

**SAMPLE OF A PSYCHOSOCIAL SCREEN: A STRESS INDEX**

Below is a psychosocial checklist developed by Beaufort Pediatrics of South Carolina to guide physician discussion with parents about substance abuse, depression, and domestic violence. The tool modifies questions from the Prenatal Social Environmental Inventory (PSEI), but has not been tested for its validity or reliability. A “yes” response to any of the following questions elicited some follow-up by the physician and office staff.

**THE BEAUFORT PEDIATRICS MODIFIED PSEI SOCIAL INVENTORY FORM**

<b>Have any of these things happened in your life in the last year?</b>	<b>Yes</b>	<b>No</b>
1. A family member died.		
2. You worried about the safety of your children.		
3. Someone close to you was in an accident.		
4. You were hospitalized for something besides having a baby.		
5. You worried about a health problem (such as high blood pressure, diabetes, etc.).		
6. You worried about how your neighborhood affected your children.		
7. Your husband or boyfriend lost his job.		
8. One of your children was in an accident.		
9. You were ill for longer than a week.		
10. You worried about your children's emotions.		
11. You worried about the baby's health when you were pregnant.		
12. You had to put off starting prenatal care because of money.		
13. You lost your job.		
14. Your husband or boyfriend had a drinking problem.		
15. Someone close to you got in trouble with the law.		
16. You worried about being able to be a good parent.		
17. You worried about how breaking up with your husband or boyfriend would affect your children.		
18. One of your children had a chronic health problem.		
19. You worried about spotting, bleeding or pain when you were pregnant.		
20. Your home was too crowded or needed repair to be safe.		

21. One of your children had a serious illness.		
22. You worried that other children might be a bad influence on your own.		
23. You worried about having enough money to pay your bills.		
24. You and your husband or boyfriend broke up.		
25. You worried because you had problems with an earlier pregnancy.		
26. Someone in your family was sick for longer than a week.		
27. A family member had money problems.		
28. A family member was using drugs.		
29. Caring for the baby or your children all the time was a problem for you.		
30. You had problems with your mother or father.		
31. A family member had a drinking problem.		
32. You and another family member didn't get along.		
33. You worried when you were pregnant about how your drug use would affect the baby.		
34. You were sick to your stomach a lot with your pregnancy.		
35. You wanted to go back to school but you couldn't.		
36. You were unhappy in your job.		
37. You worried about labor and childbirth.		
38. Your husband or boyfriend was without a job for more than a month.		
39. You were without a job for more than a month.		