

# How well does the health care system in Idaho

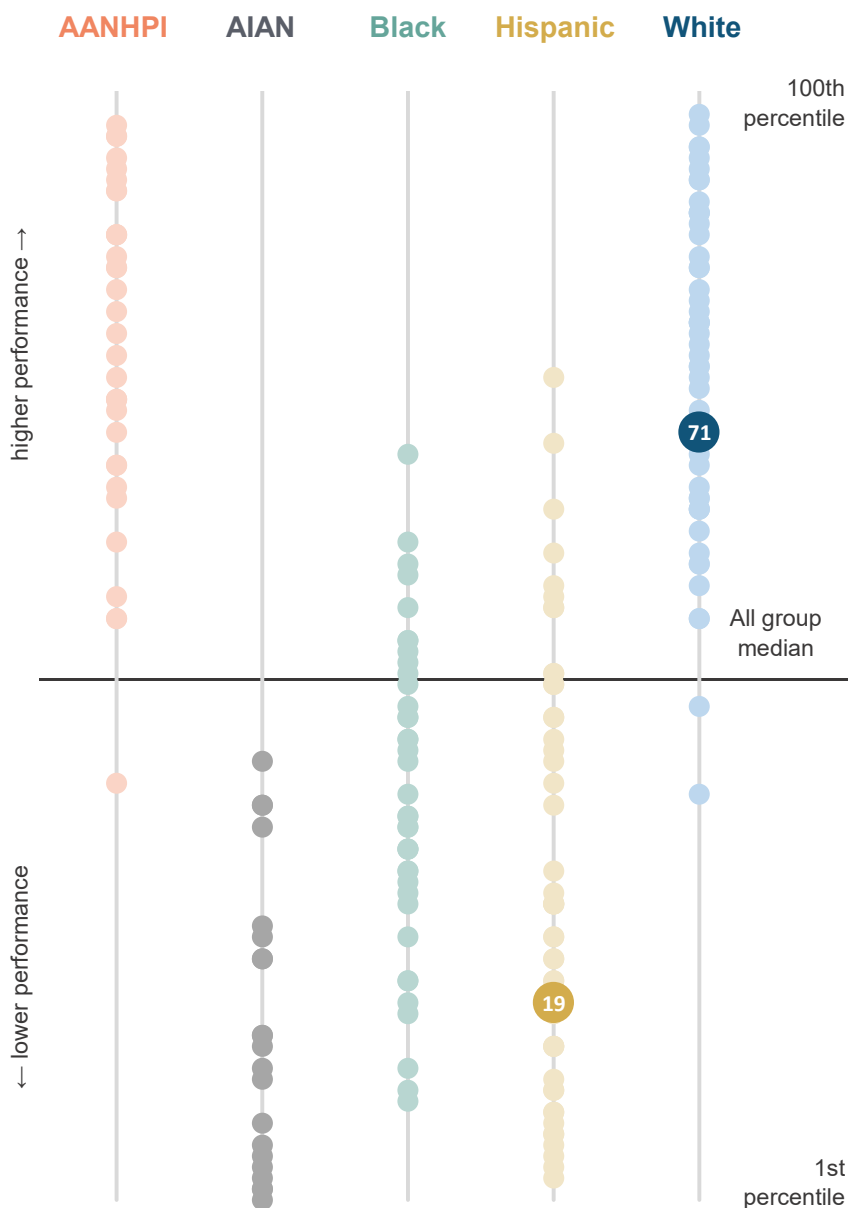
work for people of different racial and ethnic groups?

In Idaho, **White people** experienced the **best health care outcomes, access, and quality**, scoring in the 71st percentile among all population groups nationally.

**Hispanic people** experienced the **worst health care outcomes, access, and quality** in the state, scoring in the 19th percentile.

Compared to other states in the Rocky Mountain region, Idaho has **less severe** racial and ethnic health disparities.

## Health System Performance by Race/Ethnicity



Each column is a racial/ethnic group, and each point represents a state. Performance represented as percentiles (1–100). Idaho performance percentile highlighted. No highlighted dot indicates overall performance data not available for that group.

## Population by race/ethnicity (2024)

	Idaho		Rocky Mountain		United States	
Total	1,974,622		13,010,806		335,268,606	
AANHPI	33,080	2%	374,718	3%	21,483,845	6%
AIAN	12,318	<1%	116,610	<1%	1,720,874	<1%
Black	12,919	<1%	283,062	2%	38,820,084	12%
Hispanic	282,705	14%	2,347,964	18%	67,230,087	20%
White	1,535,811	78%	9,220,060	71%	188,863,832	56%

Notes: AANHPI = Asian American, Native Hawaiian, and Pacific Islander. AIAN = American Indian and Alaska Native. “—” means data not available. Rocky Mountain states include CO, ID, MT, UT, WY.

Source: Jess Maksut et al., *The Commonwealth Fund 2026 State Health Disparities Report* (Commonwealth Fund, Apr. 2026).

# How well does the health system in Idaho work for people from different racial and ethnic groups and across different dimensions of care?

## AANHPI

An overall ranking for AANHPI people in Idaho is not available because of insufficient data.

Health outcomes ranking:	insufficient data
Health care access ranking:	insufficient data
Health care quality ranking:	<b>1</b> (of 45) is among the best

## AIAN

An overall ranking for AIAN people in Idaho is not available because of insufficient data.

Health outcomes ranking:	insufficient data
Health care access ranking:	insufficient data
Health care quality ranking:	insufficient data

## Black

An overall ranking for Black people in Idaho is not available because of insufficient data.

Health outcomes ranking:	insufficient data
Health care access ranking:	insufficient data
Health care quality ranking:	insufficient data

## Hispanic

Idaho ranks 32nd among the 49 states we were able to rank. This indicates that health system performance for Hispanic people was worse than the average compared to other states.

Health outcomes ranking:	<b>26</b> (of 50) is worse than the average
Health care access ranking:	<b>30</b> (of 50) is worse than the average
Health care quality ranking:	<b>36</b> (of 50) is worse than the average

## White

Idaho ranks 33rd among the 51 states we were able to rank. This indicates that the health system performance for white people was worse than the average compared to other states.

Health outcomes ranking:	<b>13</b> (of 51) is better than the average
Health care access ranking:	<b>42</b> (of 51) is worse than the average
Health care quality ranking:	<b>40</b> (of 51) is worse than the average

Notes: Lower values indicate higher rank and better performance among each racial/ethnic group in Idaho compared to other states. Performance data not available for all groups in every state.

Source: Jess Maksut et al., *The Commonwealth Fund 2026 State Health Disparities Report* (Commonwealth Fund, Apr. 2026).

## Idaho Performance Data

	AANHPI		AIAN		Black		Hispanic		White	
	ID rate	US rate	ID rate	US rate	ID rate	US rate	ID rate	US rate	ID rate	US rate
<b>Health Outcomes</b>										
Deaths before age 75 from health care–treatable causes per 100,000 population	<b>43</b>	48	—	123	—	152	<b>54</b>	69	<b>67</b>	81
Deaths before age 75 from preventable causes per 100,000 population	<b>94</b>	77	—	380	—	273	<b>124</b>	145	<b>172</b>	197
Infant mortality (per 1,000 live births)	—	3.7	—	9.1	—	10.9	<b>5.4</b>	5.0	<b>4.4</b>	4.5
Breast cancer deaths (per 100,000 female population)	—	12	—	13	—	26	<b>14</b>	13	<b>20</b>	19
Colorectal cancer deaths (per 100,000 population)	—	9	—	14	—	16	<b>12</b>	11	<b>13</b>	13
Hospital 30-day readmission rate age 65 and older (per 1,000 beneficiaries)	—	—	—	—	—	44	—	—	<b>14</b>	29
Adults age 18 and older who smoke (%)	—	6	—	22	—	12	<b>10</b>	10	<b>9</b>	12
Adults ages 18–64 who are obese (%)	—	15	—	41	—	43	<b>35</b>	36	<b>32</b>	34
Adults ages 18–64 who have lost six or more teeth (%)	—	3	—	16	—	10	<b>5</b>	6	<b>8</b>	9
<b>Health Care Access</b>										
Adults ages 19–64 uninsured (%)	<b>8</b>	7	—	21	—	12	<b>26</b>	23	<b>9</b>	8
Children ages 0–18 uninsured (%)	—	4	—	14	—	6	<b>12</b>	10	<b>7</b>	5
Adults age 18 and older who went without care because of cost (%)	—	8	—	17	—	13	<b>24</b>	21	<b>9</b>	9
Individuals under age 65 with high out-of-pocket medical costs (%)	—	8	—	13	—	11	<b>13</b>	12	<b>11</b>	8
Adults age 18 and older with a usual source of care (%)	<b>75</b>	83	—	80	—	86	<b>66</b>	67	<b>85</b>	88
<b>Health Care Quality</b>										
Preventable hospitalizations age 65 and older (per 1,000 beneficiaries)	—	—	—	—	—	44	—	—	<b>16</b>	30
Potentially avoidable emergency department visits age 65 and older (per 1,000 beneficiaries)	—	—	—	—	—	226	—	—	<b>144</b>	157
Adult women ages 50–74 who received a mammogram in the past two years (%)	<b>85</b>	76	—	65	—	84	<b>68</b>	76	<b>73</b>	78
Adults ages 45–75 with a recent colon cancer screening test (%)	<b>70</b>	53	—	56	—	66	<b>43</b>	51	<b>68</b>	69
Adults with a recent flu shot (%)	<b>47</b>	49	—	33	—	36	<b>29</b>	33	<b>34</b>	45
Adults age 65 and older who have ever gotten a pneumonia vaccine (%)	<b>86</b>	65	—	64	—	64	<b>65</b>	58	<b>68</b>	73
Children with age-appropriate medical and dental preventive care visits (%)	—	—	—	—	—	66	<b>64</b>	63	<b>69</b>	73
Children ages 19–35 months with all recommended vaccines (%)	—	—	—	—	—	67	<b>65</b>	67	<b>67</b>	72
Adults age 18 and older without a dental visit in the past year (%)	<b>24</b>	32	—	43	—	39	<b>41</b>	44	<b>29</b>	31
Primary care spending as share of total age 65 and older (%)	—	—	—	—	—	7.5	—	—	<b>4.5</b>	6.1

Notes: “—” means data not available.

Source: Jess Maksut et al., *The Commonwealth Fund 2026 State Health Disparities Report* (Commonwealth Fund, Apr. 2026).