

Figure 4: Tools for Training and Implementation

Guide to Tools for Implementing Primary Care Parental Depression Screening

Tools are available for download at:

http://www.cmwf.org/topics/topics_show.htm?doc_id=416724

<p>Training Tools Monograph and Training Manual – a guide to assist practices to implement parental depression screening. The guide includes training tools for providers and staff, and resources to implement screening. Implementation Manual – a step-by-step guide for individual practitioners, practices, and organizations to implement parental depression screening. Parents’ Frequently Questions – a list of frequently asked questions for staff who will screen. Fact Sheets – two educational fact sheets on the benefits of screening for parental depression and why to routinely screen.</p>	<p>Screening Tools PHQ2 – Depression Screened & Diagnostic Assessment sheet /provided with and without Introduction for parents PHQ9 – Depression Screener & Diagnostic Assessment sheet EPDS – Edinburgh Post Partum Depression Scale & Score sheet Family Psychosocial Screener and Score sheet – contains the Rand brief depression screener Summary table – reviews screening tools and their characteristics</p>	<p>Reference Tools Parenting During Depression, A Guide for Clinicians – this guide provides background information about mental health, tips on interviewing and counseling. Parenting During Depression, A Guide for Clinicians Pocket Version – using “keywords” this pocket version prompts providers with interview and counseling techniques. A favorite among providers.</p>
<p>Educational Tools Lower Your Stress, Stress and Parenting – developed by Journey Works, this brochure lists activities to reduce stress. To order: 1-800-775-1998 Guide for Parents, When Times Are Tough – a comprehensive brochure that gives parents background on depression, how it impacts their child, and a list of changes a child make through each stage of his/her life. Can a Depressed Parent be a Good Parent? – this brochure includes background about depression, and lists the several types of depression and communication tools for discussing depression with family members. Tips on Parenting for Mothers with Depression – a one-page handout from the National Mental Health Association. Facts About Depression – Poster What to do when you feel blue.... – Poster Family Mental Health is Spoken Here – Poster Feeling Blue – Poster</p>	<p>These tools to support implementation have been developed and compiled from public access sources by The Clinicians Enhancing Child Health Network at Dartmouth Medical School with the support of The Commonwealth Fund.</p>	<p>Web Tools: National Institutes of Health: http://health.nih.gov/result.asp/183 National Institute of Mental Health: http://www.nimh.nih.gov/healthinformation/depressionmenu.cfm National Mental Health Organization: http://www.nmha.org/index.cfm National Alliance for the Mentally Ill: http://www.nami.org American Academy of Pediatrics: http://www.aap.org/ American Psychiatric Association: http://www.apa.org</p>
<p>Tools are available for download at: http://www.cmwf.org/topics/topics_show.htm?doc_id=416724</p>		