

Washington State Hospital Association: Rehospitalization

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Washington State Hospitals

- 95 Hospitals
- Academic/Teaching
- Community
- 38 Critical Access

Washington 16.4%
Rehospitalization Rate

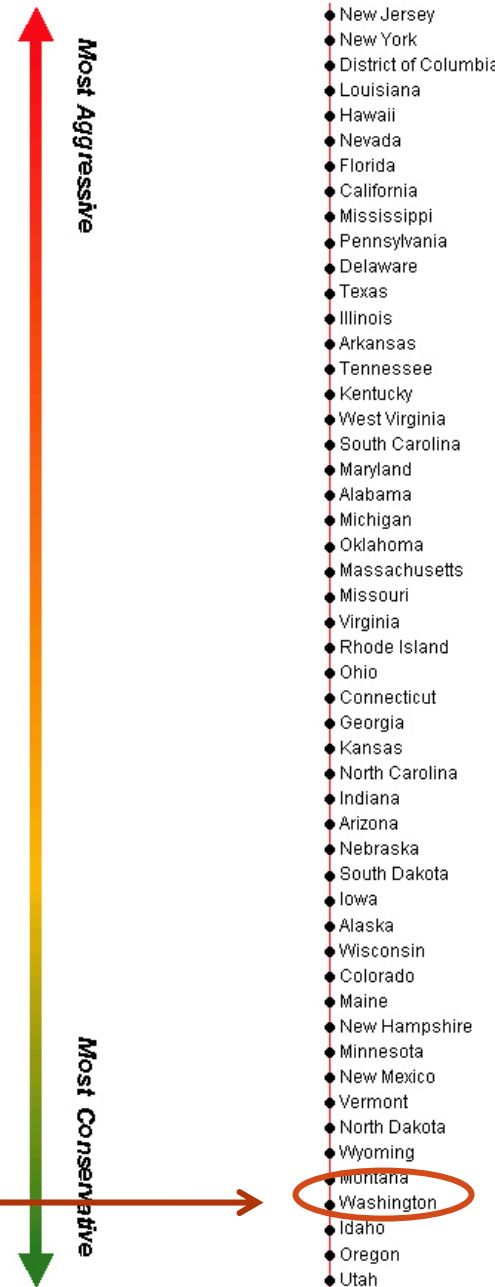


Dartmouth Atlas

Washington State has a low hospital admission rate and short length of stay

Yet we know more can be done to prevent rehospitalization.

States Ranked According to HCl Index Score



Washington Hospitals Commitment to Reducing Rehospitalization

TRUST COUNTS NOW **Hospitals and Their Communities**

A Report to the American Hospital Association

By John G. King and Emerson Moran

Preventing rehospitalization is a partnership between hospitals and their communities.

- The opportunity to work together is the best it has ever been



Washington Rehospitalization Task Force

- Andrew Oliveira, MD, Aetna
- Bonnie Blachly, Aging Services of Washington
- Deb Murphy, Aging Services of Washington
- Steve Jencks, MD, Consultant
- Mitch Weinberg, MD, Evergreen Health Care
- Emily Homer, Group Health Cooperative
- Ed Wagner, MD, Group Health Cooperative
- Richard Onizuka, Health Care Authority
- Dean Gushee, MD, Mason General Hospital
- Mark Sollek, MD, Premera
- Marly Christenson, Providence
- Susie Dade, Puget Sound Health Alliance
- Karen Onstad, Puget Sound Health Alliance
- Joseph Gifford, MD, Regence Blue Shield
- Sharon Eloranta, MD, Qualis Health
- Sen Dimas, Qualis Health
- Andrew Jacobs, MD, Virginia Mason Medical Center
- Richard Ordos, Washington DOH
- Ann Lima, Washington DOH
- Maryanne Lindeblad, Washington DSHS
- Tim Lehner, Washington Healthcare Association
- Lauri St.Ours, Washington Healthcare Association
- Gary Weeks, Washington Healthcare Association
- Claudia Sanders, Washington State Hospital Association
- Carol Wagner, Washington State Hospital Association
- Jennifer Hanscom, Washington State Medical Association

Escalating Concern Over Waste



Rehospitalization: IHI and Commonwealth Fund

- **Survey hospitals and payors for best practices**
 - Sharing hospital best practices
 - Sharing payor best practices
 - Establish how far hospitals have implemented IHI CHF discharge strategies
 - Identify barriers
- **Data and Reports**
 - Create state-wide report
 - Hospital reports with all rehospitalizations including those to other hospitals
 - Study what are the characteristics for low rehospitalization rates

Initiatives Being Explored

Rehospitalization: IHI and Commonwealth Fund

- Create standard discharge process with input from SNF and other discharge care providers
- Explore incentives
- Establish way to risk stratify and ensure timely physician visits
- Explore VA home monitoring process
- Explore Harborview and other best practices

Initiatives Being Explored

Patients Can Help Too!



- See a physician within two weeks of discharge, sooner if instructed.
- Fill pharmacy prescriptions and take the full course of medications including antibiotics.
- Take a list of medications when you visit your physician.
- Make sure you understand what you need to do when you get home...ask questions if you do not.
 - Have a friend or family member listen to your discharge instructions to help you remember.
 - Call your family physician if you have any questions after you get home.





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