Preventive Health Trends, 1993–98

Percent of women who received service in past year

<table>
<thead>
<tr>
<th>Service</th>
<th>1993</th>
<th>1998</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Breast Exam</td>
<td>66%</td>
<td>66%</td>
</tr>
<tr>
<td>Mammogram (age 50 and older)</td>
<td>55%</td>
<td>61%</td>
</tr>
<tr>
<td>Pap Test</td>
<td>64%</td>
<td>64%</td>
</tr>
<tr>
<td>Colon Cancer Screening</td>
<td></td>
<td>25%</td>
</tr>
</tbody>
</table>

*Not asked in 1993.

*The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health*
Pap Test by Race/Ethnicity, 1998

Percent of women who received a Pap test in past year

- White, Non-Hispanic: 64%
- African American, Non-Hispanic: 73%
- Hispanic: 63%
- Asian American: 49%

The Commonwealth Fund 1998 Survey of Women’s Health
Women’s Preventive Care by Income, 1998

Percent of women who received preventive care in past year

- $16,000 or Less
- $16,001–$35,000
- $35,001–$50,000
- More than $50,000

The Commonwealth Fund 1998 Survey of Women’s Health
High Rates of Managed Care, 1998*
Women Ages 18–64

Percent of insured women enrolled in managed care

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>76%</td>
</tr>
<tr>
<td>$16,000 or Less</td>
<td>69%</td>
</tr>
<tr>
<td>$16,001–$35,000</td>
<td>75%</td>
</tr>
<tr>
<td>$35,001–$50,000</td>
<td>78%</td>
</tr>
<tr>
<td>More than $50,000</td>
<td>81%</td>
</tr>
</tbody>
</table>

*Respondent reported plan was an HMO or PPO or plan requires a referral for specialist care.

*The Commonwealth Fund 1998 Survey of Women’s Health*
Managed Care Referral Requirements, 1998
Women Ages 18–64

Percent of women in managed care plans whose plan requires referrals

- Requires Referral to Specialist: 75%
- Requires Referral to OB/GYN: 23%

*The Commonwealth Fund 1998 Survey of Women’s Health*
Familiarity with Osteoporosis, 1993–98

Percent of women who reported being “very familiar” with osteoporosis

The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health
Women Taking Calcium Supplements, 1993–98

Percent of women taking calcium supplements

- **All Women**: 28% (1993), 39% (1998)
- **Ages 18–44**: 20% (1993), 26% (1998)
- **Ages 45–64**: 38% (1993), 52% (1998)
- **Age 65 and Older**: 39% (1993), 57% (1998)

*The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health*
Women and Frequent Exercise, 1993–98

Percent of women who exercise three or more days per week*

<table>
<thead>
<tr>
<th>Income Level</th>
<th>1993</th>
<th>1998</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>31%</td>
<td>39%</td>
</tr>
<tr>
<td>$16,000 or Less**</td>
<td>29%</td>
<td>32%</td>
</tr>
<tr>
<td>$16,001–$35,000**</td>
<td>31%</td>
<td>38%</td>
</tr>
<tr>
<td>$35,001–$50,000</td>
<td>35%</td>
<td>40%</td>
</tr>
<tr>
<td>More than $50,000</td>
<td>33%</td>
<td>48%</td>
</tr>
</tbody>
</table>

*Exercise is defined as physical activity that entails heavy breathing and acceleration of the heart and pulse rates for at least 20 minutes.

**The income breakdowns for the 1993 survey were $15,000 or less, and $15,001–$35,000.

*The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health*
Cigarette Smoking by Income, 1993–98

Percent of women who smoke

<table>
<thead>
<tr>
<th>Income Category</th>
<th>1993</th>
<th>1998</th>
</tr>
</thead>
<tbody>
<tr>
<td>$16,000 or Less*</td>
<td>30%</td>
<td>32%</td>
</tr>
<tr>
<td>$16,001–$35,000*</td>
<td>27%</td>
<td>25%</td>
</tr>
<tr>
<td>$35,001–$50,000</td>
<td>22%</td>
<td>24%</td>
</tr>
<tr>
<td>More than $50,000</td>
<td>17%</td>
<td>13%</td>
</tr>
</tbody>
</table>

*The income breakdowns for the 1993 survey were $15,000 or less, and $15,001–$35,000.

The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health
Hormone Replacement Therapy by Income, 1993–98

Percent of women age 50 or older using HRT

- All Women: 23% (1993) vs. 34% (1998)
- $16,000 or Less*: 17% (1993) vs. 21% (1998)
- $16,001–$35,000*: 23% (1993) vs. 33% (1998)
- More than $50,000: 41% (1993) vs. 57% (1998)

*The income breakdowns for the 1993 survey were $15,000 or less, and $15,001–$35,000.

The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health
Hormone Replacement Therapy by Level of Education, 1993–98

Percent of women age 50 or older receiving HRT

- All Women: 23% in 1993, 34% in 1998
- Less than High School: 13% in 1993, 22% in 1998
- High School/Some College: 28% in 1993, 36% in 1998
- College or More: 30% in 1993, 49% in 1998

The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health
Physician Counseling on Health, 1998

Percent of women whose doctor discussed health issue in past year

- Exercise: 49%
- Diet/Weight: 46%
- Calcium Intake: 41%
- HRT (age 50 and older): 38%
- Smoking: 29%
- STDs: 16%
- Safety and Violence at Home: 8%

The Commonwealth Fund 1998 Survey of Women’s Health
Women’s Lifetime Experience with Violence and Abuse, 1998

Percent of women exposed

- Childhood Abuse: 16%
- Rape or Assault: 21%
- Domestic Abuse: 31%
- Any Abuse or Violence*: 39%

*Includes assault, battery, or rape by a spouse or partner, or physical/sexual assault or rape by anyone else, or physical or sexual abuse that occurred in childhood.

The Commonwealth Fund 1998 Survey of Women’s Health
Childhood Physical or Sexual Abuse, 1998

The Commonwealth Fund 1998 Survey of Women’s Health
Violence, Abuse, and Mental Health, 1998

Percent of women with high levels of depressive symptoms

- **Any Domestic Abuse**: 55% Yes, violence/abuse; 32% No, violence/abuse
- **Any Childhood Abuse**: 60% Yes, violence/abuse; 35% No, violence/abuse
- **Rape or Assault**: 58% Yes, violence/abuse; 34% No, violence/abuse
- **Any Abuse or Violence***: 53% Yes, violence/abuse; 30% No, violence/abuse

*Includes assault, battery, or rape by a spouse or partner, or physical/sexual assault or rape by anyone else, or physical or sexual abuse that occurred in childhood.

*The Commonwealth Fund 1998 Survey of Women’s Health*
Mental Health Status:
Women Compared with Men, 1998

Percent with depressive symptoms or diagnosis of depression

The Commonwealth Fund 1998 Survey of Women’s Health
Depressive Symptoms Among Women with Children, 1998

Percent with high levels of depressive symptoms

All Women with Children: 42%
Single Mothers: 51%
Married Mothers: 38%

The Commonwealth Fund 1998 Survey of Women’s Health
<table>
<thead>
<tr>
<th>Percentage of Women</th>
<th>All Women</th>
<th>Income of $35,000 or Less</th>
<th>Income Above $35,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent of women who are currently caregivers</td>
<td>9%</td>
<td>11%</td>
<td>9%</td>
</tr>
<tr>
<td>% of women caregivers who provide more than 20 hours of care per week</td>
<td>43%</td>
<td>52%</td>
<td>29%</td>
</tr>
<tr>
<td>% of women caregivers who provide care to a relative living with them</td>
<td>51%</td>
<td>62%</td>
<td>36%</td>
</tr>
<tr>
<td>% of women caregivers who have some paid home health care or assistance</td>
<td>24%</td>
<td>18%</td>
<td>35%</td>
</tr>
</tbody>
</table>

*The Commonwealth Fund 1998 Survey of Women’s Health*
Chronic Disease by Income, 1998
Women Ages 18–64

Percent of women with physician diagnosis in past five years of...

- High Blood Pressure: $16,000 or Less 22%, $50,000 or More 14%
- Arthritis: $16,000 or Less 22%, $50,000 or More 14%
- Heart Disease: $16,000 or Less 6%, $50,000 or More 3%
- Diabetes: $16,000 or Less 8%, $50,000 or More 4%
- Cancer: $16,000 or Less 4%, $50,000 or More 2%
- One of Five Conditions: $16,000 or Less 42%, $50,000 or More 27%
Disability by Income, 1998
Women Ages 18–64

Percent of women with disability limiting work or daily activities

The Commonwealth Fund 1998 Survey of Women’s Health
Mental Health Status by Income, 1998
Women Ages 18–64

Mental health status of women

- $16,000 or Less
- $16,001–$35,000
- $35,001–$50,000
- More than $50,000

High Level of Depressive Symptoms
- 55% $16,000 or Less
- 42% $16,001–$35,000
- 39% $35,001–$50,000
- 30% More than $50,000

Physician Diagnosis of Depression or Anxiety in Past Five Years
- 26% $16,000 or Less
- 15% $16,001–$35,000
- 17% $35,001–$50,000
- 12% More than $50,000

*The Commonwealth Fund 1998 Survey of Women’s Health*
Self-Rated Health Status by Income, 1998
Women Ages 18–64

Percent of women who rate their health as fair or poor

The Commonwealth Fund 1998 Survey of Women’s Health
Disability and Caregiving Among Nonworking Women Ages 18–64, 1998

Percent of women not currently employed who are disabled or caring for a sick or disabled family member

Women Ages 18–64 Who Are Not Currently Employed

The Commonwealth Fund 1998 Survey of Women’s Health
Health Care Access Problems by Income, 1998
Women Ages 18–64

Percent of women with at least one of three access problems in past year*

*Reported a time they did not get needed care or specialty care or did not fill a prescription because of costs.

*The Commonwealth Fund 1998 Survey of Women’s Health*
Health Care Access Problems by Race/Ethnicity, 1998
Women Ages 18–64

Percent of women with at least one of three access problems in past year*

*Reported a time they did not get needed care or specialty care or did not fill a prescription because of costs.

The Commonwealth Fund 1998 Survey of Women’s Health
Sources of Health Insurance for Women, 1998

All Adult Women

- Uninsured: 15%
- Other: 7%
- Medicaid: 8%
- Medicare: 18%
- Employer-Based: 53%

Women Ages 18–64

- Uninsured: 18%
- Other: 9%
- Medicaid: 10%
- Employer-Based: 64%

The Commonwealth Fund 1998 Survey of Women’s Health
Uninsured Trends by Income, 1993–98
Women Ages 18–64

Percent of women who are uninsured

The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health
Uninsured Trends by Race/Ethnicity, 1993–98
Women Ages 18–64

Percent of women who are uninsured

The Commonwealth Fund 1993 and 1998 Surveys of Women’s Health
Time Uninsured, 1998

Women Ages 18–64

- Continuously Insured: 74%
- Currently Insured, but Uninsured in Past Year: 8%
- Uninsured: 18%

The Commonwealth Fund 1998 Survey of Women’s Health
Uninsured Women: Work Status and Income, 1998
Women Ages 18–64 Who Had a Time Uninsured in Past Year

Family Work Status*

*Full-time: either woman, spouse, or both work full-time.
Part-time: no full-time worker.

The Commonwealth Fund 1998 Survey of Women’s Health
Uninsured Women by Income, 1998
Women Ages 18–64

Percent uninsured

- Uninsured
- Insured Now, but Uninsured in Past Year

<table>
<thead>
<tr>
<th>Income Range</th>
<th>Uninsured</th>
<th>Insured Now, but Uninsured in Past Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>26%</td>
<td>8%</td>
</tr>
<tr>
<td>$16,000 or Less</td>
<td>35%</td>
<td>12%</td>
</tr>
<tr>
<td>$16,001–$35,000</td>
<td>21%</td>
<td>6%</td>
</tr>
<tr>
<td>$35,001–$50,000</td>
<td>16%</td>
<td>10%</td>
</tr>
<tr>
<td>More than $50,000</td>
<td>5%</td>
<td>3%</td>
</tr>
</tbody>
</table>

The Commonwealth Fund 1998 Survey of Women’s Health
Access to Health Care by Insurance Status, 1998
Women Ages 18–64

- Insured All Year
- Insured Now, but Spent Time Uninsured
- Uninsured

Had at Least One of Three Access Problems in Past Year*

<table>
<thead>
<tr>
<th></th>
<th>0%</th>
<th>25%</th>
<th>50%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insured All Year</td>
<td>17%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Insured Now, but Spent Time Uninsured</td>
<td>40%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Uninsured</td>
<td>46%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Has Difficulty Obtaining Care**

<table>
<thead>
<tr>
<th></th>
<th>0%</th>
<th>25%</th>
<th>50%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insured All Year</td>
<td>10%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Insured Now, but Spent Time Uninsured</td>
<td>29%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Uninsured</td>
<td>50%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Reported a time they did not get needed care or specialty care or did not fill a prescription because of costs.

**Reported getting care when needed is “extremely,” “very,” or “somewhat” difficult.

The Commonwealth Fund 1998 Survey of Women’s Health