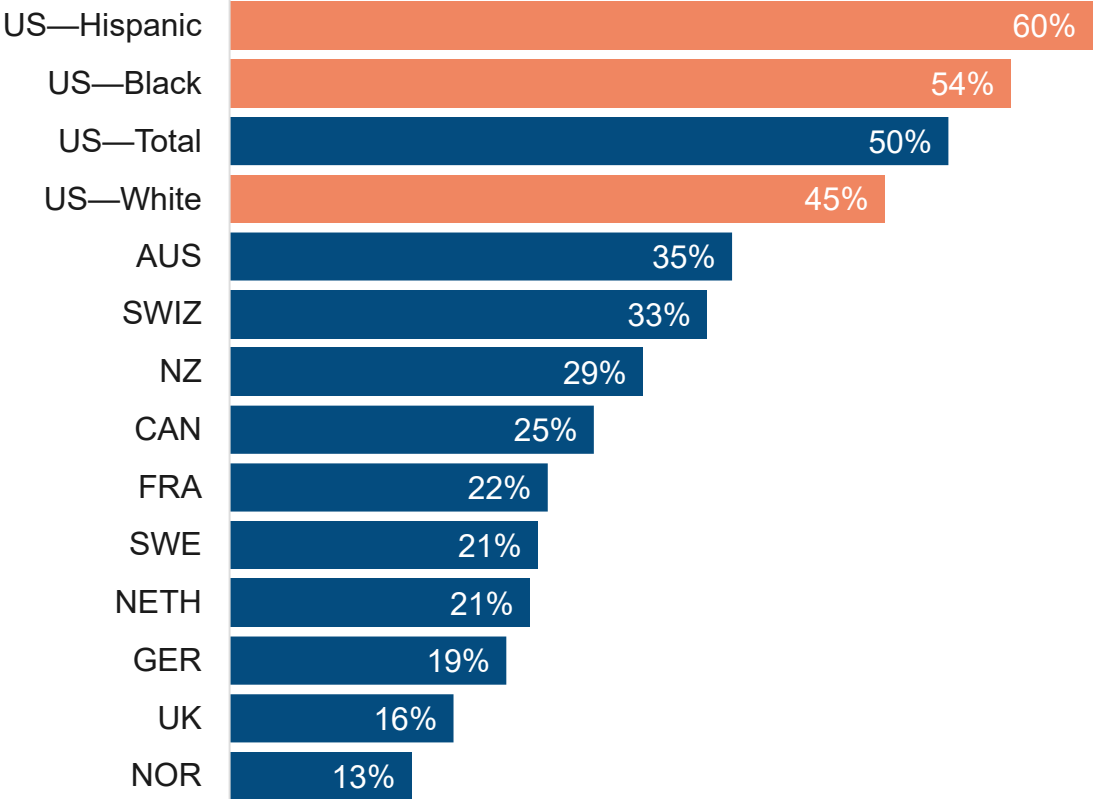


Exhibit 1. Black and Hispanic Americans Were Most Likely to Report Cost-related Problems Accessing Health Care

Percentage of adults age 18+ with a mental health need who reported any cost-related access problem



Cost-related access problem: Respondent either 1) had a medical problem but did not consult with or visit a doctor because of the cost, 2) skipped a medical test, treatment, or follow-up that was recommended by a doctor because of the cost, or 3) did not fill or collect a prescription for medicine or skipped doses of their medicine because of the cost.

Population: Among respondents who reported they had ever been told they had depression, anxiety, or other mental health conditions, or said there was a time in the past 12 months they wanted to talk with a health care professional about their mental health.

Data: 2020 Commonwealth Fund International Health Policy Survey.



Exhibit 2. Continuum of Physical and Behavioral Health Care Integration

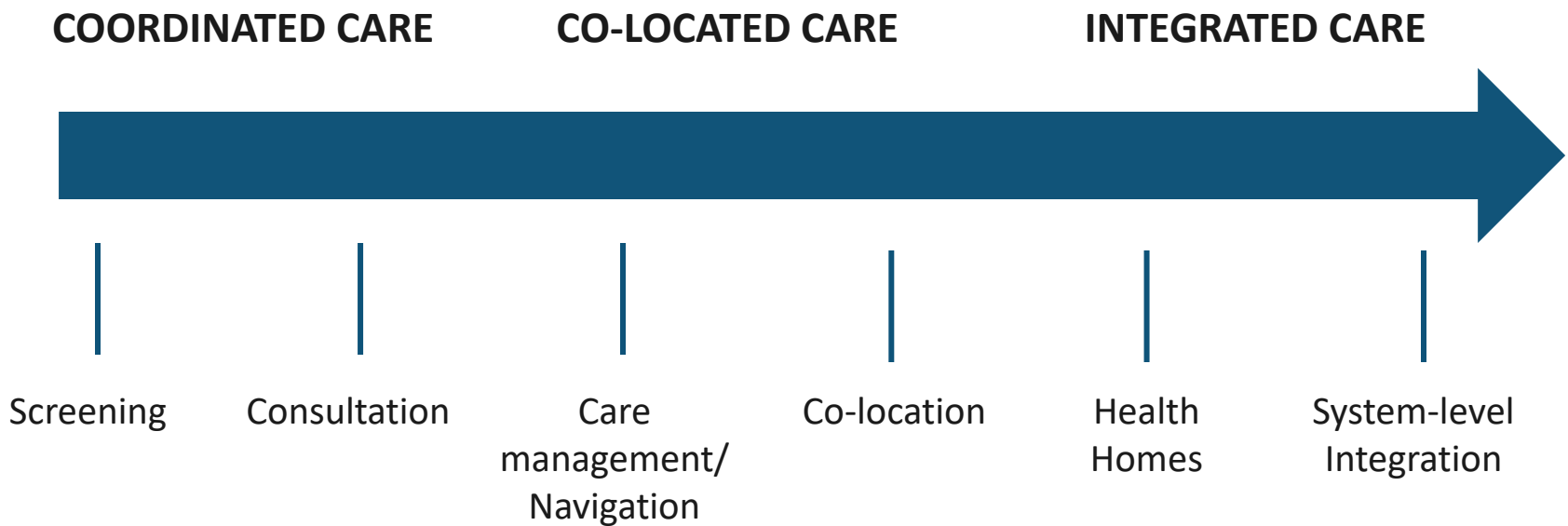


Exhibit 3. Spectrum of Payment Models

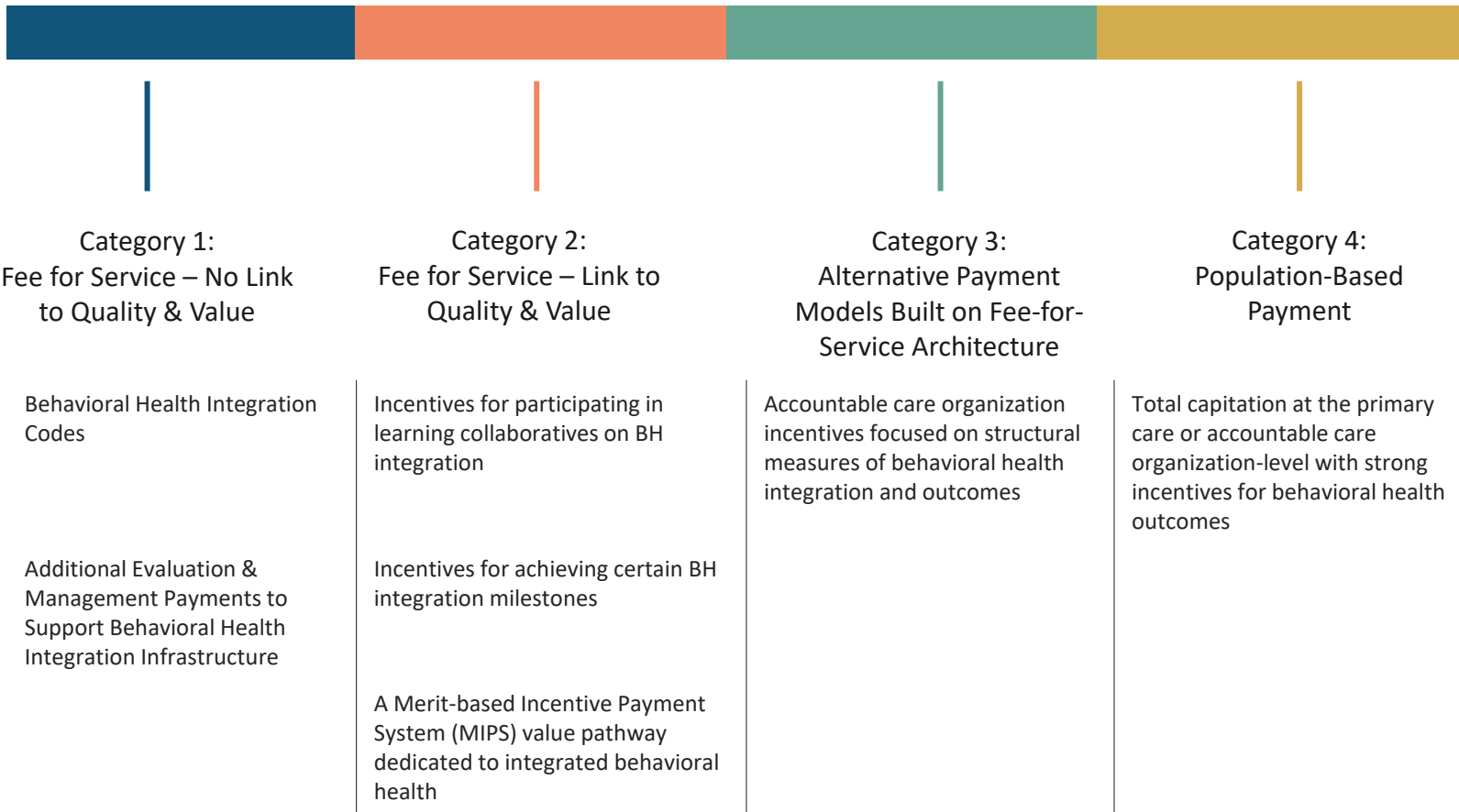


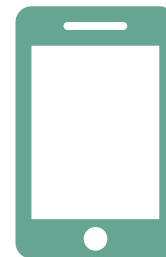
Exhibit 4. Lessons Learned from Other Countries' Approaches to Expanding Mental Health Services



**Treat
mild-to-moderate
symptoms**



**Integrate
physical and mental
health care**



**Use digital
technology to make
care convenient**



**Address the
social determinants
of mental health**