

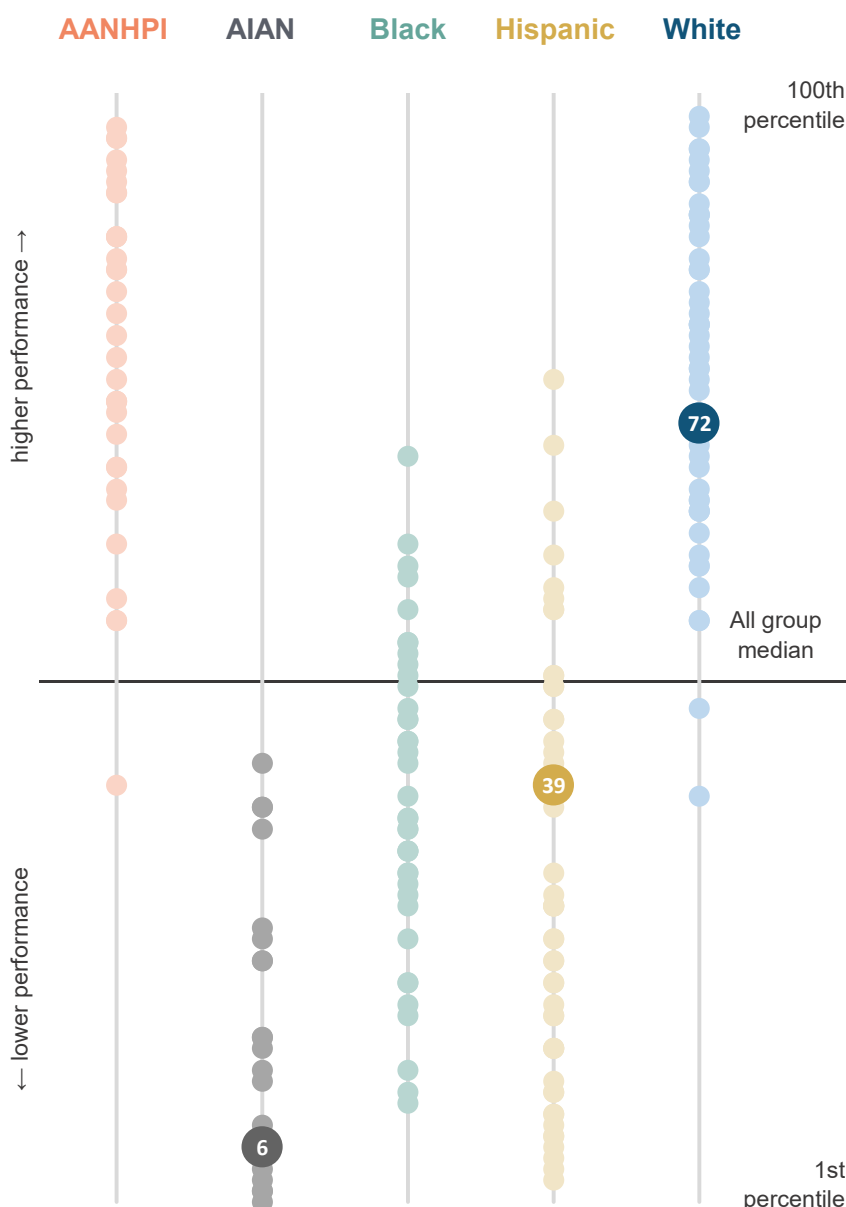
# How well does the health care system in **New Mexico** work for people of different racial and ethnic groups?

In New Mexico, **White people** experienced the **best health care outcomes, access, and quality**, scoring in the 72nd percentile among all population groups nationally.

**AIAN people** experienced the **worst health care outcomes, access, and quality** in the state, scoring in the 6th percentile.

Compared to other states in the Southwest region, New Mexico has **less severe** racial and ethnic health disparities.

## Health System Performance by Race/Ethnicity



Each column is a racial/ethnic group, and each point represents a state. Performance represented as percentiles (1–100). New Mexico performance percentile highlighted. No highlighted dot indicates overall performance data not available for that group.

## Population by race/ethnicity (2024)

	New Mexico		Southwest		United States	
Total	2,093,911		44,385,907		335,268,606	
AANHPI	41,181	2%	2,345,220	5%	21,483,845	6%
AIAN	175,840	8%	725,337	2%	1,720,874	<1%
Black	39,181	2%	4,250,565	10%	38,820,084	12%
Hispanic	1,032,749	49%	16,429,756	37%	67,230,087	20%
White	731,493	35%	18,651,175	42%	188,863,832	56%

Notes: AANHPI = Asian American, Native Hawaiian, and Pacific Islander. AIAN = American Indian and Alaska Native. “—” means data not available. Southwest states include AZ, NM, OK, TX.

Source: Jess Maksut et al., *The Commonwealth Fund 2026 State Health Disparities Report* (Commonwealth Fund, Apr. 2026).

# How well does the health system in New Mexico work for people from different racial and ethnic groups and across different dimensions of care?

## AANHPI

An overall ranking for AANHPI people in New Mexico is not available because of insufficient data.

Health outcomes ranking: insufficient data  
Health care access ranking: **27** (of 36) is worse than the average  
Health care quality ranking: **16** (of 45) is better than the average

## AIAN

New Mexico ranks 15th among the 21 states we were able to rank. This indicates that the state's health system performance for AIAN people was worse than the average compared to other states.

Health outcomes ranking: **7** (of 23) is better than the average  
Health care access ranking: **18** (of 21) is among the worst  
Health care quality ranking: **19** (of 25) is worse than the average

## Black

An overall ranking for Black people in New Mexico is not available because of insufficient data.

Health outcomes ranking: **23** (of 41) is worse than the average  
Health care access ranking: insufficient data  
Health care quality ranking: **2** (of 45) is among the best

## Hispanic

New Mexico ranks 18th among the 49 states we were able to rank. This indicates that health system performance for Hispanic people was better than the average compared to other states.

Health outcomes ranking: **48** (of 50) is among the worst  
Health care access ranking: **12** (of 50) is better than the average  
Health care quality ranking: **13** (of 50) is better than the average

## White

New Mexico ranks 32nd among the 51 states we were able to rank. This indicates that the health system performance for white people was worse than the average compared to other states.

Health outcomes ranking: **25** (of 51) is better than the average  
Health care access ranking: **37** (of 51) is worse than the average  
Health care quality ranking: **30** (of 51) is worse than the average

Notes: Lower values indicate higher rank and better performance among each racial/ethnic group in New Mexico compared to other states. Performance data not available for all groups in every state.

Source: Jess Maksut et al., *The Commonwealth Fund 2026 State Health Disparities Report* (Commonwealth Fund, Apr. 2026).

## New Mexico Performance Data

	AANHPI		AIAN		Black		Hispanic		White	
	NM rate	US rate	NM rate	US rate	NM rate	US rate	NM rate	US rate	NM rate	US rate
<b>Health Outcomes</b>										
Deaths before age 75 from health care–treatable causes per 100,000 population	42	48	135	123	160	152	104	69	84	81
Deaths before age 75 from preventable causes per 100,000 population	98	77	512	380	328	273	276	145	241	197
Infant mortality (per 1,000 live births)	—	3.7	6.1	9.1	—	10.9	5.3	5.0	4.4	4.5
Breast cancer deaths (per 100,000 female population)	—	12	12	13	29	26	21	13	21	19
Colorectal cancer deaths (per 100,000 population)	—	9	17	14	—	16	14	11	13	13
Hospital 30-day readmission rate age 65 and older (per 1,000 beneficiaries)	—	—	—	—	10	44	—	—	21	29
Adults age 18 and older who smoke (%)	—	6	11	22	—	12	13	10	12	12
Adults ages 18–64 who are obese (%)	—	15	44	41	52	43	41	36	33	34
Adults ages 18–64 who have lost six or more teeth (%)	—	3	8	16	—	10	8	6	9	9
<b>Health Care Access</b>										
Adults ages 19–64 uninsured (%)	7	7	20	21	13	12	18	23	10	8
Children ages 0–18 uninsured (%)	—	4	10	14	—	6	7	10	4	5
Adults age 18 and older who went without care because of cost (%)	—	8	14	17	—	13	14	21	9	9
Individuals under age 65 with high out-of-pocket medical costs (%)	13	8	24	13	—	11	11	12	9	8
Adults age 18 and older with a usual source of care (%)	82	83	67	80	64	86	68	67	78	88
<b>Health Care Quality</b>										
Preventable hospitalizations age 65 and older (per 1,000 beneficiaries)	—	—	—	—	30	44	—	—	20	30
Potentially avoidable emergency department visits age 65 and older (per 1,000 beneficiaries)	—	—	—	—	104	226	—	—	170	157
Adult women ages 50–74 who received a mammogram in the past two years (%)	69	76	67	65	95	84	72	76	75	78
Adults ages 45–75 with a recent colon cancer screening test (%)	—	53	45	56	64	66	55	51	64	69
Adults with a recent flu shot (%)	37	49	44	33	37	36	38	33	49	45
Adults age 65 and older who have ever gotten a pneumonia vaccine (%)	—	65	58	64	—	64	64	58	74	73
Children with age-appropriate medical and dental preventive care visits (%)	—	—	—	—	—	66	70	63	76	73
Children ages 19–35 months with all recommended vaccines (%)	—	—	—	—	—	67	71	67	61	72
Adults age 18 and older without a dental visit in the past year (%)	23	32	42	43	28	39	39	44	32	31
Primary care spending as share of total age 65 and older (%)	—	—	—	—	3.3	7.5	—	—	6.6	6.1

Notes: “—” means data not available.

Source: Jess Maksut et al., *The Commonwealth Fund 2026 State Health Disparities Report* (Commonwealth Fund, Apr. 2026).