

How well is **MEDICARE** working for beneficiaries in

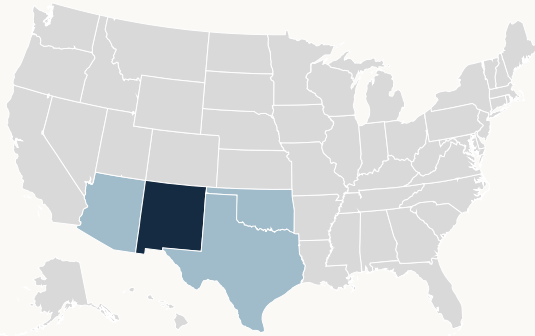
New Mexico

**The
Commonwealth
Fund**

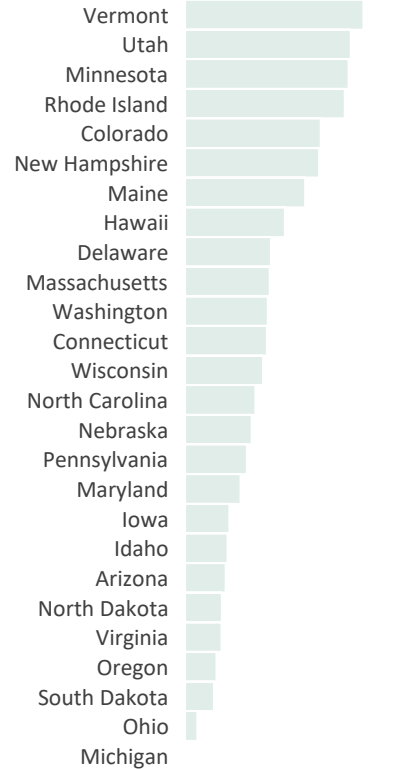
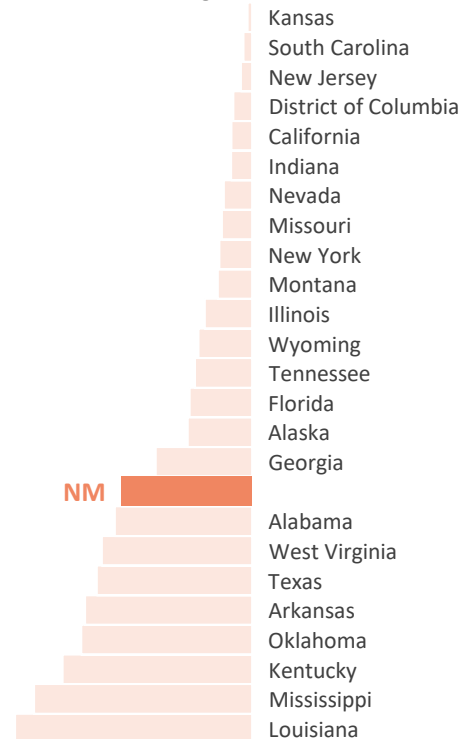
Medicare is a federal program that should be uniform across the country — but the experience of beneficiaries varies depending on where they live. See the latest performance data for your state.

New Mexico ranks #43 overall.

	National rank	Rank among Southwestern states
Overall	43 of 51	2 of 4
Access to Care	51	4
Quality of Care	17	1
Costs and Affordability	9	1
Population Health	43	2



Note: Southwest region includes AZ, NM, OK, TX.

How New Mexico compares to all states*Better-than-average overall performance**Worse-than-average overall performance***The Medicare Population in New Mexico**

	New Mexico	United States ^a
State population enrolled in Medicare	21.9%	19.8%
Population age 65 and older	429,233	61,245,283
Share of beneficiaries age 85 and older	9.8%	10.8%
Beneficiaries enrolled in Medicare Advantage	49.6%	50.4%
Median household income over age 65	\$54,478	\$59,648
Older adults with income at or near federal poverty level	22.6%	18.9%
Beneficiaries receiving Low-Income Subsidy	24.8%	20.1%

Table 1. Medicare Performance Indicators

Dimension and indicator	Data year	State rate	U.S. average ^a	Best state rate	State rank
Access to Care					
2025 Scorecard					
Adults age 65 and older who had a routine checkup in the past two years	2024	94.1%	97.1%	99.2%	47
Medicare Advantage plans within a state that require prior authorization for specialist doctor visits or preventive care	2025	64.6%	48.3%	8.3%	47
Adults age 65 and older who did not have at least one person they think of as their personal health care provider	2024	12.0%	4.0%	1.9%	50
Adults age 65 and older without a dental visit in the past year	2024	29.2%	28.2%	19.1%	32
Medicare beneficiaries with a home health referral who received home health services within seven days of hospital discharge	2022	42.6%	51.5%	62.9%	47
Quality of Care					
2025 Scorecard					
Medicare beneficiaries age 65 and older who received at least one drug that should be avoided in the elderly	2023	20.2%	21.2%	17.4%	12
Hospital admissions for ambulatory care—sensitive conditions among Medicare beneficiaries, per 1,000 beneficiaries	2023	18.9	26.4	13.9	8
Potentially avoidable emergency department visits, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2023	164.1	155.2	126.4	38
30-day hospital readmissions among Medicare beneficiaries, per 1,000 beneficiaries	2023	24.3	37.5	18.6	9
Risk-adjusted 30-day mortality among Medicare beneficiaries age 65 and older hospitalized for heart attack, heart failure, pneumonia, or stroke	07/2020 - 06/2023	15.5%	14.4%	12.3%	44
Short-stay nursing home residents readmitted within 30 days of hospital discharge to nursing home	10/2023 - 09/2024	24.5%	25.0%	13.0%	31
Patient safety and adverse hospital events composite measure (PSI-90; lower is better)	07/2021 - 06/2023	28	36	16	10
Adults age 65 and older with an injurious fall in the past year	2023	37.7%	38.7%	28.8%	24
Long-stay nursing home residents who received an antipsychotic medication	01/2024 - 12/2024	12.3%	14.6%	7.5%	11
Long-stay nursing home residents with pressure sores	01/2024 - 12/2024	6.1%	5.5%	3.9%	35
Adults age 65 and older who have ever received a pneumonia vaccine	2024	70.2%	70.3%	76.4%	34
Adults age 65 and older who received a flu vaccine in the past year	2024	64.5%	62.8%	73.1%	20
Adults age 65 and older who received a COVID vaccine between August 2024 and March 2025	08/2024 - 03/2025	39.7%	43.4%	54.7%	13

Table 1. Medicare Performance Indicators (cont.)

Dimension and indicator	Data year	State rate	U.S. average ^a	Best state rate	State rank
Costs and Affordability					
2025 Scorecard					
Adults age 65 and older who went without care because of cost in the past year	2024	4.7%	3.8%	1.6%	42
Medicare beneficiaries average out-of-pocket spending on Part D drugs	2023	\$283	\$386	\$216	5
Total share of Part D drug costs paid by the Medicare beneficiary	2023	6.8%	7.4%	3.0%	16
Total Medicare (Parts A & B) reimbursements per enrollee	2023	\$9,793	\$11,886	\$8,203	8
Primary care spending as share of total Medicare spending among beneficiaries age 65 and older	2023	5.2%	5.7%	10.9%	25
Population Health					
2025 Scorecard					
Adults age 65 and older who rated their health as fair or poor	2024	26.4%	25.0%	15.9%	40
Medicare beneficiaries diagnosed with three or more chronic conditions	2023	53%	62%	45%	10
Adults age 65 and older reporting 14 or more poor physical health days per month	2024	20.3%	17.5%	13.6%	43
Adults age 65 and older reporting 14 or more poor mental health days per month	2024	11.7%	8.7%	6.0%	50
Adults age 65 and older who reported difficulty with dressing, running errands alone, walking, or concentrating	2024	36.2%	32.6%	22.1%	42
Average number of years of additional life expectancy at age 65	2021	18.3	18.4	20.6	27
Adults age 65 and older reporting loneliness or lack of emotional support	2022	40.1%	34.5%	28.7%	40
Adults age 60 and older who experienced food insecurity within the past year	2023	10.7%	9.2%	3.8%	43

Notes: (a) National (U.S.) estimates include all 50 states and D.C. and do not include territories.