

A SAMPLE FAMILY PSYCHOSOCIAL SCREEN: THE ST. ALBANS QUESTIONNAIRE

The following tool was developed by a pediatric practice in Vermont to identify psychosocial concerns and guide physician conversation with parents. Nurses used the following questions to interview families during in-take and then again once per year. Results were attached to the chart to inform the physician of the results in advance of the clinical visit.

General

Please tell me any concerns you may have about the way your child is behaving, learning, and developing.

Compared with other children, how old would you say your child now acts?

- Appropriate Age A Little Bit Behind Very Much Behind
 Ahead Very Much Ahead

1. Do you feel that knowing more about your child(ren)'s development and behavior is helpful to you?

- No Yes Unsure

Violence

Domestic

Violence is common in the lives of many parents. We now ask questions about violence in their homes.

2. Has your current or perhaps a past partner ever hurt, insulted, threatened, or screamed at you?

- No Yes

3. Do you ever not feel safe at home?

- No Yes

4. Are your children violent toward each other?

- No Yes

5. Were you neglected or exposed to physical or sexual violence as a child?

- No Yes

Discipline

6. Raising children can be very challenging. All parents have moments when their children make them very upset or angry. What do you do when this happens to you?

- Time out/walk away Seek help Soothe child
 Yell Nothing N/A

7. How often do you say no to your child?

- Never Rarely Sometimes

