The following appendix table is part of a Commonwealth Fund issue brief, Faith Leonard et al., Traditional Medicare or Medicare Advantage: How Older Americans Choose and Why (Commonwealth Fund, Oct. 2022), https://www.commonwealthfund.org/publications/issue-briefs/2022/oct/traditional-medicare-or-advantage-how-older-americans-choose.

Medicare Plan Choice by Demographics, 2022

Base: adults age 65+ enrolled in Medicare

	Total	Medicare Coverage Type (65+ only)*			Gender**		Age Group***	
	All Medicare beneficiaries, 65+	Medicare Advantage	Traditional Medicare (no supplement)	Traditional Medicare + Supplemental Coverage	Male	Female	Age 65 to 74	Age 75 or older
	100%	53%	16%	31%	45%	55%	67%	33%
Percent distribution	1 605	922	278	503	000	706	1 101	405
Unweighted n BASE	1,605 1.605	822 1.605	278 1.605	1.605	808 1.605	796 1.605	1,104 1.605	495 1.605
DASE	1,005	1,005	1,000	1,005	1,003	1,005	1,005	1,005
Base: Medicare beneficiaries 65+ enrolled in Medicare Advantage	822	822	Ø	Ø	395	426	583	238
MED1. Main reason chose Medicare Advantage Plan								
Your or your spouse/partner's former employer offers it	11%	11%	Ø	Ø	10%	12%	9%	16%
More benefits	24%	24%	Ø	Ø	24%	24%	26%	21%
Limit on what you had to spend out of pocket	20%	20%	Ø	Ø	22%	19%	22%	15%
Help managing your health care	8%	8%	Ø	Ø	9%	7%	9%	5%
Maintain the same insurer as when you were employed	9%	9%	Ø	Ø	10%	8%	9%	9%
Recommended by your doctor	3%	3%	Ø	Ø	2%	4%	3%	2%
Recommended by other people you trust	15%	15%	Ø	Ø	16%	15%	14%	17%
Lower costs	1%	1%	Ø	Ø	0%	2%	0%	4%
Provider network	1%	1%	Ø	Ø	2%	1%	1%	2%
Some other reason	6%	6%	Ø	Ø	4%	7%	6%	5%
Don't know	1%	1%	Ø	Ø	1%	1%	1%	2%
Refused/Web blank	0%	0%	Ø	Ø	0%	1%	0%	1%
Base: Medicare beneficiaries 65+ not enrolled in Medicare Advantage	783	Ø	278	503	413	370	521	257
MED2. Main reason for not choosing a Medicare Advantage plan								
Greater choice in doctors, hospitals, and other health care providers	40%	Ø	22%	50%	45%	36%	39%	42%
Greater choice in drug coverage	2%	Ø	3%	1%	2%	2%	3%	0%
Recommended by your doctor	1%	Ø	2%	1%	1%	2%	1%	2%
Recommended by other people you trust	9%	ø	4%	12%	7%	11%	10%	8%
Employer provided continuing coverage	7%	ø	6%	7%	4%	9%	7%	6%
Have supplemental insurance	4%	ø	7%	3%	5%	3%	5%	3%
VA Healthcare/TRI-CARE for Life	6%	ø	9%	4%	11%	2%	4%	9%
Lower cost	4%	ø	10%	1%	4%	4%	4%	4%
Better coverage	3%	ø	3%	2%	2%	3%	3%	2%
Don't need Medicare Advantage	3%	ø	5%	2%	2%	5%	3%	4%
Traditional Medicare was the default	3%	ø	5%	3%	3%	4%	4%	3%
Not eligible for Medicare Advantage	2%	ø	3%	2%	1%	3%	3%	0%
Some other reason	10%	Ø	13%	8%	8%	12%	9%	11%
Don't know	5%	ø	7%	3%	4%	5%	4%	6%
Refused/Web blank	1%	ø	1%	1%	1%	0%	0%	2%
Base: Medicare beneficiaries 65+ enrolled in Medicare Advantage or who have Traditional Medicare and a Supplemental Plan ¥	1,043	673	Ø	370	488	555	916	122
MED3. What helped you sort through your choices? ¥¥								
Friends and family	18%	20%	Ø	14%	19%	17%	19%	14%
Insurance brokers	31%	31%	Ø	30%	31%	31%	31%	31%
advertisement on TV or somewhere else	6%	7%	Ø	3%	7%	5%	5%	12%
state health insurance assistance program	4%	4%	Ø	5%	4%	4%	4%	8%
Medicare hotline (1-800-Medicare) or Medicare.gov	8%	9%	Ø	5%	8%	8%	7%	11%
Did not receive help	40%	37%	Ø	45%	41%	40%	41%	37%
Don't know	2%	2%	Ø	1%	0%	2%	2%	2%
Refused/Web blank	0%	0%	Ø	0%	0%	0%	0%	0%

NOTES

- * = Self-reported Medicare coverage type at time of survey. Two respondents did not know or refused to provide their coverage type.
- ** = One respondent either did not know or refused to provide their gender.
- *** = Six respondents either did not know or refused to provide their age.
- **** = There was only sufficient sample size to analyze Black-white differences on this variable; 192 respondents selected another race/ethnicity, such as Latino/Hispanic (142 respondents), Asian or Pacific Islander (30 respondents), and Other/Mixed (20 respondents). Twelve respondents did not know or refused to provide race/ethnicity.
- ¥ = Base: Enrolled in Medicare Advantage or Medigap/ supplemental and age 65-75 OR over age 75 and have had current insurance for less than three years.
- ¥¥ = Respondents could select more than one option, sum of percentages will exceed 100%.
- \emptyset = No data.
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DATA

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Medicare Plan Choice by Demographics, 2022 (continued)

Base: adults age 65+ enrolled in Medicare

	Race/Ethnicity			** Poverty Status						
	White	Black	Dual 65+	Not dually eligible	Income Below 100% FPL	Income 100%- <200% FPL	Income 200%- <400% FPL	Income 400% FPL or greater		
	79%	9%	11%	89%	15%	22%	31%	31%		
Percent distribution	4.400	005	470	4 400	000	200	540	504		
Unweighted n BASE	1,196	205 1.605	179 1.605	1,426 1.605	200	322	519 1.605	564 1.605		
DAGE	1,605	1,605	1,605	1,605	1,605	1,605	1,605	1,605		
Base: Medicare beneficiaries 65+ enrolled in Medicare Advantage	574	127	105	717	125	189	269	239		
MED1. Main reason chose Medicare Advantage Plan										
Your or your spouse/partner's former employer offers it	13%	9%	3%	12%	1%	4%	13%	23%		
More benefits	21%	32%	32%	23%	36%	24%	21%	20%		
Limit on what you had to spend out of pocket	21%	13%	8%	22%	12%	22%	23%	20%		
Help managing your health care	6%	10%	7%	8%	10%	11%	5%	5%		
Maintain the same insurer as when you were employed	10%	8%	2%	10%	1%	6%	13%	12%		
Recommended by your doctor	4%	0%	2%	3%	4%	4%	2%	2%		
Recommended by other people you trust	16%	14%	24%	14%	14%	16%	17%	13%		
Lower costs	2%	0%	0%	2%	3%	0%	2%	2%		
Provider network	1%	2%	0%	1%	0%	2%	2%	0%		
Some other reason	5%	6%	16%	4%	11%	9%	2%	3%		
Don't know	1%	3%	5%	1%	5%	1%	0%	0%		
Refused/Web blank	0%	4%	1%	0%	2%	0%	0%	0%		
Base: Medicare beneficiaries 65+ not enrolled in Medicare Advantage	622	78	74	709	75	133	250	325		
MED2. Main reason for not choosing a Medicare Advantage plan										
Greater choice in doctors, hospitals, and other health care providers	42%	_	_	43%	_	30%	39%	54%		
Greater choice in drug coverage	1%	_	_	2%	_	0%	2%	2%		
Recommended by your doctor	1%	_	_	1%	_	0%	1%	1%		
Recommended by other people you trust	10%	_	_	10%	_	18%	9%	7%		
Employer provided continuing coverage	7%	_	_	7%	_	4%	7%	9%		
Have supplemental insurance	4%	_	_	4%	_	5%	3%	5%		
VA Healthcare/TRI-CARE for Life	6%	_	_	6%	_	7%	8%	4%		
Lower cost	4%	_	_	4%	_	6%	6%	1%		
Better coverage	2%	_	_	2%	_	3%	1%	2%		
Don't need Medicare Advantage	3%	_	_	3%	_	2%	5%	2%		
Traditional Medicare was the default	3%	_	_	3%	_	7%	4%	1%		
Not eligible for Medicare Advantage	2%	_	_	2%	_	1%	2%	3%		
Some other reason	9%	_	_	9%	_	12%	10%	4%		
Don't know	4%			3%		4%	2%	2%		
Refused/Web blank	1%	_	_	1%	_	1%	0%	1%		
Base: Medicare beneficiaries 65+ enrolled in Medicare Advantage or who										
have Traditional Medicare and a Supplemental Plan ¥	757	149	94	949	125	203	344	371		
MED3. What helped you sort through your choices? \										
Friends and family	17%	16%	_	18%	28%	22%	16%	13%		
Insurance brokers	33%	27%	_	31%	31%	28%	34%	29%		
advertisement on TV or somewhere else	5%	12%	_	5%	12%	9%	6%	2%		
state health insurance assistance program	4%	5%	_	4%	6%	4%	6%	2%		
Medicare hotline (1-800-Medicare) or Medicare.gov	7%	12%	_	7%	12%	14%	6%	3%		
Did not receive help	41%	38%	_	41%	24%	30%	39%	56%		
Don't know	1%	2%	_	1%	3%	3%	1%	1%		
Refused/Web blank	0%	0%	_	0%	0%	0%	0%	0%		
Notaged/ Neb bid/IN	0 /0	0 /0	_	0 /0	0 /0	0 /0	0 /0	0 /0		

NOTES

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Medicare Plan Choice by Demographics, 2022 (continued)

Base: adults age 65+ enrolled in Medicare

	Health Status							
	Poor/Fair Health or Chronic Conditions (SICKER)	NOT Sicker	Poor/Fair (Q64BOT)	Good health status	Excellent/very good health status (Q64TOP)	Refused / Left blank 1%		
Percent distribution	85%	15%	24%	36%				
Unweighted n	1.385	220	365	582	645	13		
BASE	1,605	1,605	1,605	1,605	1,605	1,605		
Base: Medicare beneficiaries 65+ enrolled in Medicare Advantage	726	96	200	291	322	9		
MED1. Main reason chose Medicare Advantage Plan								
Your or your spouse/partner's former employer offers it	11%	_	8%	7%	17%	_		
More benefits	25%	_	25%	25%	23%	_		
Limit on what you had to spend out of pocket	19%	_	23%	17%	22%	_		
Help managing your health care	8%	_	9%	8%	5%	_		
Maintain the same insurer as when you were employed	9%	_	5%	10%	11%	_		
Recommended by your doctor	3%	_	2%	3%	3%	_		
Recommended by other people you trust	15%	_	15%	17%	14%	_		
Lower costs	1%	_	1%	3%	1%	_		
Provider network	1%		1%	2%	1%			
Some other reason	6%		10%	7%	2%			
Don't know	1%	_	1%	1%	1%	_		
Refused/Web blank	1%	_	0%	1%	0%	_		
Base: Medicare beneficiaries 65+ not enrolled in Medicare Advantage	659	124	165	291	323	4		
MED2. Main reason for not choosing a Medicare Advantage plan	000		.00	20.	020			
Greater choice in doctors, hospitals, and other health care providers	40%	40%	34%	42%	42%	_		
Greater choice in drug coverage	2%	0%	4%	2%	1%	_		
Recommended by your doctor	2%	1%	4%	1%	0%	_		
Recommended by other people you trust	10%	7%	8%	9%	10%	_		
Employer provided continuing coverage	6%	8%	1%	7%	9%			
Have supplemental insurance	4%	4%	5%	4%	4%			
VA Healthcare/TRI-CARE for Life	4 % 6%	3%	8%	7%	4%	_		
Lower cost	4%	3%	5%	4%	3%	_		
	2%	5%	1%	3%	3%	_		
Better coverage	3%	5% 6%	0%	3%	5% 5%	_		
Don't need Medicare Advantage	3% 4%	0% 2%	6%	3% 2%	5% 3%	_		
Traditional Medicare was the default	.,.	-/-	- / -	-/-	- / -	_		
Not eligible for Medicare Advantage	2% 10%	2% 12%	1% 14%	2% 7%	3% 10%	_		
Some other reason						_		
Don't know Refused/Web blank	5% 1%	5% 2%	9% 1%	5% 0%	2% 2%	_		
Base: Medicare beneficiaries 65+ enrolled in Medicare Advantage or who	000	444	005	074	400	0		
have Traditional Medicare and a Supplemental Plan ¥	899	144	235	371	428	9		
MED3. What helped you sort through your choices? \\								
Friends and family	18%	18%	20%	17%	17%	_		
Insurance brokers	31%	31%	18%	38%	33%	_		
advertisement on TV or somewhere else	5%	9%	9%	6%	4%	_		
state health insurance assistance program	4%	3%	6%	5%	2%	_		
Medicare hotline (1-800-Medicare) or Medicare.gov	9%	3%	15%	4%	7%	_		
Did not receive help	39%	46%	38%	39%	43%	_		
Don't know	2%	0%	2%	2%	1%	_		
Refused/Web blank	0%	0%	0%	0%	0%	_		
TOTOGOU/ WOOD DIGHTN	0 /0	0 /0	0 /0	0 /0	0 /0	_		

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